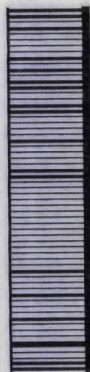


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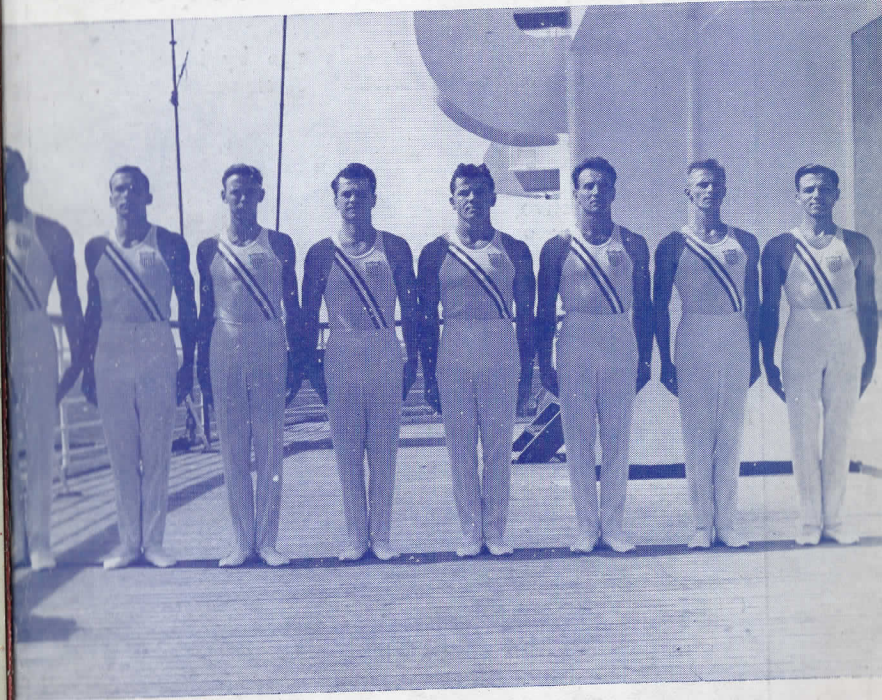
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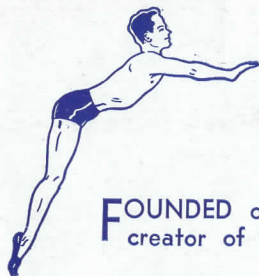
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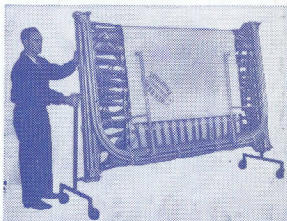


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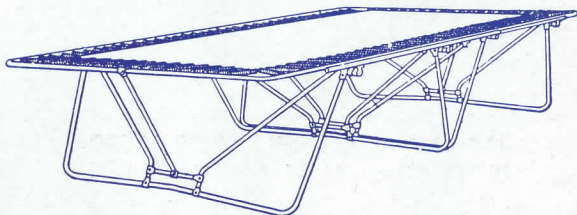
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RAY HELING

## Amateur Athletic Union of the United States

### Gymnastics Yearbook

1949

## Official Rules

(MEN and WOMEN)

Published by

Amateur Athletic Union of United States  
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COVER: 1948 U. S. Olympic Gymnastic Team.  
Left to Right—Frank Cumiskey, Ray Sorensen, William Roetzheim,  
Edward Scrobe, Joseph Kotys, Louis Bordo, William Bonsall, and  
Vincent D'Autorio.

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7.50 2900		Instruction Films 1936 Final Olympic Track and Field Tryouts.
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2.50 400		Highlights of the 1939-40 A.A.U. National Championships (Sound).
2.50 450	1940	National A.A.U. Men's Swimming Championships.
2.00 500	1940	National A.A.U. Women's Swimming Championships (Silent or Sound).
2.50 1000	1945	National A.A.U. Men's Swimming Championships.
2.00 500	1946	National A.A.U. Men's Swimming Championships (Color).
2.00 475	1946	National A.A.U. Women's Swimming Championships (color).
3.00 600	1941	National A.A.U. Track and Field Championships (Color).
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4.00 800	1946	National A.A.U. Track and Field Championships (Color).
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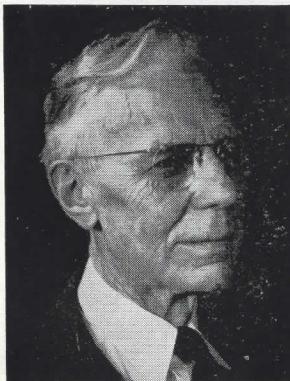
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## 1948 OLYMPIC GYMNASTIC CHAMPIONSHIPS

By ROY E. MOORE, Chairman  
U. S. Olympic and National A.A.U. Gymnastic Committees



ROY E. MOORE

It is difficult to do justice in limited space to what transpired in London during the three days of competition for gymnasts and the performances shown by the 128 men and 88 women contestants in their many separate events, so a perusal of the attached summaries may help your understanding.

Under orders from their Organizing committee and the International Gymnastic Federation, the Amateur Gymnastic Association of Britain accepted the challenge to prepare for the participation of 16 nations for men and 11 nations for women in a country bereft of all gymnastic activity during the war years, and in fact, only a single gymnasium with any sort of apparatus in all England.

In spite of all such handicaps, Hon. Secretary E. A. Simmonds of the A.G.A. and his efficient committee successfully prepared for the greatest number of contestants in any Olympic Games gymnastic contest.

The fact that weather conditions made necessary, postponement from the Stadium to Empress Arena indoors, three days later, did not change their schedule of events, although it made for rather crowded conditions, with apparatus for six teams of men and five teams of women working simultaneously.

A four-judge system was used, both visual and written marks shown, deletion of highest and lowest scores and the two middle marks added for the official score on each gymnast.

Drawings for order of apparatus and for assignment of two judges from each contesting nation had been made the day previous.

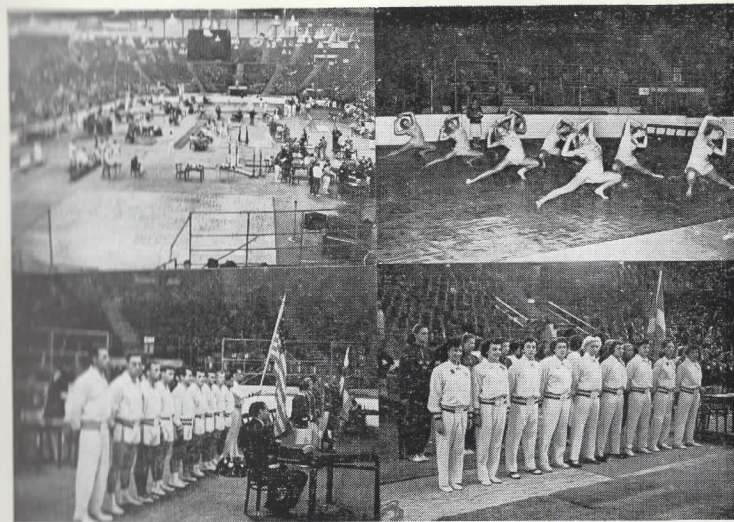
Compulsory work on the first day and optional performance the second day was the order.

As the first marks started to reach the Chief Scorer's table, it was seen that it would be a fight between Finland and Switzerland in the men's event and between Czechoslovakia and Hungary and the United States of America in the Women's Division.

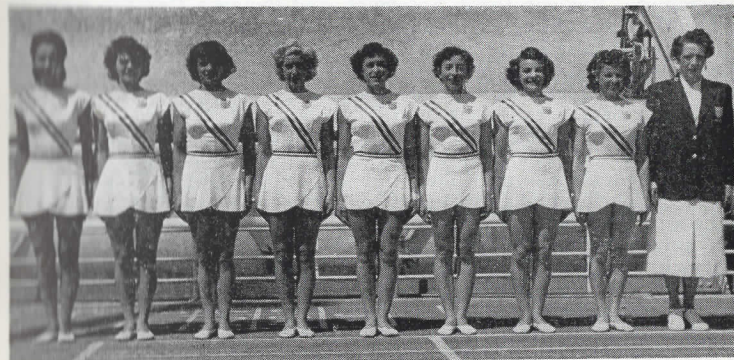
These countries were consistently high and deserved the honors which were finally their prize.

### Men's Division

Finland's work was impressive in that performances were made with effortless grace, their trim, slim bodies enhancing entire rou-



TOP: Left—Empress Hall, Earl's Court, London, England where the Olympic events were conducted. Right—The Swedish team drill  
LOWER: U.S. men's and women's teams ready for competition



### UNITED STATES OLYMPIC WOMEN'S GYMNASTIC TEAM

Laddie Bakanic, Anita Simonis, Marion Barone, Dorothy Dalton, Meta Elste, Clara Schroth, Concetta Lenz, Helen Schifano and Mrs. Eugene Bonniwell, chaperon and team leader.



tines. On Horizontal Bar they showed double tuck flyaways, full twister straight body front flyway.

The Finns excelled on Horizontal Bar and Long Horse and the triple tie of three Finns for First on Side Horse shows their balanced team work. All honor to H. Savolanien, a veteran of 1928, 1932, 1936 and again in 1948 in leading his team to victory.

The Swiss lived up to their reputation as Internationalists by taking compulsory Side Horse, Rings, Parallel Bars—Optional Rings, Parallel Bars and tie for Horizontal Bar. Their work did not match the Finns in beauty and performance, although having plenty of difficulty in optional routines. They seemed to be "pressing" all the time and this may have been the margin which meant second team place.

Hungary's surprising third was deserved. They had beaten many of the Continental teams in dual meets, and with first and second in Free Exercise, two men in the tie for third on Long Horse and consistent work by Pataki and Mogyorossy throughout, they could not be denied. Their work had definite polish and style. Their optional routines showed imagination with precision dismounts.

For France, in fourth position, their best man, R. Dot, was No. 4 in Free Exercise and Horizontal Bar, and their team highest in this combined event. Although they had beaten Finland in an earlier dual meet, the Olympics are something else in competition.

Italy placed fifth and its best events were Side Horse, Parallel Bars, Horizontal Bar, and not leading in any but consistently high, and their young nineteen year old G. Figone, third on Side Horse, is destined to be Olympic Champion some day. L. Zanetti, second on Side Horse, was also excellent.

Czechoslovakia in sixth position, was below its usual place in the Olympics. Ruzicka third, Sotornick and Benetka tied for sixth in Free Exercise; Ruzicka third, and Kavas, sixth on Rings; Ruzicka sixth on Parallel Bars, were their best men, but other consistent performers brought them in scoring position. Their Rings and Long Horse work was especially good.

United States of America, 1252.5, in seventh place. We were disappointed, yet contented—with finishing this close to acknowledged leaders, but our low points on Rings, Long Horse and Free exercise (optional) must be remedied before 1952. This is work for our Coaches and Gymnastic Leaders—to stress all around work now and not later. A gymnast must score nine points or better on all apparatus to be Olympic material. Our all around champion, Edward Scrobe, with 18.8 Parallel Bars, 18.8 Horizontal Bar (compulsory) and 19. Parallel Bar, 18.3 Long Horse (optional) was our high man with 213.9 points. D'Autorio with 211.3 was second and Roetzheim and Kotys close up with several 18 plus scores.

Special mention is due Frank Cumiskey veteran of 1932 and 1936 teams in placing fourth on Side Horse with 37.9 points behind the Finnish winners 38.7 points. Frank, Swiss-American trained, had the satisfaction of winning over the entire Swiss team in this event, and in our opinion, is the best performer in the world on Side Horse, notwithstanding the above Olympic results.

Denmark's finish in eighth position was creditable in this, their first Olympic apparatus competition—Side Horse and Horizontal Bar apparatus are new in their Danish system, but native ability in the other events show their adaptability, and the Danes will place higher in Helsinki.

In finishing in the upper half of the sixteen-nation draw, the United States of America gymnasts can improve their technique with London experience behind them. Tumbling is now definitely a part of Calisthenics, or Free Exercise under International rules, and this is in our favor.

The work of the teams finishing ninth to sixteenth was creditable, but tough breaks kept Austria and Yugoslavia from scoring; Luxembourg was not well balanced and Great Britain was handicapped by lack of training facilities.

Egypt showed promise under their Swiss Coach, while Cuba, Argentine and Mexico are going to be benefitted in the future by their Olympic experience.

The judging throughout for the men was uniformly good under the system used—possibly the fact that announcement by the Technical Committee to all judges that their individual scores would be published under each judge's name and distributed to all countries may have had something to do with it. This was a proposal by the United States of America.

A one-point maximum spread from 5 to 9 points and one half point spread between 9 and 10 points was the rule, and now reading from the original score sheets I see scores like 9.3- 9.3- 9.5- 9.5 Cumiskey, (Side Horse); 9.1- 9.3- 9.5- 9.4 D'Autorio, (Side Horse); 8.9- 8.5- 8.9- 9.0 Roetzheim, (Horizontal Bar); etc.

We cite the following final scores in the All-around of 6 events. First, V. Huhtanen (Finland) 229.7; second, W. Lehmann (Switzerland) 229; third, P. Aaltonen (Finland) 228.8; fourth, Stalder (Switzerland) 228.7.

Only one point between them—on a maximum score of 240 point basis. This will serve to emphasize the "Class" of Gymnastic competition in the European countries.

Manager George Gulack, Coach Eugene Wettstone and Capt. Frank Cumiskey collectively, all did a magnificent job in getting the maximum results possible with the U.S.A. team which was selected at our Final Tryouts. Our judges: Henry Schroeder, Christopher Wuest, Jr. and George Gulack served efficiently on compulsory Free Exercise and Parallel Bars; and optional Parallel Bars and Side Horse.

#### Women's Division

The competition for women was for teams only, with no individual prizes, the events being Balance Beam, Flying Rings, Side Horse with Spring Board and two Optional Team Drills—with and without apparatus in hand, and under International Rules, to "include elements of skill, grace and rhythm, rather than strength".

The combined scores show Czechoslovakia, the winner, leading in in Compulsory Vault, Flying Rings and Team Drill with Hand



apparatus; second place, Hungary, led on compulsory and optional Beam, and fourth place, Sweden, in Team Drill (Free) and Voluntary Vault.

The United States of America Team surpassed Hungary in both Vaults and with a better balanced team scored consistently to annex third place medals.

An entry list of eleven nations is proof that competition in gymnastics for women definitely has a place in the Olympic program, but much study must be done by the Women's Technical Committee to simplify their rules and organization and be guided by the more experienced men of the present Federation of International Gymnastics in that respect.

The four-judge system was in effect, but in many cases their marks were three and four points spread, which showed either inefficiency or that the judge at fault was marking nations instead of individuals.

Especially was this evident in the judging of the Team Drills.

Three judges were named by each contesting nation, two serving on each of the two-day competition on a scoring basis which differed somewhat from F.I.G. rules for men.

For hand apparatus, Austria used hoops; France, scarves; Sweden skipping ropes; Italy, joined and detached Indian Clubs; Yugoslavia, chromium wands; Great Britain, Hoops; Belgium, balls; U. S. A., double length chromium wands; Hungary, hoops; Czechoslovakia, with Indian Club swinging, scored highest by the judges with 65.95 points, but in my opinion, their demonstration of complicated dance steps, ballet, turns and leaps did not equal the offering by the Holland team, which used medium sized balls—and scored second at 61.55 points.

To compliment the runners-up, Sweden, fourth; Holland fifth; Austria sixth, etc., would only mean slighting the remaining nations, and this must not be, but we anticipate with interest the progress they will show at Helsinki in 1952 by reason of their London experience.

The United States of America team received many compliments on their excellent appearance, form and deportment in general, and were probably the best balanced team in the Games. In fact, one request for the text of some of our optional routines, photos and even the pattern for our competitive uniform has been received from a country, which is an acknowledge leader in just that thing.

Although without prizes, the following individual placings will be of interest:

- |                 |                                  |
|-----------------|----------------------------------|
| Flying Rings:   | 1. Z. Honsova, Czechoslovakia    |
|                 | 2. L. Micheli, Italy             |
|                 | 3. E. Vaasarhelyi, Hungary       |
| Balance Beam:   | 1. Z. Honsova, Czechoslovakia    |
|                 | 2. K. I. Karpati, Hungary        |
|                 | 3. L. Micheli, Italy             |
| Vaulting Horse: | 1. K. E. Lindberg, Sweden        |
|                 | 2. Helen Schifano, United States |
|                 | 3. J. Airey, Great Britain       |

One year of preparation and many months of training and drill under direction of Manager Gulack, Coaches Joseph Salzman and George Miele and Leader-Chaperon, Mrs. Roberta Bonniwell paid dividends.

Next stop should be the World's Championships, Basle, Switzerland in 1950, but definitely Helsinki in 1952.

We are indebted to Dr. Margaret C. Brown, Miss Martha Gable and Miss Margaret Millar who attended Federation meetings in London and served as United States of America judges, all of them at their own expense.

#### OLYMPIC GYMNASTIC TEAM OFFICIALS



GEORGE J. GULACK  
Manager



GENE WETTSTONE  
Coach Men's Team



GEORGE MIELE  
Co-coach Women's Team



JOSEPH SALZMAN  
Co-coach Women's Team



# 1948 OLYMPIC CHAMPIONSHIPS

Held at London, England

## MEN

Nations	Team Scores	LONG HORSE	points
1. Finland	1358.30	1. P. J. Aaltonen, Finland	39.10
2. Switzerland	1356.70	2. O. A. Rove, Finland	39.00
3. Hungary	1330.85	3. F. Pataki, Hungary	38.50
4. France	1313.85	3. L. Sotornik, Czech.	38.50
5. Italy	1300.30	3. F. Mogyorossy, Hungary	38.50
6. Czechoslovakia	1292.10		
7. United States	1252.50		
8. Denmark	1245.40		
9. Austria	1212.15		
10. Yugoslavia	1194.80		
11. Luxemburg	1150.45		
12. Great Britain	1114.40		
13. Egypt	1057.95		
14. Cuba	950.70		
15. Argentine	863.85		
16. Mexico	343.85		

ALL-AROUND	points	RINGS	points
1. V. A. Huhtanen, Finland	229.70	1. K. Frei, Switz.	39.60
2. W. Lehmann, Switzerland	229.00	2. M. Reusch, Switz.	39.10
3. P. J. Aaltonen, Finland	228.80	3. Z. Ruzicka, Czech.	38.50
4. J. Stalder, Switzerland	228.70	4. W. Lehmann, Switz.	38.40
5. C. Kipfer, Switzerland	227.10		
6. E. Studer, Switzerland	226.60		
7. Z. Ruzicka, Czechoslovakia	226.20		

PARALLEL BARS	points	HORIZONTAL BAR	points
1. M. Reusch, Switz.	39.50	1. J. Stalder, Switz.	39.70
2. V. A. Huhtanen, Finland	39.30	2. W. Lehmann, Switz.	39.40
3. C. Kipfer, Switz.	39.10	3. V. A. Huhtanen, Finland	39.20
4. J. Stalder, Switz.	39.10	4. A. Saarvala, Finland	38.80
		4. L. Saanthal, Hungary	38.80
		4. R. Dot, France	38.80
		4. E. Studer, Switz.	38.80

SIDE HORSE	points	FREE CALISTHENICS	points
1. P. J. Aaltonen, Finland	38.70	1. F. Pataki, Hungary	38.70
1. V. A. Huhtanen, Finland	38.70	2. J. Mogyorossy, Hungary	38.40
1. H. Savolainen, Finland	38.70	3. Z. Ruzicka, Czech.	38.10
2. L. Zanetti, Italy	38.30	4. R. Dot, France	37.80
3. G. Figone, Italy	38.20		
4. Frank Cumiskey, U.S.A.	37.90		

UNITED STATES 6 BEST MEN	points
1. Scrobe	213.90
2. D'Autorio	211.30
3. Roetzheim	209.10
4. Kotys	208.50
5. Cumiskey	205.15
6. Sorensen	204.55

UNITED STATES 6 BEST MEN	points
7. Bonsall	201.70
8. Bordo	77.00
Injured—withdraw	

## WOMEN

Nations	Team Scores	Free Hand Drill	points
1. Czechoslovakia	445.45	Apparatus Drill	56.25
2. Hungary	440.55		
3. United States	422.60		
4. Sweden	417.95		
5. Holland	408.35		
6. Austria	405.45		
7. Yugoslavia	397.90		
8. Italy	394.20		
9. France	392.95		
10. Great Britain	384.65		
11. Belgium	353.57		

UNITED STATES 6 BEST WOMEN	points
1. Schifano	51.08
2. Schroth	50.90
3. Elste	50.30
4. Barone	50.10
5. Bakanic	50.10
6. Lenz	49.10

UNITED STATES 6 BEST WOMEN	points
7. Simonis	47.80
8. Dalton	47.65

10

# GYMNASTIC RESULTS IN DETAIL MEN'S TEAM CHAMPIONSHIP

COUNTRY	COMPULSORY EXERCISES						VOLUNTARY EXERCISES						Deduct Two Lowest Scores	Net Total	
	Free Exercises	Pommel Horse	Rings	Parallel Bars	Horizontal Bar	Vaults	Free Exercises	Pommel Horse	Rings	Parallel Bars	Horizontal Bar	Vaults			Total
1. Finland	143.05	147.4	149.4	152.7	153.1	153.7	139.1	152.0	150.5	153.8	152.6	150.5	1797.85	439.55	1358.30
2. Switz.	44.1	148.9	151.1	153.1	149.0	147.1	143.4	149.1	153.9	154.0	152.6	148.2	1794.5	437.8	1356.70
3. Hungary	49.6	143.7	146.55	148.7	140.1	149.3	146.2	143.6	148.5	150.3	148.1	149.1	1763.75	432.9	1330.85
4. France	45.1	144.5	144.5	147.2	146.6	143.2	147.4	139.4	143.85	152.4	152.4	143.5	1742.35	428.5	1313.85
5. Italy	39.4	144.1	143.65	143.1	148.8	130.6	140.0	146.8	146.4	143.7	143.7	144.6	1701.65	401.35	1300.30
6. Czechoslovakia	144.4	140.7	143.9	146.3	137.7	141.1	146.25	129.1	148.8	132.05	129.3	148.9	1688.5	396.4	1292.10
7. U.S.A.	140.55	137.2	128.9	135.1	138.6	127.9	117.05	125.2	125.4	125.7	125.3	124.0	1531.2	278.7	1252.50
8. Denmark	117.7	118.9	139.8	140.7	118.6	146.5	128.9	102.9	131.35	115.3	136.2	146.8	1595.0	349.6	1245.40
9. Austria	117.7	118.9	139.8	140.7	118.6	146.5	128.9	102.9	131.35	115.3	136.2	146.8	1595.0	349.6	1245.40
10. Yugoslavia	28.2	94.3	117.6	126.5	113.2	136.4	137.4	124.2	132.1	116.75	121.5	147.6	1346.45	330.95	1194.80
11. Luxemburg	18.5	126.3	138.1	117.9	113.45	137.8	138.7	112.5	132.1	111.45	130.5	142.1	1489.55	339.1	1150.45
12. Gt. Britain	116.6	113.5	126.9	108.0	94.5	103.75	109.0	88.5	128.05	118.2	122.7	122.7	1383.95	269.55	1114.40
13. Egypt	13.85	59.6	126.9	128.7	105.7	106.5	100.15	87.3	106.7	81.5	82.9	88.6	1057.95	136.75	950.70
14. Cuba	96.8	59.2	106.95	77.4	43.5	95.7	78.35	67.25	81.5	79.6	80.1	80.1	1087.45	136.75	950.70
15. Argentina	72.25	50.9	75.5	59.5	59.5	86.85	78.35	67.25	81.5	79.6	80.1	80.1	301.45	37.3	863.85
16. Mexico	40.5	19.2	30.5	26.3	17.0	44.4	23.5	24.5	19.6	26.75	31.0	40.4	343.85		343.85

COUNTRY	COMPULSORY EXERCISES			VOLUNTARY EXERCISES			Deduct Two Lowest Scores	Net Total
	Team Free Exercises	Compulsory Beam	Compulsory Vault	Voluntary Beam	Voluntary Vault	Total		
1. Czechoslovakia	62.8	63.9	63.35	110.8	105.85	545.0	99.55	445.45
2. Hungary	63.75	66.15	59.05	113.9	96.5	528.8	88.25	440.55
3. United States	63.2	61.9	60.85	106.9	104.95	516.05	95.45	422.60
4. Sweden	61.55	59.0	55.25	100.9	111.25	504.15	86.2	417.95
5. Holland	60.2	53.15	54.25	91.65	101.35	486.37	80.85	408.35
6. Austria	61.2	59.07	57.8	103.0	93.05	462.95	83.62	397.90
7. Yugoslavia	60.1	45.05	62.15	98.65	88.65	463.9	68.9	394.2
8. Italy	60.1	54.35	60.0	95.75	98.65	462.9	69.95	392.95
9. Great Britain	56.3	51.85	59.0	103.95	106.15	468.15	83.5	384.65
10. France	57.45	41.7	56.02	80.25	97.05	411.7	57.6	353.57
11. Belgium		32.7						



# Olympic Gymnastic Champions

1896-1948

## GYMNASTICS—MEN

LONG HORSE		Points
1896	Karl Schumann, Germany	
1904	Anton Heida and George Eysler, U.S. tied.....	36
1924	Frank Kriz, United States	9.98
1928	E. Mack, Switzerland.....	28.75
1932	Savino Guglielmetti, Italy..	54.1
1936	Karl A. M. Schwarzmann, Germany .....	19.20
1948	P. J. Aaltonen, Finland.....	39.1

SIDE HORSE		Points
1896	Zutter, Switzerland.....	
1904	Anton Heida, United States	42
1924	J. Wilhelm, Switzerland....	21.23
1928	H. Hanggi, Switzerland.....	59.25
1932	Stephen Pelle, Hungary....	57.2
1936	Konrad Frey, Germany.....	19.333
1948	P. J. Aaltonen, Finland.....	38.7

SIDE HORSE VAULT		Points
1924	A. Senguin, France.....	10

HORIZONTAL BAR		Points
1896	Herman Weingartner, Germany .....	
1904	Anton Heida and Ed. A. Hennig, U.S., tied.....	40
1924	L. Stukelj, Yugoslavia .....	19.75
1928	George Miez, Switzerland	57.50
1932	Dallas Bixler, United States	55
1936	Aleksanteri Saarvala, Finland .....	19.367
1948	J. Stalder, Switzerland.....	39.7

PARALLEL BARS		Points
1896	Alfred Faltow, Germany....	
1904	George Eysler, United States	44
1924	A. Guttinger, Switzerland	21.63
1928	L. Vacha, Czechoslovakia..	56.50
1932	Romeo Neri, Italy.....	56.9
1936	Konrad Frey, Germany.....	19.067
1948	M. Reusch, Switzerland....	39.5

FLYING RINGS		Points
1896	Mitropoulos, Greece .....	
1904	Herman T. Glass, U.S.....	45
1924	F. Martino, Italy.....	21.553
1928	L. Stukelj, Yugoslavia.....	57.75
1932	George Gulack, U.S.....	56.9
1936	Alois Hudec, Czechoslovakia	19.433
1948	K. Frei, Switzerland.....	39.6

CALISTHENICS		Points
1948	F. Pataki, Hungary.....	38.7

ROPE CLIMB		Points
1896	Andriakopoulos, Greece	
1904	George Eysler, United States.....	7s. (25 ft.)
1906	G. Aliprantis, Greece, 11.2/5s. (32 ft. 9.3/5s in.)	
1924	B. Supcik, Czechoslovakia....	7.1/5s.
1932	Raymond H. Bass, U.S. (8 meters) .....	6.7s.

TUMBLING		Points
1932	Rowland Wolfe, U.S.....	56.7 pts.
CLUB SWINGING		Points
1904	E. A. Hennig, United States...13.	
1932	George Roth, United States....	26.9
ALL-AROUND INDIVIDUAL		Points
1900	Sandras, France	
1904	Anton Heida, U.S.....	161
1906	(First Class) — Lavielle, France; Second Class — Anastassaglou, Greece	
1906	*(First Class) — Wilhelm Weber, Germany; Second Class—Lavielle, France	
1908	Alberto Braglia, Italy.....	317
1912	Alberto Braglia, Italy.....	135
1920	G. Zampose, Italy.....	88.35
1924	L. Stukelj, Yugoslavia.....	110.34
1928	Georges Miez, Switzerland..	247.50
1932	Romeo Neri, Italy.....	140.625
1936	Karl A. M. Schwarzmann, Germany .....	113.100
1948	V. A. Huhtanen, Finland....	229.7

\* Six Events.

TEAM GYMNASTICS		Points
1896	Germany .....	
1904	United States .....	
1906	Norway .....	
1908	Sweden .....	438
1920	Italy .....	
1924	Italy .....	839.058
1928	Switzerland .....	1718.625
1932	Italy .....	541.85
1936	Germany .....	657.430
1948	Finland .....	1358.3

## RECORDS

### ROPE CLIMBING

Americans Record—	
Using hands alone—25 ft. up, 4.7s.	Garvin S. Smith, Los Angeles City College at Los Angeles, Calif., April 19, 1947.
American Record—	
Using hands alone—20 ft. up, 3.1s.	Don Perry, Unattached, Venice, Cal. at State College, Pa., May 1, 1943.
Olympic Record—	
Using hands alone—8 meters, 6.7s.,	Raymond H. Bass, U.S. Naval Academy at Los Angeles, Cal., 1932
Intercollegiate Record—	
20 ft. up 3.6s.,	Stanley Ellison, U.S. Naval Academy at Annapolis, Md., 1940.
Interscholastic Record—	
Using hands alone—25 ft. up, 5.4s.	Jack Connors, George Washington High School, Los Angeles, Calif. April 12, 1945.

## OLYMPIC OBSERVATIONS

by GENE WETTSTONE, Coach U. S. Olympic Gymnastic Team

The level of performance of the American team was not much under that of the three top teams, Finland, Switzerland and Hungary and certainly on par with France, Italy and Czechoslovakia who placed ahead of us, and Denmark, Austria and Jugoslavia which followed us in final standing. Luxemburg, Great Britain and Egypt were slightly below us and Cuba, Argentina and Mexico in the last bracket. So in placing seventh we were generally satisfied. The first three teams were ranked in the correct order and that was the important thing for all. Team balance and consistent work were what made the top teams tick. We looked exceedingly strong in Calisthenics and on the Side Horse and equally weak on the Rings and Horizontal bar.

### GIVE-AWAYS

We made a special effort to participate in the games in such a way as to reveal maturity and confidence through good sportsmanship and control. There were times when I truly felt that one or more of our men were not getting the maximum scores, but we did not take such incidents too seriously, for we were careful to avoid excitement and poor sportsmanship which too often lead to complete collapse of morale and team chances. The GIVE-AWAY on our team was the lack of team and individual all-around-balance. We had at least two weak men in each event and unfortunately they were different men for each event thus preventing us from taking advantage of the rule calling for the highest six all-around scores counting toward final tabulation and placing. Remember this was a comparatively young team with only one former Olympian, so we weren't expecting miracles, despite the fact that the men performed well. This lack of team balance not only dropped us to seventh spot but also prevented, for some psychological reason the placing of our top performers.

The thing that surprised us more than anything else was our fine comparison with the other top countries in the FORM department. You coaches did a good job in preparing the men for what other countries are famous. The teams that visited our camp prior to competition and those that scouted us were of the firm opinion that this was a different team, one that had a good chance of meeting the favorite Swiss. All this encouragement was good and the boys were further stimulated as they began to feel that perhaps they did have a chance to place among the first three.

### FORM—FLUENCY—FREEDOM

In FLUENCY, we were not tops. The Swiss were masters in this phase of work. They kept their routines moving with few intermediate swings and good continuity that gave the entire exercise rhythm and liveliness. Quite frequently they would sacrifice difficulty for more of those movements which would blend in better with this style of work. Their high back somersaults on the parallel bars were often to upper arm hangs which would enable them to flow quickly and with more variety into other combing movements such as a front uprise to an immediate forward somersault dismount. The Finns exemplified FREEDOM of movements more than any of the other teams. This is also a much desired style of work. Of course they were light and taller than the Swiss and worked more with their bodies than with their arms. It might be deceiving, but the ability to work freely and highly as if the pull of gravity is no longer a constant force might well be the result of years of practice. Three of the eight Finns were members of the 1932 Olympic team while some of the others competed in Berlin in 1936. Thus, what sometimes looks easy and desirable may be the final result of much experience and strength. However, the fact still remains that this ability to perform effortlessly and with much body swing and less bicep exertion as shown by the Finns is really something beautiful.

### ARTISTIC IMAGINATION

The surprise team of the Games aside from Finland was Hungary. In placing third they received our vote for the team that showed the greatest amount of artistic imagination. The Americans showed more new movements particularly



on the Side Horse, but the Hungarians had the elegant sequences. They gave more thought to novel and artistic combinations with surprise elements throughout. It was not necessarily more difficult but work that showed rich taste and finesse.

#### CALISTHENICS

We heard that some tumbling was desirable in the optional calisthenic routines so all of the men made slight revisions in their routines to accommodate more of the movements supposedly desired at the Games. This was not difficult for our men as most of them were adept at tumbling. Kotys started his routine with a roundoff, back sommersault with full twist, while D'Autorio with his back-front sommersaults in swing-time looked like the tumbling Vince of High Schools days. It can now be said that the new calisthenic style favors not some but much tumbling in all its forms. Strength movements, free scales poses are held to a minimum to give place for high leaps, dive and rolls, splits, flips, all of which make for a more lively, vigorous and truly interesting event. The Hungarians had the best style and their first place winner Pataki was nothing more than a good tumbler who had combined his sequences well so that one movement flowed uninterrupted into the next.

#### LONG HORSE

The Finns, Hungarians and the Danes were best with high free jumps that again seemed to be done without the pull of gravity.

#### SIDE HORSE

The Side Horse style differs from our manner of work mainly because of the longer horse. Their horse is at least 8 inches longer on each end which means that it is almost necessary for European countries to work in the more vertical plan. This means more piking in the back, more scissors and cuts and less flat horizontal sweeping travels as we work in the U. S. The event seemed to be a stumbling block for most of the gymnasts and not too well liked because of the limited amount of safe work possible with the longer horse. This also means that traveling to the ends become awkward and movements as Moores and jumps are not common. The average routine consisted of circles in both directions, high front and back scissors, and the conservative front travel (tromlet) to end with a quadrupel dismount. Cumiskey in placing fourth, .7 of a point away from first place was, in my estimation, the best Side Horse performer in the world. Foreigners, who saw Frank in practice were sure he would win this event with ease, but once again judges did not come forth with some of the top scores. Although he averaged 9.4 his exercise was truly worth 9.8 and better when compared to some of the other top routines that were being scored perfect. Aaltonen of Finland with his light thin body performed conservative routines effortlessly, and although he did not have the most difficult routine, his style is something much desired. Not only did Aaltonen perform in a high and clean way, his work gave one the impression of razor sharpness with a rather quick tempo. Much of this was due to his streamlined build and his great relative arm strength.

#### HORIZONTAL BAR

Some day we will all come to the realization that a wider horizontal bar is the easier and more sensible one to use. Our 7' bar was stiff as a board when compared to the 8' bar used by the other countries. Where we labored more with our arms to get us around the bar the others used their bodies more effectively to get play from the longer bar. This also gave impetus for such movements as dislocates and double flyaways and appeared to make horizontal bar work slightly easier on the hands. The general style of work was similar to our style except that their tempo was a bit faster and their work more consistent. The Swiss with conservative but long routines that were well mastered captured the first two places on this event. The Finns, however were the ones who attracted the greatest attention with some of their daring routines and dismounts. Three of them did double flyaways, one executed a beautiful flyaway

with a full twist while still another did a double that was slightly over-thrown, and this was the one who did triple flyaways in practice. Cumiskey with his tricky and difficult sequences was quoted by the Swiss as a sensational performer. Scrobe's work was also of top calibre. One thing was definitely proved, that double flyaways are not needed to win and certainly can not be justified from an educational standpoint.

#### PARALLEL BARS

Much fine work was shown on this event which apparently is the favorite among most gymnasts. The requirement of a strength movement in the optional routine was not strictly adhered to however most of the men did have a press, lever, or one arm handstand in their routines. Some of the top men were without a strength movement but their style was enough to reveal superiority. The most dominant feature among the better performers was this thing we call *flow*. Scrobe was right in there with the best, although it was the Swiss that were in a class by themselves. Four Swiss scored close to perfect scores with routines that moved continuously first up then down but always smooth and rhythmic in a style that had the greatest appeal. As in the case of the European bar, the parallel bars also had more spring as they were considerably thinner than ours and seemed to favor their style of rhythmic and fluent work. Dismounts were not sensational in themselves but they always followed two or three beautiful swing sequences that enable them to come forth without the usual pause.

#### RINGS

What was done by the top performers was done well and clean, especially the shoot handstands which were under perfect control. This was our weakest event and I believe was the one reason why we did not overtake Italy and Czechoslovakia.

## 1948 COLLEGIATE GYMNASTICS

This was the best year for the sport in the collegiate circles, and it will go down in the books as the beginning of a new gymnastic era. Meet and championship turnouts hit a new high with coaches reporting capacity crowds everywhere. It definitely appears that the sport will be solid for years to come. New teams made their appearance in competition and many more schools will blossom out with teams this season in what promises to be the best yet. The N.C.A.A. championships were resumed and successfully staged at the University of Chicago with a record entry list, and to top things off five of the eight Olympic gymnasts were from the colleges.

According to dual meet and championship results, the first ten teams in the nation were as follows:

Penn State, Temple, Minnesota, U.C.L.A., Navy, Army, Illinois, U.S.C., Syracuse and Chicago.

Teams that made rapid improvement over the '47 season and those that placed in the second ten were as follows:

Michigan, Nebraska, California, Colorado, Michigan State, Colorado State College of Education, Wisconsin, Stanford, West Chester Teachers, Montana State.

Teams in their first season were:

Georgia Tech, Ohio State, Delaware, Lock Haven Teachers, Central Michigan, and Cortland Teachers.

Teams renewing and inaugurating the season this winter are:

Springfield College, Georgia, Duke, Maryland, Iowa, Georgia Military Academy, Panzer, Auburn, Kansas, Indiana and Purdue.



Of the non N.C.A.A. member institutions, City College of Los Angeles, undefeated for eight years, and the newly formed University of Illinois Center at Chicago Pier were tops in their division.

Two new conferences are in the making. The South East has a nucleus of Duke, Georgia Tech, Georgia and Maryland, while the Middle Atlantic district is trying to unite West Chester, Lock Haven, Cortland and Delaware. All the 1947 League champions repeated with exception of the Rocky Mountain league where Nebraska replaced Colorado State in the Open Collegiate meet. Penn State in the East, Minnesota in the Big Nine and U.C.L.A. in the Pacific Coast all came through in close competition.

Teams to watch in the coming campaign are: Temple and Army in the East, Minnesota and Illinois in the Big Nine, Nebraska and Colorado in the Rocky Mountains and U.S.C. and U.C.L.A. in the Pacific Coast. Georgia Tech in the Southeast will be favorites in their league.

Judging was considered good in the Far West and East and unsatisfactory in the Mid West where coaches are favoring judge's clinics and meetings as conducted in the other two regions. Although the rules have yet to be standardized, most coaches felt that present rules were satisfactory. Some expressed favor of the 100 points maximum score to the 15 points now in use in some conferences.

The year's top performance was the "3 major championship" victory by the Penn State team with its two Olympic gymnasts William Bonsall and Ray Sorensen. The University of California at Berkeley will be host to the 1949 N.C.A.A. championships and from latest reports it will be well attended.

### NATIONAL COLLEGIATE ATHLETIC ASSOCIATION CHAMPIONSHIPS

Held at University of Chicago, Saturday, March 27, 1948

<b>ROPE CLIMB</b>		<b>FREE EXERCISE</b>	
1 K. Forman, Southern California	1 R. Stout, Temple	1 R. Stout, Temple	
2 J. Linn, Penn State	2 C. Larzelere, U.C.L.A.	2 C. Larzelere, U.C.L.A.	
3 G. Hoffman, Naval Academy	3 R. Sorensen, Penn State	3 R. Sorensen, Penn State	
4 M. Schenker, Naval Academy	4 W. Bonsall, Penn State	4 W. Bonsall, Penn State	
<b>LONG HORSE</b>		<b>SIDE HORSE</b>	
1 J. Peterson, Minnesota	1 S. Greene, Penn State	1 S. Greene, Penn State	
2 W. Vretos, Chicago University and V. Zinzi, Illinois	2 V. Zinzi, Illinois	2 V. Zinzi, Illinois	
4 D. Sorensen, Minnesota	3 J. Berenato, Temple	3 J. Berenato, Temple	
	4 D. Muir, U.C.L.A.	4 D. Muir, U.C.L.A.	
<b>TUMBLING</b>		<b>HORIZONTAL BAR</b>	
1 C. Thompson, California	1 J. Calvetti, Illinois	1 J. Calvetti, Illinois	
2 W. Meade, Penn State	2 J. Peterson, Minnesota	2 J. Peterson, Minnesota	
3 R. McKinney, Temple	3 W. Bonsall, Penn State	3 W. Bonsall, Penn State	
4 G. Patten, Minnesota	4 R. Sorensen, Penn State	4 R. Sorensen, Penn State	
<b>FLYING RINGS</b>		<b>PARALLEL BARS</b>	
1 W. Hayes, Temple	1 R. Sorensen, Penn State	1 R. Sorensen, Penn State	
2 W. Bonsall, Penn State	2 S. Greene, Penn State	2 S. Greene, Penn State	
3 W. Winnerberger, Temple	3 R. Stout, Temple	3 R. Stout, Temple	
4 R. Sorensen, S. Greene, Penn State and R. Stout, Temple	4 W. Hayes, Temple and C. Larzelere, U.C.L.A.	4 W. Hayes, Temple and C. Larzelere, U.C.L.A.	
<b>TRAMPOLINING</b>		<b>ALL-AROUND</b>	
1 G. Hughes, Illinois	1 R. Sorensen, Penn State	1 R. Sorensen, Penn State	
2 C. Lucchesi, California	2 W. Bonsall, Penn State	2 W. Bonsall, Penn State	
3 Tillman, Michigan	3 J. Peterson, Minnesota	3 J. Peterson, Minnesota	
4 R. Schoendube, Michigan	4 W. Hayes, Temple	4 W. Hayes, Temple	
<b>TEAM CHAMPIONSHIP</b>			
1 Penn State	55 points		
2 Temple	34½ points		
3 Illinois	22½ points		
4 Minnesota	14 points		

### EASTERN INTERCOLLEGIATE LEAGUE CHAMPIONSHIPS

Held at United States Military Academy, March 13, 1948

<b>SIDE HORSE</b>		<b>PARALLEL BARS</b>	
1 R. Greene, Penn State	1 R. Stout, Temple	1 R. Stout, Temple	
2 J. Berenato, Temple	2 S. Greene, Penn State	2 S. Greene, Penn State	
3 R. Grayson, Navy	3 C. Coones, Army	3 C. Coones, Army	
4 W. Hayes, Temple	4 J. Funk, Temple	4 J. Funk, Temple	
<b>ROPE CLIMB</b>		<b>TUMBLING</b>	
1 M. Schenker, Navy	1 W. Meade, Penn State	1 W. Meade, Penn State	
2 J. Linn, Penn State	2 W. Marcus, Temple	2 W. Marcus, Temple	
3 H. Lawler, Penn State	3 R. McKinney, Temple	3 R. McKinney, Temple	
4 R. Greene, Penn State	4 W. Knapp, Army	4 W. Knapp, Army	
<b>FLYING RINGS</b>		<b>ALL-AROUND</b>	
1 W. Jamison, Army	1 R. Stout, Temple	1 R. Stout, Temple	
2 W. Hayes, Temple	2 W. Hayes, Temple	2 W. Hayes, Temple	
3 W. Bonsall, Penn State	3 R. Sorensen, Penn State	3 R. Sorensen, Penn State	
4 W. Winnerberger, Temple	4 W. Bonsall, Penn State	4 W. Bonsall, Penn State	
<b>HORIZONTAL BAR</b>		<b>TEAM CHAMPIONSHIP</b>	
1 R. Stout, Temple	1 Penn State	1 Penn State	
2 J. Hodes, Army	2 Temple	2 Temple	
3 R. Sorensen, Penn State	3 Navy	3 Navy	
4 W. Bonsall, Penn State	4 Army	4 Army	

### WESTERN CONFERENCE CHAMPIONSHIPS (BIG NINE)

Held at University of Illinois, Chicago Pier, March 13, 1948

<b>FREE CALISTHENICS</b>		<b>PARALLEL BARS</b>	
1 J. Fina, Illinois	1 H. Swanson, Minnesota	1 H. Swanson, Minnesota	
2 G. Patten, Minnesota	2 S. Manos, Ohio State	2 S. Manos, Ohio State	
3 V. Peterson, Minnesota	3 L. Bralower, Illinois	3 L. Bralower, Illinois	
4 V. Zinzi, Illinois	4 J. Harrington, Illinois	4 J. Harrington, Illinois	
<b>SIDE HORSE</b>		<b>FLYING RINGS</b>	
1 V. Zinzi, Illinois	1 D. Hedstrom, Minnesota	1 D. Hedstrom, Minnesota	
2 G. Patten, Minnesota	2 J. Harrington, Illinois	2 J. Harrington, Illinois	
3 J. Peterson, Minnesota	3 J. Peterson, Minnesota	3 J. Peterson, Minnesota	
4 J. Fina, Illinois	4 V. Zinzi, Illinois	4 V. Zinzi, Illinois	
<b>HORIZONTAL BAR</b>		<b>TUMBLING</b>	
1 J. Calvetti, Illinois	1 J. Peterson, Minnesota	1 J. Peterson, Minnesota	
2 H. Swanson, Minnesota	2 G. Patten, Minnesota	2 G. Patten, Minnesota	
3 G. Patten, Minnesota	3 J. Fina, Illinois	3 J. Fina, Illinois	
4 J. Peterson, Minnesota	4 D. Von Ebers, Illinois	4 D. Von Ebers, Illinois	
<b>TRAMPOLINING</b>		<b>ALL-AROUND</b>	
1 R. Schoendube, Michigan	1 J. Peterson, Minnesota	1 J. Peterson, Minnesota	
2 G. Hughes, Illinois	2 G. Patten, Minnesota	2 G. Patten, Minnesota	
3 D. Von Ebers, Illinois	3 V. Zinzi, Illinois	3 V. Zinzi, Illinois	
4 J. Peterson, Minnesota	4 J. Fina, Illinois	4 J. Fina, Illinois	
<b>LONG HORSE</b>		<b>TEAM CHAMPIONSHIP</b>	
1 V. Zinzi, Illinois	1 Minnesota	1 Minnesota	71 points
2 J. Peterson, Minnesota	2 Illinois	2 Illinois	58½ points
3 J. Matheus, Wisconsin	3 Michigan	3 Michigan	11 points
4 G. Patten, Minnesota	4 Wisconsin	4 Wisconsin	8½ points



**SOUTHERN PACIFIC COAST CONFERENCE**  
Held at University of California, April 17, 1948

**ROPE CLIMB**

- 1 Foreman, USC
- 2 Pearce, USC
- 3 Oberman, and Shyffer, UCLA

**HORIZONTAL BAR**

- 1 Brown, UCLA
- 2 Heiser, USC
- 3 Ziff, USC
- 4 Stewart, Stanford

**FLYING RINGS**

- 1 Todd, USC
- 2 Borress, USC
- 3 Grossblatt, UCLA
- 4 Nason, USC

**TUMBLING**

- 1 Thompson, California
- 2 Lucchesi, California
- 3 O'Connor, California
- 4 Young and Saunders, UCLA

**FREE EXERCISE**

- 1 Vidmar, USC
- 2 Grossblatt, UCLA and Levin, USC
- 4 Jordan, USC

**ALL COLLEGE INVITATIONAL CHAMPIONSHIPS**

Held at Boulder, Colorado, March 6, 1948

**PARALLEL BARS**

- 1 P. Sprague, Nebraska
- 2 D. Potter, Col. SCE
- 3 L. Geier, Nebraska
- 4 J. Foust, Montana State

**TUMBLING**

- 1 B. Fenner, Col. SCE
- 2 P. Sprague, Nebraska
- 3 S. Barnhill, Colorado
- 4 G. Fenno, Colorado SCE

**FLYING RINGS**

- 1 G. Shearer, Colorado
- 2 P. Sprague, Nebraska
- 3 K. Nesladek, Colorado
- 4 L. Geier, Nebraska

**SIDE HORSE**

- 1 Muir, UCLA
- 2 Millar, California
- 3 Ausman, California
- 4 Sauler, USC

**PARALLEL BARS**

- 1 Grossblatt, UCLA
- 2 Schultz, UCLA
- 3 Parker and Tuppan, USC

**TRAMPOLINING**

- 1 Lucchesi, California
- 2 Saunders, UCLA
- 3 Harabedian, USC
- 4 Nissen, UCLA

**HAND BALANCING**

- 1 Knight and Thompson, Stanford
- 2 Heiser & Ballantyne, USC
- 3 Rudolph & Richardson, UCLA
- 4 Fortier & Michael, UCLA

**ALL-AROUND**

- 1 Larzelere, UCLA
- 2 Tuppan, USC
- 3 Grossblatt, UCLA
- 4 Parker, USC

**TEAM CHAMPIONSHIP**

- |                    |     |        |
|--------------------|-----|--------|
| 1 UCLA .....       | 84½ | points |
| 2 USC .....        | 80½ | points |
| 3 California ..... | 40  | points |
| 4 Stanford .....   | 15  | points |

**HORIZONTAL BAR**

- 1 J. Faust, Montana State
- 2 K. Nesladek, Colo. Univ.
- 3 C. Lefler, Nebraska
- 4 A. Hughes, Colorado

**SIDE HORSE**

- 1 M. Beckett, Colorado
- 2 R. Riddell, Colo. A & M
- 3 K. Harding, Nebraska
- 4 L. Geier, Nebraska

**ALL-AROUND**

- 1 P. Sprague, Nebraska
- 2 L. Geier, Nebraska
- 3 K. Nesladek, Colorado

**TEAM CHAMPIONSHIP**

- |                              |    |        |
|------------------------------|----|--------|
| 1 Nebraska .....             | 37 | points |
| 2 Colorado .....             | 32 | points |
| 3 Colorado State C.E. ....   | 18 | points |
| 4 Montana State College .... | 13 | points |

**ROUTINES THAT WON 1948 NATIONAL A. A. U. TITLES**

**SIDE HORSE (Doubles going clockwise)**

By **STEPHEN GREENE**

Age 25. Graduate Electrical Engineer of Penn State College. Received early training at Germantown High School, Philadelphia, Pa.

With left hand on the neck and right hand on left pommel—circle clockwise; loop around the end; immediate Moore on close pommel with one double at neck to a ½ turn into saddle (Stockli.) Two double leg circles; double Moore; break away to front and back scissors; two opposite double leg circles; back Moore to an immediate front travel to end (Tromlet), two loops on end to doubles at neck; back Moore on end, another loop on end to an immediate back Moore on left hand to quadrupel rear dismount to cross stand.

**FLYING RINGS**

By **WILLIAM BUFFA**

Age 28. Occupation: Accountant. National and Metropolitan Rings champion in 1943 and 1948.

1. Jump to hang.
2. Slow pull through straight inverted hang and continued with press to hand-stand—hold.
3. Swing downward through support, drop backward, and backward dislocate and shoot-up to handstand—hold.
4. Lower vertically toward inverted cross and slowly level out to regular cross—hold.
5. Slowly raise legs forward to "L" position while in cross position—hold.
6. Slowly lower legs to arched cross and roll forward out of cross position to inverted hang and immediately back uprise to "L" support—hold.
7. Bend hip press to handstand—hold.
8. Lower vertically to arched inverted hang and slow forward roll and press (arched body) to shoulder stand—hold.
9. Level out and execute arched body backward roll and a half to hanging back lever—hold.
10. In rapid sequence execute from back lever a dislocate into a front uprise to support and immediately front roll and inlocate to ½ inverted hang and immediately dislocate backward into a back fly-away to a stand under the rings.

**HORIZONTAL BAR**

By **FRANK CUMISKEY**

Age 34. Occupation, railway mail clerk. Competed in 1932 Olympics at young age of 19 years; also on 1936 and 1948 teams. Winner of 24 National Titles including the All-Around championships 1934, 1936, 1945, 1946 and 1947. Received early training at the Swiss Gymnastic Society of Union City, N. J., where he is still located. He is the father of three future gymnasts.

1. Jump to pendulum swing upper grip.
2. Shoot-up and immediately place feet on bar.
3. Circle ½ way and shoot to handstand.
4. 1 giant and ½ turn around left arm to front giant.
5. 1 front giant and squat between hands.
6. Circle forward and shoot out to front inverted giant.
7. Complete giant and seat circle forward and immediately shoot up and ½ turn left to front support.
8. Underswing and on back swing full-twist catch.
9. Kip and shoot up to handstand and swing down to
10. Flyaway.

**CALISTHENICS**

By **ROBERT STOUT**

Age 23. Height 5' 6", weight 150. High Junior Physical Education student at Temple University. Early training at Philadelphia Turners and Northeast High School, Philadelphia, under R. M. Smith. Served in U. S. Navy 1943 to 1944, spending 2 years overseas.

Followed prescribed exercises.



## INDIAN CLUB SWINGING

By **GEORGE HEARN**

Age 30. Student at Springfield College.

## PARALLEL BARS

By **JOSEPH KOTYS**

Age 22. Kent State University freshman. Physical Education student. Started at Downtown Y.M.C.A. Received early training and is still a member of the Swiss Gymnastic Society of Cleveland, Ohio. Made 1948 Olympic team. Winner of two National titles; Parallel Bars and Long Horse. Coached by E. Markowski.

1. Mount-underneath sommersault catch
2. Swing to handstand
3. Back sommersault catch
4. Jump pirouette
5. Handstand
6. Front swing half turn support
7. Cast below bars to upper arm hang
8. Stem half turn in rear swing snap shoulder roll to support
9. Swing rearward front flip dismount over one bar to side stand

## LONG HORSE JUMP — OPTIONAL

By **JOSEPH KOTYS**

1. Giant Cartwheel

## 20 FOOT ROPE CLIMB

By **DON PERRY**

Age 17. 138 lbs., height 5' 10". Junior at Venice High School, Los Angeles City School System, California. Taking an architectural course. Two years member of the National Guard. Intend to go to college when I graduate from Venice High (June, 1949). Trained from the 9th grade by Coach Jack Hughes. Holder of the new world's record for the 20 foot rope climb.

Climb. Time 3 1/10 sec. 7 strokes and reach. A quick pull up start with a very fast change of strokes slight backward lean and a continuous motion straight upward. Each pull-up or stroke comes down close to the waist and the other arm and hand is already pulling down immediately at the end of this stroke. No attention is paid to the legs since in speed-climbing you have to concentrate on the quick-continuous-pullup and lightning change.

At the finish or reach and touch it is important that you keep going through the tambourine (so to speak) not stop and "hope" to reach.

### Practice:

1. Quick starts from the floor.
2. From an underbar-hand on the Horizontal bar take many fast continuous pull-ups or uprises to front support above bar, deep down again immediately and up again without any stops or slowing down.

## TUMBLING

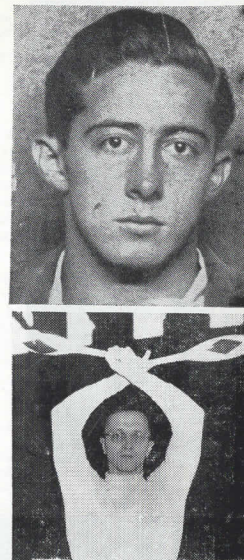
By **IRVING BEDARD**

Age 21. 5' 5". Weight 126 lbs. Occupation, student in Physical Education at the University of Illinois Undergraduate Division in Chicago. Won N.A.A.U. tumbling championship in 1945 and has been runner-up twice. Received his early training from his father. Is a member of the University of Illinois Undergraduate Division championship team in the midwest.

He is one of very few tumblers to complete a triple twisting back somersault in practise or competition.

1. Roundoff, back handspring, back handspring, back somersault with 2 1/2 twist.
2. Tinsica, front somersault, tinsica, front somersault, tinsica, front somersault with 1/2 twist.
3. Roundoff, back handspring, back somersault with full twist, back handspring, back handspring, back somersault with double twist, front somersault.
4. Roundoff, back handspring, back somersault, back somersault, back handspring, back somersault with full twist, front somersault.

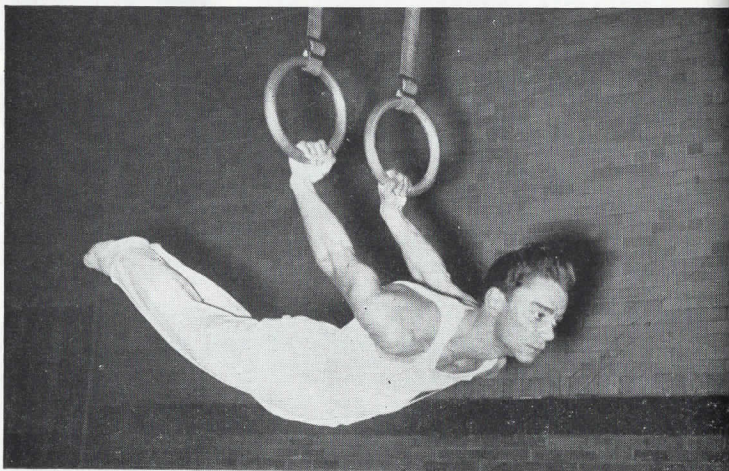
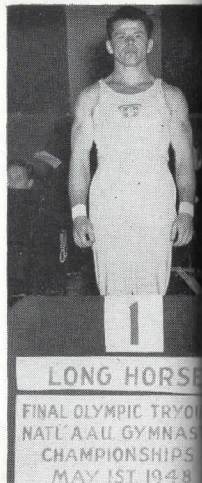
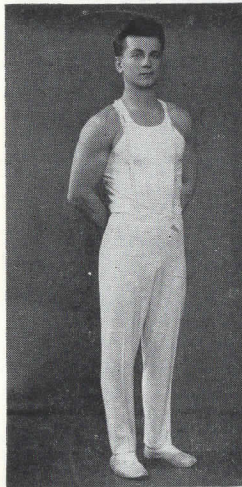
## 1948 NATIONAL GYMNASTIC CHAMPIONS



TOP ROW—Irvin E. Bedard, Univ. of Illinois, Tumbling; Don Perry, Venice (Ohio) Community Club, Rope Climb; Robert Stout, Temple Univ., Calisthenics; George R. Hearn, Springfield College, Indian Clubs.

LOWER—Stephen Greene, Penn State College, Side Horse





TOP ROW—Edward Scrobe, D. A. Turn Verein, Bronx, America's Top All Round Gymnast; Frank Cumiskey, Swiss Gymnastic Society, Horizontal Bar Champion; Joseph Kotys, Cleveland Swiss Turners, Parallel Bars and Long Horse Champion

LOWER—William Buffa, West Side YMCA, New York, Flying Rings Champion

## THE 1948 NATIONAL CHAMPIONSHIPS

by ROY E. MOORE, Chairman, National A.A.U. Gymnastic Committee

The sixtieth annual National AAU Men's Gymnastic Championships and combined Final Olympic Tryouts, witnessed by a capacity crowd of more than 5,000 persons at Penn State College on May 1st, was the most successful gymnastic meet ever conducted. Not a single 1947 champion was able to repeat in the face of the stiff competition provided by the most representative entry list the meet has ever attracted—187 from practically every state in the union. However, several previous title holders came through to win championships in the eleven event program.

Edward Scrobe, 25 year old New York City bank clerk representing the D.A. Turners, was the standout performer and finished on top in the important all-around competition in which 26 participated. He scored 10 points more than the runner-up, Bill Bonsall of Penn State College. Frank Cumiskey, defending champion, and Vincent D'Autorio of the Swiss Gymnastic Society of Union City were handicapped by illness and injury, but being experienced trouper they came through to win an Olympic berth. This marked the third time that Cumiskey has been selected to represent this country in the Olympic Games. He scored a clean-cut victory in the Horizontal Bar event and was a close second behind Stephen Greene in the Side Horse competition.

Joseph Kotys of the Cleveland Swiss Turners, a rising star, defeated Scrobe for the Long Horse championship. Irvin E. Bedard of the University of Illinois, a previous title holder, scored a clean-cut win over Charles W. Thompson of the University of California in the Tumbling competition. Likewise, in Flying Rings, William Buffa of the New York West Side YMCA finished almost a full point ahead of Scrobe.

In Club Swinging, George Hearn of Springfield College displaced the 69-year-old defending champion, Ed Hennig of Cleveland. Again we welcomed gymnasts from Mexico in the meet—Francisco Alvarez, D. Aquilar and A. Rodriguez with the former annexing third place in the club swinging event.

An almost unbelievable new record was made in the rope climb by 17-year-old Don Perry of the Venice (Calif.) Community Center, whose three trials were 3.1s, 3.2s, 3.1s., breaking the listed record of 4.4s. by Stephen Greene in 1945. Former champion Garvin S. Smith of Los Angeles City College did 3.2s. on each of his trials, while Elmer Huckins, a team-mate, was third with 3.6s. They certainly raise rope climbers in California!

Penn State College Gym Coach Gene Wettstone did a wonderful job in staging the tournament. The record entry necessitated two and three events moving at all times during both the evening and afternoon sessions. The details were handled efficiently by the experienced Penn State staff.

A substantial sum of money was turned over to the Olympic Fund as a result of this meet. Moreover, \$525.00 was realized from the Olympic collection and besides, 2,500 programs, a large quantity of Olympic stamps, pins, decals and 1948 Olympic Reports were sold out in less than one hour's time. The crowd "knew" gymnastics since they had a good appreciation of the outstanding performances.

Penn State College, by virtue of its Olympic representation and large entry in the specialty events won the team championship with 36. A surprise second was scored by Los Angeles City College, mainly through its scoring in the individual events with 24 points; while the Swiss Gymnastic Society of Union City, focusing its attention on the Olympic Tryouts, placed third with 20 points.



## NATIONAL A.A.U. GYMNASTIC CHAMPIONSHIPS—MEN

Held at Penn State College on May 1, 1948

CALISTHENICS	points
1. Robert Stout, Temple .....	55.9
2. Raymond Sorensen, Penn State .....	55.1
3. Edward Scrobe, Turners, N.Y. ....	54.7
4. John Miller, E. Los Angeles Jr. ....	54.2

LONG HORSE	points
1. Joe Kotys, Turners, Cleveland .....	54.2
2. Edward Scrobe, Turners, N.Y. ....	53.3
3. Wm. Bonsall, Penn State .....	52.9
4. Wm. Tom, Los Angeles College .....	52.4

SIDE HORSE	points
1. Stephen Greene, Penn State .....	57.4
2. Frank Cumiskey, Swiss Gym .....	57.1
3. Vito Zinzi, U. of Illinois .....	56.1
4. D. Hewitt, Los Angeles College .....	53.6

PARALLEL BAR	points
1. Joe Kotys, Turners, Cleveland .....	54.6
2. Louis Bordo, Turners, Phila. ....	54.2
3. Edward Scrobe, Turners, N.Y. ....	54.1
4. Solomon Small, YMCA, Phila. ....	53.6

HORIZONTAL BAR	points
1. Frank Cumiskey, Swiss Gym .....	56.9
2. Wm. Roetzheim, U. of Illinois .....	54.7
3. Lt. W. Blattmann, U.S. Navy .....	54.2
4. Edward Scrobe, Turners, N.Y. ....	53.4

FLYING RINGS	points
1. J. W. Buffa, YMCA, N.Y. ....	56.5
2. Edward Scrobe, Turners, N.Y. ....	55.8
3. Mark Gilden, Los Angeles Col. ....	54.3
4. Wm. Bonsall, Penn State .....	54.1

TUMBLING	points
1. Irvin Bedard, U. of Illinois .....	27.4
2. Chas. Thompson, U. of Calif. ....	27.0
3. Paul Chapman, Dallas A.C. ....	26.4
4. Wm. Meade, Penn State .....	23.9

ROPE CLIMB	secs.
1. Don Perry, Venice C.C., Calif. ....	3.1
2. Garvin Smith, Los Angeles Col. ....	3.2
3. Elmer Huckins, Los Angeles Col. ....	3.7
4. Joseph Linn, Penn State .....	3.9

INDIAN CLUBS	points
1. Geo. Hearn, Springfield Col. ....	24.1
2. Ed Hennig, Turners, Cleveland .....	23.3
3. F. Alvarez, Fed. Nac. Mexicana .....	21.3
4. Stanley Lourimore, Penn State .....	18.9

ALL-AROUND	points
1. Edward Scrobe, Turners, N.Y. ....	320.3
2. Wm. Bonsall, Penn State .....	310.3
3. Frank Cumiskey, Swiss Gym .....	309.1
4. Raymond Sorensen, Penn State .....	305.8

TEAM CHAMPIONSHIP	points
1. Penn State College .....	36
2. Los Angeles City College .....	24
3. Swiss Gym Soc., Union City, N.J. ....	20

TRAMPOLINE (Special Event)	points
1. Rbt. Schoendule, U. of Mich. ....	26.8
2. Richard Gutting, U. of Chicago .....	25.9
3. Gay Hughes, U. of Illinois .....	25.5
4. Henry Buchanan, Unatt, Texas .....	25.3

## ALLEGHENY MOUNTAIN ASS'N A.A.U. GYMNASTIC CHAMPIONSHIPS

Held at Allegheny High School, Pittsburgh, Pa., April 17, 1948

### SENIOR MEN

<b>HORIZONTAL BAR</b> points	<b>ALL-AROUND</b> points
J. McFarland, Ambridge Turners .....	1. Mike Kurowski, Unattached ...
25.2	146.4
Mike Kurowski, Unattached ...	2. Frank Demma, Fifth Av. Gym .....
22.4	140.2
Frank Demma, Fifth Av. Gym .....	3. Praise Gainer, Fifth Av. Gym .....
21.6	136.4
<b>PARALLEL BAR</b> points	<b>TUMBLING</b> points
Mike Kurowski, Unattached ...	1. William Meade, Unattached ...
26.6	27.5
Carmen Mazza, Erie Neighbor- hood House .....	2. Jas. Suppa, Ellwood City Gym .....
25.8	25.8
Frank Demma, Fifth Av. Gym .....	3. Tim Petroff, Erie House .....
23.3	23.5
<b>SIDE HORSE</b> points	<b>INDIAN CLUBS</b> points
Ed. Hoffecher, Meadville Y. ....	1. James Roberts, Fifth Av. Gym .....
24.0	25.5
Mike Kurowski, Unattached ...	2. Praise Gainer, Fifth Av. Gym .....
23.4	21.0
Carmen Mazza, Erie House .....	<b>ROPE CLIMB</b> secs.
21.0	1. Joseph Linn, Unattached .....
<b>LONG HORSE</b> points	3.4
Wendell Lomady, Unattached .....	2. Leo Minotti, Ellwood City Gym .....
27.1	4.0
Frank Demma, Fifth Av. Gym .....	3. F. DeNome Ellwood City Gym .....
22.8	4.6
Stas Mergentime, Erie House .....	<b>TEAM CHAMPIONSHIP</b> points
22.5	1. Fifth Avenue Gym Club .....
<b>FLYING RINGS</b> points	17.0
Ronald Stone, Coraopolis Y. ....	2. Ellwood City Gym Team .....
26.2	7.0
Mike Kurowski, Unattached ...	2. Erie Neighborhood House .....
25.7	7.0
Stas Mergentime, Erie House .....	4. Ambridge Turners .....
24.8	5.0
<b>FREE EXERCISE</b> points	4. Meadville Y .....
1. Mike Kurowski, Unattached ...	5.0
26.8	4. Coraopolis Y .....
Frank Demma, Fifth Av. Gym .....	5.0
25.0	Unattached .....
Praise Gainer, Fifth Av. Gym .....	34.0
23.8	

Held at Allegheny High School, Pittsburgh, Pa., April 17, 1948

### JUNIOR MEN

<b>HORIZONTAL BAR</b> points	<b>FREE EXERCISE</b> points
Milan Dudukovich, Johnstown Turners .....	1. Milan Dudukovich, Johnstown Turners .....
24.4	26.3
Rudolph Tutka, Slovak Sokol .....	2. R. Coder, Johnstown Turners .....
24.0	25.5
Amil Jinar, Ellwood City Gym .....	<b>ALL-AROUND</b> points
23.8	1. Milan Dudukovich, Johnstown Turners .....
<b>PARALLEL BAR</b> points	150.1
Milan Dudukovich, Johnstown Turners .....	2. R. Coder, Johnstown Turners .....
27.3	147.5
V. Meduho, Fifth Ave. Gym. ....	<b>TUMBLING</b> points
26.4	1. Ralph Ciancio, Dormont A.C. ....
L. Minotti, Ellwood City Gym .....	28.0
25.9	2. Calvin Clark, Fifth Ave. Gym .....
<b>SIDE HORSE</b> points	25.3
Bob Patterson, Ellwood Gym .....	3. Bill Bovard, Ellwood Gym .....
24.0	25.2
Milan Dudukovich, Johnstown Turners .....	<b>ROPE CLIMB</b> secs.
22.6	1. Roland Stone, Coraopolis Y. ....
Frank DeNome, Ellwood Gym .....	5.5
21.5	1. James Hazen, Ellwood Gym .....
<b>LONG HORSE</b> points	5.8
Milan Dudukovich, Johnstown Turners .....	3. Donald Toland, Ellwood Gym .....
26.4	5.8
Douglas Davis, Fifth Av. Gym .....	3. L. Collura, Fifth Ave. Gym .....
23.9	5.8
Tim Petroff, Erie House .....	<b>TEAM CHAMPIONSHIP</b> points
23.1	1. Johnstown Turners .....
<b>FLYING RINGS</b> points	29.0
Harold Denhart, Ellwood Gym .....	2. Ellwood City Gym Team .....
24.0	19.5
Milan Dudukovich, Johnstown Turners .....	3. Fifth Avenue Gym Club .....
23.4	9.5
J. McLaughlin, Ellwood Gym .....	4. Dormont A. C. ....
22.3	5.0
	5. Coraopolis Y .....
	4.0
	6. Slovak Sokol .....
	3.0
	7. Erie Neighborhood House .....
	1.0



## CENTRAL ASSOCIATION A.A.U. GYMNASTIC CHAMPIONSHIPS

Held at the University of Chicago Bartlett Gymnasium, April 23, 1948

### MEN'S CHAMPIONSHIP DIVISION

<p><b>ALL-AROUND</b> points</p> <ol style="list-style-type: none"> <li>1. W. Rotzheim, U. of I. Navy Pier 212.4</li> <li>2. Wm. Vrettos, U. of C. Acro..... 181.2</li> <li>3. Geo. Kalas, Sokol Havlicek..... 180.7</li> </ol> <p><b>HORIZONTAL BAR</b> points</p> <ol style="list-style-type: none"> <li>1. W. Rotzheim, U. of I. Navy Pier 44.3</li> <li>2. Wm. Vrettos, U. of C. Acro..... 41.0</li> <li>3. Geo. Kalas, Sokol Havlicek..... 37.1</li> </ol> <p><b>PARALLEL BARS</b> points</p> <ol style="list-style-type: none"> <li>1. W. Rotzheim, U. of I. Navy Pier 43.3</li> <li>2. Richard Kadison, U. of C. Acro 42.8</li> <li>3. Wm. Vrettos, U. of C. Acro..... 40.9</li> </ol> <p><b>SIDE HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. W. Rotzheim, U. of I. Navy Pier 42.8</li> <li>2. Lou Levitt, U. of C Acro..... 40.1</li> <li>3. Rbt. Matteo, U. of I. Navy Pier 37.4</li> </ol>	<p><b>LONG HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. W. Rotzheim, U. of I. Navy Pier 40.9</li> <li>2. Rbt. Feldmeir, U. of C. Acro..... 39.7</li> <li>3. Walter Sellos, U. of C. Acro..... 35.0</li> </ol> <p><b>RINGS</b> points</p> <ol style="list-style-type: none"> <li>1. Wally Baskovic, U. of C. Acro 43.1</li> <li>2. W. Rotzheim, U. of I. Navy Pier 41.1</li> <li>3. Richard Kadison, U. of C. Acro 40.7</li> </ol> <p><b>TUMBLING</b> points</p> <ol style="list-style-type: none"> <li>1. I. Bedard, U. of I. Navy Pier 40.2</li> <li>2. John Baethell, Unattached..... 32.0</li> <li>3. Al Ruda, Chase Park..... 26.4</li> </ol> <p><b>TRAMPOLINE</b> points</p> <ol style="list-style-type: none"> <li>1. Dick Cutting, U. of C. Acro..... 26.0</li> <li>2. Ralph Lindahl, New Trier H.S. 22.0</li> <li>3. L. Farris, U. of I. Champaign 19.0</li> </ol>
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### MEN'S SECOND DIVISION

<p><b>ALL-AROUND</b> points</p> <ol style="list-style-type: none"> <li>1. Richard Veseley, Chicago Sokol 311.3</li> <li>2. Tony Hlinka, Chicago Sokol.... 311.2</li> <li>3. Walter Seelos, U of C Acro..... 295.4</li> </ol> <p><b>HORIZONTAL BAR</b> points</p> <ol style="list-style-type: none"> <li>1. Rbt. Feldmeir, U of C Acro..... 62.9</li> <li>2. Tony Hlinka, Chicago Sokol.... 61.5</li> <li>3. John McCoy, U of C Acro..... 55.4</li> </ol> <p><b>PARALLEL BARS</b> points</p> <ol style="list-style-type: none"> <li>1. Rbt. Feldmeir, U of C Acro..... 73.1</li> <li>2. R. Veseley, Chicago Sokol..... 70.1</li> <li>3. Tony Hlinka, Chicago Sokol.... 68.0</li> <li>3. Jerry Hruska, Chicago Sokol.... 68.0</li> </ol>	<p><b>SIDE HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. Rbt. Keyes, U of C Acro..... 68.0</li> <li>2. Walter Seelos, U of C Acro..... 67.7</li> <li>3. R. Veseley, Chicago Sokol..... 62.3</li> </ol> <p><b>LONG HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. John McCoy, U of C Acro..... 62.3</li> <li>2. R. Veseley, Chicago Sokol.... 60.3</li> <li>3. Jack Oda, U of I Navy Pier.... 59.0</li> </ol> <p><b>RINGS</b> points</p> <ol style="list-style-type: none"> <li>1. Frank Bihlmayer, Navy Pier.... 67.3</li> <li>2. Tony Hlinka, Chicago Sokol.... 65.5</li> <li>3. R. Veseley, Chicago Sokol..... 65.1</li> </ol>
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Held at LaFollette Park Field House, April 19, 1948

### MEN'S FIRST DIVISION

<p><b>ALL-AROUND</b> points</p> <ol style="list-style-type: none"> <li>1. H. Hoving, U of I Navy Pier 109.85</li> <li>2. Carl Zapfe, Shedd Park..... 104.75</li> <li>3. Wm. Bukovsan, U of C Acro..... 101.85</li> </ol> <p><b>HORIZONTAL BAR</b> points</p> <ol style="list-style-type: none"> <li>1. Carl Zapfe, Shedd Park..... 22.75</li> <li>2. Herb Zapfe, Shedd Park..... 21.75</li> <li>3. H. Hoving, U of I Navy Pier 21.50</li> </ol> <p><b>PARALLEL BARS</b> points</p> <ol style="list-style-type: none"> <li>1. H. Hoving, U of I Navy Pier 22.00</li> <li>2. John Kocik, Sokol Tabor..... 20.75</li> <li>2. Milt Homolka, DePaul Univ... 20.75</li> </ol>	<p><b>SIDE HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. Tom Mosiej, U of C Acro..... 23.75</li> <li>2. Carl Zapfe, Shedd Park..... 22.50</li> <li>3. H. Hoving, U of I Navy Pier 22.25</li> </ol> <p><b>LONG HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. H. Homer, U of I Navy Pier 21.50</li> <li>2. Geo. Kuczereka, U of C Acro 21.25</li> <li>3. Wm. Bukovsan, U of C Acro 20.00</li> </ol> <p><b>RINGS</b> points</p> <ol style="list-style-type: none"> <li>1. Ed Wasserman, U of C Acro... 22.90</li> <li>2. H. Hoving, U of I Navy Pier 22.60</li> <li>3. John Mills, New Trier H.S.... 22.30</li> </ol>
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## METROPOLITAN ASS'N A.A.U. MEN SENIOR GYMNASTIC CHAMPIONSHIPS

Held on April 10, 1948 at New York Athletic Club

<p><b>CALISTHENICS</b> points</p> <ol style="list-style-type: none"> <li>1. V. D'Autorio, Swiss Gym Soc. 55.4</li> <li>2. E. Scrobe, D.A. Turners..... 51.4</li> <li>3. L. Hudecek, Sokol..... 49.5</li> </ol> <p><b>LONG HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. E. Scrobe, D.A. Turners..... 56.1</li> <li>2. L. Hudecek, Sokol..... 55.6</li> <li>3. J. Caffro, Jersey City Rec. .... 55.6</li> </ol> <p><b>SIDE HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. V. D'Autorio, Swiss Gym Soc. 55.4</li> <li>2. R. Habbitt, Jersey City Rec. .... 54.8</li> <li>3. E. Scrobe, D.A. Turners..... 54.5</li> </ol> <p><b>PARALLEL BAR</b> points</p> <ol style="list-style-type: none"> <li>1. E. Scrobe, D.A. Turners..... 57.4</li> <li>2. V. D'Autorio, Swiss Gym Soc. 53.6</li> <li>3. H. Hess, D.A. Turners..... 47.3</li> </ol> <p><b>HORIZONTAL BAR</b> points</p> <ol style="list-style-type: none"> <li>1. E. Scrobe, D.A. Turners..... 58.7</li> <li>2. V. D'Autorio, Swiss Gym Soc. 54.9</li> <li>3. J. Moran, D.A. Turners..... 45.5</li> </ol> <p><b>FLYING RINGS</b> points</p> <ol style="list-style-type: none"> <li>1. W. Buffa, West Side YMCA..... 56.6</li> <li>2. L. DiNicola, Jersey City Rec.... 54.0</li> <li>3. E. Scrobe, D.A. Turners..... 53.8</li> </ol>	<p><b>ALL-AROUND</b> points</p> <ol style="list-style-type: none"> <li>1. E. Scrobe, D.A. Turners..... 331.9</li> <li>2. V. D'Autorio, Swiss Gym Soc. 326.1</li> <li>3. L. Hudecek, Sokol..... 291.5</li> </ol> <p><b>ROPE CLIMB</b> secs.</p> <ol style="list-style-type: none"> <li>1. D. Paries, Jersey City Rec. .... 4.2</li> <li>2. L. DiNicola, Jersey City Rec. .... 4.5</li> <li>3. F. Fournies, Jersey City Rec.... 4.8</li> </ol> <p><b>TUMBLING</b> points</p> <ol style="list-style-type: none"> <li>1. R. McMullin, Jersey City Rec. 27.7</li> <li>2. G. Servance, Jersey City Rec. 26.2</li> <li>3. W. Lee, Jersey City Rec..... 25.4</li> </ol> <p><b>INDIAN CLUBS</b> points</p> <ol style="list-style-type: none"> <li>1. G. Gore, Jersey City Rec..... 27.8</li> <li>2. F. Fournies, Jersey City Rec. 26.4</li> <li>3. G. Servance, Jersey City Rec. 25.0</li> </ol> <p><b>TEAM CHAMPIONSHIP</b> points</p> <ol style="list-style-type: none"> <li>1. Jersey City Dept. of Recreation 83.5</li> <li>2. D. A. Turn Verein..... 45.0</li> <li>3. Swiss Gym. Society, H.C. .... 27.0</li> </ol>
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## METROPOLITAN ASS'N A.A.U. MEN JUNIOR GYMNASTIC CHAMPIONSHIPS

Held at Bohemian Gymnastic Ass'n. Sokol, on March 12, 1948

<p><b>CALISTHENICS</b> points</p> <ol style="list-style-type: none"> <li>1. G. Servance, Jersey City Rec. 28.1</li> <li>2. Paul Bastian, Jersey City Rec. .... 26.7</li> <li>3. A. Karel, Sokol..... 26.4</li> <li>3. P. Bastian, N.Y. Turners..... 26.4</li> </ol> <p><b>LONG HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. F. Kveton, Sokol..... 55.5</li> <li>2. John Nicolas, New York AC.... 52.6</li> <li>3. Richard Hess, D.A. Turners... 51.1</li> </ol> <p><b>SIDE HORSE</b> points</p> <ol style="list-style-type: none"> <li>1. John Moran, D.A. Turners..... 52.8</li> <li>2. J. Wheaton, Jersey City Rec. 52.5</li> <li>3. Arthur Karel, Sokol..... 51.4</li> </ol> <p><b>PARALLEL BAR</b> points</p> <ol style="list-style-type: none"> <li>1. John Nicolas, New York AC .... 53.1</li> <li>2. John Quebedo, New York AC 51.2</li> <li>3. Frank Kveton, Sokol..... 51.0</li> <li>3. Dave Charney, West Side Y.... 51.0</li> </ol> <p><b>HORIZONTAL BAR</b> points</p> <ol style="list-style-type: none"> <li>1. Frank Dwyer, D.A. Turners... 53.0</li> <li>2. Arthur Karel, Sokol..... 51.7</li> <li>3. F. Zinkewitz, Vorwaerts Turner 51.1</li> </ol>	<p><b>FLYING RINGS</b> points</p> <ol style="list-style-type: none"> <li>1. L. DiNicola, Jersey City Rec. 54.6</li> <li>2. Paul Bastian, N.Y. Turners.... 52.1</li> <li>3. Arthur Karel, Sokol..... 52.1</li> </ol> <p><b>ALL-AROUND</b> points</p> <ol style="list-style-type: none"> <li>1. Arthur Karel, Sokol..... 286.1</li> <li>2. Richard Hess, D.A. Turners... 274.7</li> <li>3. Frank Dwyer, D.A. Turners 274.2</li> </ol> <p><b>TUMBLING</b> points</p> <ol style="list-style-type: none"> <li>1. R. McMullin, Jersey City Rec. 26.5</li> <li>2. G. Servance, Jersey City Rec. 26.0</li> <li>3. C. Cumello, Jersey City Rec.... 23.7</li> </ol> <p><b>INDIAN CLUBS</b> points</p> <ol style="list-style-type: none"> <li>1. G. Gore, Jersey City Rec. .... 26.5</li> <li>2. F. Fournies, Jersey City Rec. .... 25.0</li> <li>3. W. Kaps, Jersey City Rec..... 24.1</li> </ol> <p><b>ROPE CLIMB</b> secs.</p> <ol style="list-style-type: none"> <li>1. D. Paries, Jersey City Rec. .... 4.6</li> <li>2. R. Sullivan, Jersey City Rec.... 5.0</li> <li>3. F. Fournies, Jersey City Rec. 5.6</li> </ol> <p><b>TEAM CHAMPIONSHIP</b> points</p> <ol style="list-style-type: none"> <li>1. Jersey City Dept. of Recreation 85</li> <li>2. Sokol, Bohemian Gym. Ass'n. 36</li> <li>3. D.A. Turn Verein..... 28</li> </ol>
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### MIDDLE ATLANTIC A.A.U. SENIOR GYMNAS TIC CHAMPIONSHIPS

Held at Philadelphia Turner, April 16, 1948

<b>SIDE HORSE</b> points	<b>FLYING RINGS</b> points
1. Carl Patterson, Phila. Turners... 489	1. Ray Reiff, Unattached ..... 522
2. Joe Berenato, Temple Univ. .... 487	2. C. Hainsworth, Germantown Y 499
3. W. Blattman, Navy Olympics... 484	3. Joseph Taylor, Phila. Turners... 491
<b>PARALLEL BAR</b> points	<b>TUMBLING</b> points
1. Lou Bordo, Phila. Turners..... 518	1. Robert Stout, Temple Univ. .... 282
1. Bob Stout, Temple Univ. .... 518	2. Bob McKinny, Temple Univ. .... 280
3. Sol Small, Germantown Y ..... 512	3. Carl Zeiner, Lower Merion ..... 251
<b>HORIZONTAL BAR</b> points	
1. Bob Stout, Temple Univ. .... 525	
2. W. Blattman, Navy Olympics... 447	
3. Sol Small, Germantown Y ..... 432	

### MIDDLE ATLANTIC A.A.U. JUNIOR GYMNAS TIC CHAMPIONSHIPS

Held at Germantown YMCA, March 31, 1948

<b>SIDE HORSE</b> points	<b>FLYING RINGS</b> points
1. Joe Berenato, Temple Univ. .... 287	1. Joseph Taylor, Phila. Turners... 265
2. Robert Miles, Germantown Y ... 270	2. John Miles, Germantown Y ..... 240
3. Larry Jamieson, Lower Merion 223	3. Wm. Winneberger, Temple U.... 235
<b>HORIZONTAL BAR</b> points	<b>TUMBLING</b> points
1. Gene Zeiner, Lower Merion ... 270	1. Robert McKinny, Temple Univ. 267
2. Robert McKinny, Temple Univ. 263	2. W. Marcus, Temple Univ. .... 262
3. George Carter, Lower Merion.... 246	3. Gene Zeiner, Lower Merion..... 261
<b>PARALLEL BAR</b> points	
1. Gene Zeiner, Lower Merion ..... 237	
2. Stanley Levin, Dobbins ..... 223	
3. Domenick Tursi, Germantown Y 222	

### NORTHEASTERN OHIO ASS'N SENIOR GYMNAS TIC CHAMPIONSHIPS

Held at East High School, Cleveland, Ohio, April 8, 1948

<b>PARALLEL BARS</b> points	<b>CALISTHENICS</b> points
1. Joseph Kotys, Swiss ..... 56.4	1. Joseph Kotys, Swiss ..... 29.4
2. Norman Elder, Akron Y ..... 55.9	2. Norman Elder, Akron Y ..... 27.3
3. Walter Bijak, Swiss ..... 53.5	3. Walter Bijak, Swiss ..... 26.1
4. Bryan Lynch, Swiss ..... 46.9	4. Bryan Lynch, Swiss ..... 25.2
<b>HORIZONTAL BAR</b> points	<b>TUMBLING</b> points
1. Joseph Kotys, Swiss ..... 25.7	1. Joseph Kotys, Swiss
2. Walter Bijak, Swiss ..... 25.3	2. Norman Elder, Akron Y
3. Norman Elder, Akron Y ..... 23.8	3. Ernie Rowland, Univ. of Akron
4. Bryan Lynch, Swiss ..... 22.0	4. George Waickman, Akron Y
<b>FLYING RINGS</b> points	<b>ROPE CLIMB</b> points
1. Joseph Kotys, Swiss ..... 53.3	1. Walter Bijak, Swiss
2. Norman Elder, Akron Y ..... 51.3	2. Bryan Lynch, Swiss
2. Walter Bijak, Akron Y ..... 50.3	3. Ernie Rowland, Univ. of Akron
4. Bryan Lynch, Swiss ..... 33.6	
<b>SIDE HORSE</b> points	<b>ALL-AROUND</b> points
1. Joseph Kotys, Swiss ..... 52.3	1. Joseph Kotys, Swiss ..... 272.2
2. Walter Bijak, Swiss ..... 45.2	2. Norman Elder, Akron Y ..... 250.9
3. Norman Elder, Akron Y ..... 42.1	3. Walter Bijak, Swiss ..... 247.9
4. Bryan Lynch, Swiss ..... 33.2	4. Bryan Lynch, Swiss ..... 206.8
<b>LONG HORSE</b> points	<b>TEAM CHAMPIONSHIP</b> points
1. Joseph Kotys, Swiss ..... 55.1	1. Swiss ..... 133
2. Norman Elder, Akron Y ..... 50.5	2. Akron Y ..... 78
3. Walter Bijak, Swiss ..... 47.5	3. Sokol Tyrs ..... 18
4. Bryan Lynch, Swiss ..... 45.9	

### NORTHEASTERN OHIO ASS'N NOVICE GYMNAS TIC CHAMPIONSHIPS

Held at East High School, Cleveland, Ohio, April 8, 1948

<b>PARALLEL BARS</b> points	<b>ALL-AROUND</b> points
John Brada, Sokol ..... 56.7	1. Clarence Treckiak, Swiss ..... 253.8
George Waickman, Akron Y ... 54.0	2. George Waickman, Akron Y ... 248.1
Karl Burst, Swiss ..... 52.7	3. Donald Mitchell, Swiss ..... 241.3
<b>HORIZONTAL BAR</b> points	4. Robert Hedenberg, Akron Y ... 230.2
John Brada, Sokol ..... 56.8	5. Chester Stroemple, Akron Y.... 229.0
Robert Hedenberg, Akron Y ... 50.3	
Clarence Treckiak, Swiss ..... 48.8	<b>EXCELLENT RATING</b>
<b>FLYING RINGS</b> points	1. James Maholtz, Girard High
Charles Winder, C.E.S.T. .... 54.3	2. Sam Marorano, Girard High
Donald Mitchell, Swiss ..... 50.9	3. Rommy Ritter, Girard High
Clarence Treckiak, Swiss ..... 50.6	4. Clifford Nemecek, Sokols
<b>SIDE HORSE</b> points	<b>GOOD RATING</b>
Donald Mitchell, Swiss ..... 52.1	1. Norman Weaver, Girard High
Clarence Treckiak, Swiss ..... 50.5	2. Kenny Knauff, Girard High
John Brada, Sokol ..... 50.1	3. Edward Elert, Girard High
<b>LONG HORSE</b> points	
George Waickman, Swiss ..... 54.6	
Ernie Rowland, U. of Akron 47.2	
Renny Knauff, Girard High ... 44.3	

### OZARK ASSOCIATION A.A.U. GYMNAS TIC CHAMPIONSHIPS

Held at the North Side YMCA, St. Louis, April 23, 1948

	<b>FIRST GRADE</b>	
<b>PARALLEL BARS</b> points	<b>SIDE HORSE</b> points	
Gene McCullough ..... 18.57	1. Oliver Byerly ..... 17.8	
Kenneth Tebbe ..... 18.47	2. Dick Massey ..... 17.7	
Don Knickmeyer ..... 18.33	3. Gene McCullough ..... 17.4	
Dick Massey ..... 18.17	4. Don Knickmeyer ..... 16.7	
Oliver Byerly ..... 16.77	5. Kenneth Tebbe ..... 15.9	
<b>HORIZONTAL BAR</b> points	<b>ALL-AROUND</b> points	
Gene McCullough ..... 17.47	1. Gene McCullough ..... 53.44	
Dick Massey ..... 16.94	2. Dick Massey ..... 52.81	
Kenneth Tebbe ..... 16.33	3. Oliver Byerly ..... 50.81	
Oliver Byerly ..... 16.24	4. Kenneth Tebbe ..... 50.7	
Don Knickmeyer ..... 15.3	5. Don Knickmeyer ..... 50.33	
<b>PARALLEL BARS</b> points	<b>SECOND GRADE</b>	
Edward Weber ..... 19.14	<b>SIDE HORSE</b> points	
Gene Clarke ..... 18.98	1. Edward Weber ..... 19.13	
Frank Bare ..... 18.57	2. Gene Clarke ..... 18.07	
F. A. Munder ..... 18.5	3. Richard Steiner ..... 18.04	
Richard Steiner ..... 17.87	4. Frank Bare ..... 18.00	
<b>HORIZONTAL BAR</b> points	5. F. A. Munder ..... 17.04	
Gene Clarke ..... 17.14	<b>ALL-AROUND</b> points	
F. A. Munder ..... 16.5	1. Gene Clarke ..... 54.19	
Richard Steiner ..... 16.37	2. Edward Weber ..... 53.11	
Frank Bare ..... 16.07	3. Frank Bare ..... 52.64	
Edward Weber ..... 14.84	4. Richard Steiner ..... 52.28	
	5. F. A. Munder ..... 52.11	



THIRD GRADE

PARALLEL BARS	points
1. Gil Brinkmeyer .....	18.63
2. Charles Evans .....	18.57
3. Tom Gardner .....	18.4
HORIZONTAL BAR	points
1. Gil Brinkmeyer .....	17.87
2. Tom Gardner .....	17.7
3. Charles Evans .....	15.77
SIDE HORSE	points
1. Gil Brinkmeyer .....	17.77
2. Tom Gardner .....	17.56
3. Charles Evans .....	17.5

ALL-AROUND	points
1. Gil Brinkmeyer .....	54.27
2. Tom Gardner .....	53.60
3. Charles Evans .....	51.94

TEAM CHAMPIONSHIP	points
1. Blewett High School .....	21.5
2. North Side YMCA .....	21.0

PACIFIC ASSOCIATION A.A.U. SENIOR GYMNAS TIC CHAMPIONSHIPS  
Held at San Francisco, California, Central YMCA, May 21, 1948

HORIZONTAL BAR
1. John Gardner, Olympic Club
2. Tom Humphry, San Jose State Coll.
3. John Weber, Central YMCA

PARALLEL BARS
1. Tom Ballew, Oakland YMCA
2. Steve Varga, UC Gym Club
3. Edward Kueffer, UC Gym Club

LONG HORSE
1. James Warren, Central YMCA
2. Robert Bressler, Central YMCA
3. Edward Kueffer, UC Gym Club

SIDE HORSE
1. John Ausman, Univ. of Calif. Edward Kueffer, UC Gym Club
3. John Weber, Central YMCA

RINGS
1. James Warren, Central YMCA
2. Steve Toledo, Fremont High School
3. Tom Ballew, Oakland YMCA

CALISTHENICS
1. Edward Kueffer, UC Gym Club
2. James Warren, Central YMCA
3. Tom Ballew, Oakland YMCA

ALL-AROUND
1. James Warren, Central YMCA
2. Ed Kueffer, UC Gym Club
3. Tom Ballew, Oakland YMCA

ROPE CLIMB
1. Jerome Horwitz, Univ. of Calif.
2. William Madsen, Univ. of Calif.
3. W. C. Hanson, Olympic Club

TUMBLING
1. George O'Connor, Univ. of Calif.
2. G. Pralta, Golden West YMCA

TEAM CHAMPIONSHIP	points
1. Central YMCA .....	50
2. U. C. Gym Club .....	28
3. Oakland YMCA .....	25

PACIFIC ASSOCIATION A.A.U. JUNIOR GYMNAS TIC CHAMPIONSHIPS  
Held at San Francisco, California, Central YMCA, March 19, 1948

HORIZONTAL BAR
1. James Warren, Central YMCA
2. Frank Neu, Central YMCA
3. Steve Toledo, Fremont High School

PARALLEL BARS
1. James Warren, Central YMCA
2. Steve Toledo, Fremont High School
3. E. Christiansen, Fremont H. S.

LONG HORSE
1. Frank Neu, Central YMCA
2. E. Christiansen, Fremont H. S.
3. Steve Toledo, Fremont High School

SIDE HORSE
1. Garret Wright, Olympic Club
2. James Warren, Central YMCA
3. E. Christiansen, Fremont H. S.

RINGS
1. James Warren, Central YMCA
2. Steve Toledo, Fremont High School
3. E. Christiansen, Fremont H. S.

ALL-AROUND
1. James Warren, Central YMCA
2. E. Christiansen, Fremont H. S.
3. Skippy Sahlin, Fremont H. S.

ROPE CLIMB
1. Clarence Knight, Stanford Univ.
2. Irwin Faria, Mt. Diablo High School
3. E. Christiansen, Fremont H. S.

TUMBLING
1. Stuart Elliott, Stanford Univ.
2. Jack Alberti, Fremont High School
3. Frank Rossi, Mt. Diablo High School

TEAM CHAMPIONSHIP
1. Fremont High School
2. Central YMCA
3. Olympic Club

ROCKY MOUNTAIN ASSOCIATION A.A.U. GYMNAS TIC CHAMPIONSHIPS  
Held at Colorado State College, Greeley Colorado, April 6, 1948

SIDE HORSE
Jack Woolery, Colo. State College
Melvin Beckett, Colo. Univ.
Wesley Karlson, Colo. Univ.

HORIZONTAL BAR
Al Hughes, Colo. Univ.
Keith Nesladek, Colo. Univ.
Bill Holmes, East H.S., Denver

PARALLEL BARS
Don Potter, Colo. State College
Walter Scheibner, Wyoming Univ.
Gene Schearer, Colo. Univ.

LONG HORSE
Dale Henderson, Colo. State College
Jack Woolery, Colo. State College
Bill Haase, Pentagon Club

FLYING RINGS
1. Jimmie Kyle, Unattached
2. Gene Schearer, Colo. Univ.
3. Keith Nesladek, Colo. Univ.

ROPE CLIMB
1. Don Potter, Colo. State College
1. Jack Woolery, Colo. State College
1. Melvin Beckett, Colo. Univ.

TUMBLING
1. Jimmy Kyle, Unattached
2. Gene Fenno, Colo. State College
3. Bill Hasse, Pentagon Club

TEAM CHAMPIONSHIP
Colorado State College

ALL-AROUND
Don Potter, Colo. State College

SOUTHEASTERN ASSN A.A.U. NOVICE GYMNAS TIC CHAMPIONSHIPS  
Held at Georgia Tech., May 8, 1948

PARALLEL BARS	points
H. Harwell, Georgia Tech .....	53.1
F. King, Georgia Tech .....	51.7
P. Waner, Duke University .....	51.5

HORIZONTAL BAR	points
H. Rothfuss, Georgia Tech .....	50.8
F. Garner, Georgia Tech .....	49.9
H. LeGette, Georgia Tech .....	49.3

FLYING RINGS	points
H. Gunter, Georgia Tech .....	55.3
H. Lockwood, G.M.A. ....	50.3
H. Houk, Duke Univ. ....	45.8

TUMBLING	points
H. Anderson, Georgia Tech ....	47.7
G. Ferrell, Georgia Tech .....	47.1
H. Hirshberg, Univ. of Georgia	47.1

ROPE CLIMB	secs.
1. S. Bowes, Georgia Tech .....	5.7
2. F. Wolf, Georgia Tech .....	6.0
3. P. Waner Jr., Duke University	6.5

ALL-AROUND	points
1. R. Lockwood, G.M.A. ....	194.0
2. M. Trevino, Georgia Tech .....	189.6
3. R. Gunter, Georgia Tech .....	182.5

TEAM CHAMPIONS	points
1. Georgia Tech .....	88-5/6
2. Georgia Military Academy....	20-2/3
3. Duke University .....	16-2/3

SOUTHERN ASSOCIATION A.A.U. SENIOR GYMNAS TIC CHAMPIONSHIPS  
Held at New Orleans, La., May 5 - 6, 1948

FREE CALISTHENICS
Al Kopp, NOAC
Herb Landry, LSU
Mahlon Wetmore, NOAC

INDIAN CLUBS
1. Albert DeBen, NOAC
2. Maurice Couturie, NOAC
3. Cyril Murphy, NOAC
4. John Hicks, YMCA

RINGS
Al Kopp, NOAC
Herbert Landry, LSU
Jack Gry, NOAC
Ed. Bertoneau, NOAC

PARALLEL BAR
1. Al Kopp, NOAC
2. Herbert Landry, LSU
3. Sam Fazzo, NOAC
4. James Knobloch, NOAC



### HORIZONTAL BAR

1. Al Kopp, NOAC
2. Herbert Landry, LSU
3. Ralph Dusse, NOAC
4. Mahlon Wetmore, NOAC

### SIDE HORSE

1. Herbert Landry, LSU
2. Ralph Dusse, NOAC
3. Al Kopp, NOAC
4. Sam Fazzio, NOAC

### LONG HORSE

1. Herbert Landry, LSU
2. Al Kopp, NOAC
3. Ralph Dusse, NOAC
4. Ed. Bertoneau, NOAC

### TUMBLING

1. George Wagner, NOAC
2. Herbert Landry, NOAC
3. John Hicks, YMCA
4. Al Kopp, NOAC

### ROPE CLIMBING

1. Eddie Stahel, NOAC
2. Jack Gray, NOAC
3. Sam Fazzio, NOAC
4. E. J. Bein, Jr.

### TEAM SCORING

- |                               |    |
|-------------------------------|----|
| 1. New Orleans Athletic Club  | 62 |
| 2. Louisiana State University | 22 |
| 3. Y M C A                    | 4  |

### ALL- AROUND CHAMPIONSHIP

- |                      |     |
|----------------------|-----|
| Al Kopp, NOAC        | 247 |
| Herbert Landry, LSU  | 240 |
| Mahlon Wetmore, NOAC | 178 |

## SOUTHERN ASSOCIATION A.A.U. JUNIOR GYMNASIIC CHAMPIONSHIPS

Held at New Orleans, La., May 5 - 6, 1948

### FREE CALISTHENICS

1. Mahlen Wetmore, NOAC
2. Ralph Dusse, NOAC

### RINGS

1. Perry Beall, NOAC
2. Ralph Dusse, NOAC
3. Charles Staunton, NOAC
4. Mahlen Wetmore, NOAC

### INDIAN CLUBS

1. Jack Hicks, YMCA
2. Charles Swindler, NOAC
3. Charles Staunton, NOAC

### PARALLEL BAR

1. Perry Beall, NOAC
2. Mahlon Wetmore, NOAC
2. Jack Gray, NOAC
4. Ralph Dusse, NOAC
5. Ed. Salzer, NOAC

### HORIZONTAL BAR

1. Ralph Dusse, NOAC
2. Charles Dexter, YMCA
3. Mahlon Wetmore, NOAC

### SIDE HORSE

1. Mahlon Wetmore, NOAC
2. Jack Gray, NOAC

### LONG HORSE

1. John Hicks, YMCA
2. Ed Salzer, NOAC
3. Mahlon Wetmore, NOAC

### TUMBLING

1. George Wagner, NOAC
2. Mahlon Wetmore, NOAC
3. John Anderson, NOAC

### ROPE CLIMBING

1. Charles Dexter, YMCA
2. John Fairleigh, YMCA
3. Ed Salzer, NOAC
4. Charles Swindler, NOAC

### ALL- AROUND CHAMPIONSHIP

- |                         |     |
|-------------------------|-----|
| 1. Ralph Dusse, NOAC    | 219 |
| 2. Mahlon Wetmore, NOAC | 186 |

### TEAM SCORING

- |                              |    |
|------------------------------|----|
| 1. New Orleans Athletic Club | 62 |
| 2. Y M C A                   | 21 |

## SOUTHWESTERN ASS'N A.A.U. JUNIOR GYMNASIIC CHAMPIONSHIPS

Held at the Dallas Athletic Club, April 17, 1948

- | ROPE CLIMB                 | secs. |
|----------------------------|-------|
| Isaac Silas, San Antonio Y | 9.9   |
| Bill Jessup, Dallas Y      | 10.3  |
| Jimmy Carlyle, Dallas AC   | 10.9  |

- | SIDE HORSE                 | points |
|----------------------------|--------|
| Bill Jessup, Dallas Y      | 42.5   |
| Bob Chesak, El Paso Y      | 41.4   |
| Darrell Williams, Dallas Y | 40.3   |

- | FLYING RINGS             | points |
|--------------------------|--------|
| Bill Stephens, Dallas AC | 50.8   |
| Bill Jessup, Dallas Y    | 47.8   |
| Jim Carlyle, Dallas AC   | 46.6   |

- | HORIZONTAL BAR             | points |
|----------------------------|--------|
| Darrell Williams, Dallas Y | 46.5   |
| Bill Jessup, Dallas Y      | 42.0   |
| Leslie Fixler, Dallas Y    | 41.8   |

- | LONG HORSE                 | points |
|----------------------------|--------|
| Leslie Fixler, Dallas Y    | 51.6   |
| Darrell Williams, Dallas Y | 47.1   |
| Bruce Bixler, El Paso Y    | 46.6   |

- | PARALLEL BAR             | points |
|--------------------------|--------|
| 1. Bob Chesak, El Paso Y | 47.7   |
| 2. Bill Jessup, Dallas Y | 45.4   |
| 3. Jack Allen, El Paso Y | 43.6   |

- | TUMBLING                     | points |
|------------------------------|--------|
| 1. Dick Browning, Unattached | 28.4   |
| 2. Leslie Fixler, Dallas Y   | 22.9   |
| 3. Tommy Malone, Ft. Worth   | 21.3   |

- | TRAMPOLINE                    | points |
|-------------------------------|--------|
| 1. Lewis Almon, Dallas AC     | 27.6   |
| 2. Baxter Ragsdale, Dallas AC | 24.4   |
| 3. Bruce Bixler, El Paso Y    | 22.3   |

- | ALL-AROUND                    | points |
|-------------------------------|--------|
| 1. Bill Jessup, Dallas Y      | 59.23  |
| 2. Bob Chesak, El Paso Y      | 56.27  |
| 3. Darrell Williams, Dallas Y | 55.68  |

- | TEAM CHAMPIONSHIP       | points |
|-------------------------|--------|
| 1. Dallas Central YMCA  | 89     |
| 2. El Paso YMCA         | 44     |
| 3. Dallas Athletic Club | 28     |

## SOUTHWESTERN ASS'N A.A.U. SENIOR GYMNASIIC CHAMPIONSHIPS

Held at the Dallas Athletic Club, April 17, 1948

- | ROPE CLIMB                   | secs. |
|------------------------------|-------|
| John Cress, San Antonio Y    | 10.0  |
| Isaac Silas, San Antonio Y   | 10.1  |
| Ferdinand Chapal, Unattached | 13.6  |

- | SIDE HORSE                   | points |
|------------------------------|--------|
| Darrell Williams, Dallas Y   | 38.0   |
| Ferdinand Chapal, Unattached | 36.5   |
| John Cress, San Antonio Y    | 29.8   |

- | FLYING RINGS                 | points |
|------------------------------|--------|
| John Cress, San Antonio Y    | 53.7   |
| Bill Stephens, Dallas AC     | 46.5   |
| Ferdinand Chapal, Unattached | 36.2   |

- | HORIZONTAL BAR                | points |
|-------------------------------|--------|
| John Cress, San Antonio Y     | 54.0   |
| Darrell Williams, Dallas Y    | 44.5   |
| Robert Herrera, San Antonio Y | 39.3   |

- | LONG HORSE                | points |
|---------------------------|--------|
| John Cress, San Antonio Y | 55.2   |
| Leslie Fixler, Dallas Y   | 52.7   |

- | PARALLEL BAR                    | points |
|---------------------------------|--------|
| 1. John Cress, San Antonio Y    | 50.6   |
| 2. Bob Chesak, El Paso Y        | 48.5   |
| 3. Ferdinand Chapal, Unattached | 37.8   |

- | TUMBLING                     | points |
|------------------------------|--------|
| 1. Paul Chapman, Dallas AC   | 27.3   |
| 2. Dick Browning, Unattached | 22.6   |
| 3. Leslie Fixler, Dallas Y   | 19.9   |

- | TRAMPOLINE                    | points |
|-------------------------------|--------|
| 1. Skippy Browning, Dallas AC | 27.9   |
| 2. Eddie Tilley, Amarillo     | 23.7   |
| 3. Joe Slocum, Jr., Dallas AC | 23.5   |

- | ALL-AROUND                      | points |
|---------------------------------|--------|
| 1. John Cress, San Antonio Y    | 62.7   |
| 2. Ferdinand Chapal, Unattached | 44.1   |

- | TEAM CHAMPIONSHIP       | points |
|-------------------------|--------|
| 1. San Antonio YMCA     | 55     |
| 2. Dallas Athletic Club | 26     |
| 3. Dallas Central YMCA  | 24     |



**NORTHWEST GYMNASTIC CHAMPIONSHIPS**  
Held at the University of Minnesota, February 28, 1948

- HORIZONTAL BAR**  
1. Wm. Roetzheim, Chicago Navy Pier  
1. James Peterson, U. of Minn.  
3. Joe Calvetti, Illinois

- PARALLEL BARS**  
1. Wm. Roetzheim, Chicago Navy Pier  
2. Robert Matteo, Chicago Navy Pier  
3. Don Hedstrom, Minnesota

- SIDE HORSE**  
1. Vito Zinzi, Illinois  
2. G. Patten, Minnesota  
3. R. Linder, Illinois

- FLYING RINGS**  
1. Don Hedstrom, Minnesota  
1. George Patten, Minnesota  
3. Joe Harrington, Illinois

- TUMBLING**  
1. Irving Bedard, Chicago Navy Pier  
2. George Patten, Minnesota  
3. Don Von Ebers, Illinois

- ALL-AROUND**  
1. George Patten, Minnesota  
2. Wm. Roetzheim, Chicago Navy Pier  
3. James Peterson, U. of Minnesota  
4. John Fina, Illinois

- TEAM CHAMPIONSHIP**  
1. University of Minnesota  
2. University of Illinois  
3. Chicago Navy Pier

**AMERICAN TURNERS 37th NATIONAL FESTIVAL**  
Held at St. Louis, Mo., June 30 to July 4, 1948

**MEN DIVISION**

- ALL-AROUND—Upper Grade pts.**  
Paul Bastian, N. Y. Turners..... 55.45
- ALL-AROUND—Lower Grade pts.**  
Edwin Reisig, Buffalo Turners.... 53.65

- ALL-AROUND—Middle Grade pts.**  
Al Weis, Concordia St. Louis..... 54.40

**WOMEN DIVISION**

- ALL-AROUND—Upper Grade pts.**  
Marie Hoesly, Madison Turners.. 38.40
- ALL-AROUND—Lower Grade pts.**  
S. Obermiller, Clinton Turners.. 36.15

**SENIOR MEN DIVISION**

- AGE 30**  
Vincent Buehler, N. Y. Turners. 36.45
- AGE 50**  
H. Wurth, Schenectady Turners 36.55

- AGE 40**  
Joseph Stahl, Bronx Turners.... 38.05

**SOCIETY COMPETITION**

- GROUP 1**  
1. Concordia St. Louis Turners  
2. Cleveland S.T.V. Turners  
3. Moline Turners

- GROUP 2**  
1. North St. Louis Turners  
2. New York Turners  
3. Monongahela Turners

- GROUP 3**  
1. Milwaukee Turners  
2. Bronx Turners  
3. Forward Chicago Turners

**TEAM DRILL COMPETITION**

- GROUP 1**  
1. Concordia St. Louis ..... 28.00  
2. Louisville, Ky. .... 26.50  
3. Syracuse Turners ..... 25.50
- GROUP 3**  
1. Milwaukee Turners ..... 27.12  
2. Brooklyn Turners ..... 25.12  
3. Cincinnati Turners ..... 25.12  
3. Bronx Turners ..... 24.37

- GROUP 2**  
1. Monongahela, Pa. .... 24.75  
2. New York Turners ..... 24.62  
2. Lincoln Turners, Chicago ..... 24.62  
3. Springfield, Mass. .... 22.87

**AMERICAN SOKOL ORGANIZATION CHAMPIONSHIPS—MEN**

**NORTHEASTERN DISTRICT**

- JUNIOR BOYS**  
1. Adams Mitchell, Tyrs, Cleveland  
2. Michael Di Rose, Cleveland  
3. Henry Beardsley, Tyrs, Cleveland

**CENTRAL DISTRICT**

- JUNIOR BOYS—HIGH DIVISION**  
1. H. Hoving, Sokol, Chicago  
2. R. Pozesky, Sokol, Chicago  
3. G. Zdenek, Sokol, Chicago  
3. J. A. Hai, Sokol, Town of Lake

- JUNIOR BOYS—LOW DIVISION**  
1. F. Cech, Havlicek Tyrs, Chicago  
2. G. Pytelka, Sokol Tyrs, Berwyn, Ill.  
3. F. Pliml, Sokol Slavsky, Cicero, Ill.

- JUNIOR BOYS—HIGH DIVISION**  
1. Hlinka, Sokol, Chicago  
2. Kala, Havlicek Tyrs, Chicago  
3. Hruska, Sokol, Chicago

**EASTERN DISTRICT**

- JUNIOR BOYS—LOW DIVISION**  
1. R. Hejducek, Sokol, New York City  
2. R. Zuzula, Fuegner, New York City  
2. R. Kotmel, Sokol, L. I. City, N.Y.  
3. M. Hejtmanek, Fuengner, L. I. City

- JUNIOR BOYS—HIGH DIVISION**  
1. Rveton, Sokol, New York City  
2. Holecck, Sokol, New York City  
3. Hudecek, Sokol, New York City

**WESTERN DISTRICT**

- JUNIOR BOYS**  
1. G. Stych, Sokol, Cedar Rapids  
2. E. Hermansky, Sokol, South Omaha  
3. A. Jirka, Sokol, South Omaha

- JUNIOR BOYS—LOW DIVISION**  
1. Albert Pokorny, Sokol, Baltimore  
2. Arthur Pokorny, Sokol, Baltimore  
3. Edmund Pokorny, Sokol, Baltimore

- JUNIOR BOYS—HIGH DIVISION**  
1. Polehna, Sokol, Cedar Rapids  
2. Petrzalek, Sokol, Cedar Rapids  
3. Pazour, Sokol, Cedar Rapids

**AMERICAN SOKOL ORGANIZATION CHAMPIONSHIPS—WOMEN**

**NORTHEASTERN DISTRICT**

- JUNIOR GIRLS—HIGH DIVISION**  
1. M. Kozelluh, Nova Vlast, Cleveland  
2. R. Prchlik, Nova Vlast, Cleveland  
3. J. Hladik, Sokol Tyrs, Cleveland

- JUNIOR GIRLS—LOW DIVISION**  
1. E. Brabence, Nova Vlast, Cleveland  
2. J. Libal, Nova Vlast, Cleveland  
3. H. Matus, Nova Vlast, Cleveland



**CENTRAL DISTRICT**

- WOMEN—INTERMEDIATE DIV.**  
 1. A. Vydra, Sokol, Berwyn, Ill.  
 2. L. Adam, Havlicek Tyrs, Chicago  
 3. N. Sramek, Sokol, Chicago

- WOMEN—LOW DIVISION**  
 1. D. Washik, Sokol, Milwaukee, Wisc.  
 2. J. Zemanek, Tabor, Berwyn, Ill.  
 2. J. Hajek, Sokol, Chicago

- JUNIOR GIRLS—HIGH DIVISION**  
 1. E. Skopek, Tabor, Berwyn, Ill.  
 2. E. Husa, Havlicek Tyrs, Chicago  
 3. M. Belohlavek, Tabor, Berwyn, Ill.

- JUNIOR GIRLS—LOW DIVISION**  
 1. R. Hennis, Town of Lake, Chicago  
 2. B. Cipra, Slavsky, Cicero, Ill.  
 3. A. Skrabel, Sokol, Chicago

**EASTERN DISTRICT**

- WOMEN—LOW DIVISION**  
 1. D. Segot, L. I. City, N. Y.  
 2. E. Voelkner, Baltimore  
 3. M. Pavlinek, New York City

- JUNIOR GIRLS—HIGH DIVISION**  
 1. G. Weber, New York City  
 2. J. Harazin, New York City  
 3. L. Bakanic, New York City

- JUNIOR GIRLS—LOW DIVISION**  
 1. C. Hajek, Curtis Bay  
 2. A. Popelar, New York City  
 3. L. Wanek, New York City

**WESTERN DISTRICT**

- JUNIOR GIRLS—HIGH DIVISION**  
 1. D. Cappock, Sokol, Omaha, Neb.  
 2. R. Nemecek, Sokol, Cedar Rapids  
 3. G. Hulac, Sokol, Omaha, Neb.

- JUNIOR GIRLS—INTERMEDIATE**  
 1. B. Kostka, Sokol, Wilber, Neb.  
 2. G. Fitzgerald, Sokol, Cedar Rapids  
 3. J. Heral, Sokol, Cedar Rapids

**SWISS-AMERICAN GYMNASTIC ASSOCIATION**

- APPARATUS—MEN**
- |                                 |       |
|---------------------------------|-------|
| 1. V. Craig, New York           | 91.30 |
| 2. F. Roethlisberger, Milwaukee | 91.20 |
| 3. C. Regna, Hudson County      | 85.95 |
| 4. G. Cadwell, Paterson         | 85.80 |

- MEN'S SENIOR (over 46 years)**
- |                                |       |
|--------------------------------|-------|
| 1. J. Rohner, San Francisco    | 43.50 |
| 2. M. Raeber, Milwaukee, Wisc. | 43.05 |
| 3. R. Meader, New York         | 41.00 |

- MEN'S SENIOR (40-45 years)**
- |                              |       |
|------------------------------|-------|
| 1. R. Hofman, Paterson, N.J. | 44.00 |
| 2. P. Dolder, San Francisco  | 41.10 |
| 3. F. Schenk, Cleveland      | 38.00 |

- LADIES APPARATUS**
- |                            |       |
|----------------------------|-------|
| 1. P. Wachter, Paterson    | 50.40 |
| 2. W. Staib, Paterson      | 50.00 |
| 3. E. Rattin, Monroe       | 51.10 |
| 4. D. Vogelsang, Cleveland | 50.00 |

**NEW YORK STATE H. S.—SECTION III GYMNASTIC CHAMPIONSHIP**  
 Held at Clinton, N. Y., April 10, 1948

- PARALLEL BARS** points
- |                          |     |
|--------------------------|-----|
| 1. W. Maier, Onondaga    | 361 |
| 2. W. Shanayda, U.F.A.   | 349 |
| 3. R. Mulherin, Eastwood | 345 |

- TUMBLING** points
- |                        |     |
|------------------------|-----|
| 1. A. Castano, Proctor | 339 |
| 2. W. Maier, Onondaga  | 335 |
| 3. W. Shanayda, U.F.A. | 321 |

- HIGH BAR** points
- |                       |     |
|-----------------------|-----|
| 1. J. Lytle, Onondaga | 333 |
| 2. Schuff, U.F.A.     | 327 |
| 3. W. Maier, Onondaga | 324 |

- ALL-AROUND** points
- |                          |      |
|--------------------------|------|
| 1. W. Maier, Onondaga    | 1000 |
| 2. W. Shanayda, U.F.A.   | 990  |
| 3. R. Mulherin, Eastwood | 980  |

- TEAM CHAMPIONSHIP**
- |                       |    |
|-----------------------|----|
| 1. Onondaga Valley    | 25 |
| 2. Utica Free Academy | 15 |
| 3. Proctor            | 14 |
| 4. Eastwood           | 7  |

**National A.A.U. Gymnastic Champions**

**ALL-AROUND**

- |      |   |
|------|---|
| 1945 | Frank Cumiskey, Swiss Gym Soc.                    |
| 1946 | Frank Cumiskey, Swiss Gym Soc.                    |
| 1947 | Frank Cumiskey, Swiss Gym Soc.                    |
| 1948 | Edward Scrobe, New York T.V.                      |
| 1921 | Curtis Rottman, New York T.V.                     |
| 1922 | B. Jorgensen, Norwegian Turn Society              |
| 1923 | Alfred Jochim, Swiss T.V.                         |
| 1924 | Frank Kriz, Bohemian Gym. Ass'n Sokol             |
| 1925 | E. Preiss, A.G.U. College, Ind.                   |
| 1926 | Paul Krempel, Los Angeles A.C.                    |
| 1927 | Paul Krempel, Los Angeles A.C.                    |
| 1928 | Alfred Jochim, Swiss T.V.                         |
| 1929 | Alfred Jochim, Swiss T.V.                         |
| 1930 | Alfred Jochim, Swiss T.V.                         |
| 1931 | Alfred Jochim, Swiss T.V.                         |
| 1932 | Alfred Jochim, Swiss T.V.                         |
| 1933 | Alfred Jochim, Swiss T.V.                         |
| 1934 | Alfred Jochim, Swiss T.V.                         |
| 1935 | Frank Cumiskey, Swiss T.V.                        |
| 1936 | Fred H. Meyer, New York T.V.                      |
| 1937 | George Wheeler, First U.P. Com. House, Pittsburgh |
| 1938 | George Wheeler, First U.P. Com. House, Pittsburgh |
| 1939 | George Wheeler, First U.P. Com. House, Pittsburgh |
| 1940 | George Wheeler, First U.P. Com. House, Pittsburgh |
| 1941 | George Wheeler, First U.P. Com. House, Pittsburgh |
| 1942 | Arthur E. Pitt, Swiss Gymnastic Society           |
| 1943 | Arthur E. Pitt, Swiss Gym. Soc.                   |
| 1944 | Arthur E. Pitt, Swiss Gym Soc.                    |
| 1945 | Arthur E. Pitt, Swiss Gym. Soc.                   |
| 1946 | Paul E. Fina, Chicago Sokol                       |
| 1947 | Ray Sorensen, Penn State                          |
| 1948 | Robert Stout, Temple Univ.                        |
| 1897 | T. Hartel, New York T.V.                          |
| 1898 | O. Steffen, New York T.V.                         |
| 1899 | J. F. Bissinger, New York T.V.                    |
| 1900 | J. F. Bissinger, New York T.V.                    |
| 1901 | J. F. Bissinger, New York T.V.                    |
| 1902 | Joseph Buner, New York T.V.                       |
| 1903 | J. F. Bissinger, New York T.V.                    |
| 1904 | Anton Heida, Philadelphia T.V.                    |
| 1905 | Not held  |
| 1906 | Not held  |
| 1907 | Roy E. Moore, New York T.V.                       |
| 1908 | Roy E. Moore, New York T.V.                       |
| 1909 | Roy E. Moore, New York T.V.                       |
| 1910 | A. Klar, Bohemian Gymnastic Ass'n.                |
| 1911 | T. Simmons, West Side YMCA                        |
| 1912 | Roy E. Moore, Unattached                          |
| 1913 | Roy E. Moore, Unattached                          |
| 1914 | F. Kanis, Newark T.V.                             |
| 1915 | F. Kanis, Newark, T.V.                            |



- 1916 J. Oszy, West Side YMCA  
 1917 C. Zenker, New York T.V.  
 1918 J. Oszy, West Side YMCA  
 1919 Paul W. Krempel, Los Angeles School of Physical Training  
 1920 Chas. M. Cremer, New York A.C.  
 1921 Curtis Rottman, New York T.V.  
 1922 Joseph Richter, D.A. Sokol Gym  
 1923 Chas. M. Cremer, New York A.C.  
 1924 Joseph B. Richter, D.A. Sokol  
 1925 Chas. M. Cremer, New York A.C.  
 1926 Alfred Jochim, Swiss T.V.  
 1927 Alfred Jochim, Swiss T.V.  
 1928 Alfred Jochim, Swiss T.V.  
 1929 Frank Haubold, Swiss T.V.  
 1930 Frank Haubold, Swiss T.V.  
 1931 Frank Haubold, Swiss T.V.  
 1932 Frank Cumiskey, Swiss T.V.  
 1933 Alfred Jochim, Swiss T.V.  
 1934 William Taylor, Swiss T.V.  
 1935 William Taylor, Swiss T.V.  
 1936 Frank Cumiskey, Swiss T.V.  
 1937 Frank Cumiskey, Swiss T.V.  
 1938 George Wheeler, First U.P. Com. House, Pittsburgh  
 1939 George Wheeler, First U.P. Com. House, Pittsburgh  
 1940 George Wheeler, First U.P. Com. House, Pittsburgh  
 1941 William L. Taylor, Swiss T.V.  
 1942 Frank Cumiskey, Swiss Gymnastic Society  
 1943 Arthur E. Pitt, Swiss Gym. Soc.  
 1944 Alex Julian, U.S. Naval Academy  
 1945 Frank Cumiskey, Swiss Gym Soc.  
 1946 Frank Cumiskey, Swiss Gym Soc.  
 1947 Frank Cumiskey, Swiss Gym Soc.  
 1948 Stephen Greene, Penn State
- LONG HORSE**
- 1897 E. Linderman, New York T.V.  
 1898 J. Bissinger, New York T.V.  
 1899 O. Steffen, New York T.V.  
 1900 J. Bissinger, New York T.V.  
 1901 J. Bissinger, New York T.V.  
 1902 Anton Jahoda, B.G.A.  
 1903 J. Bissinger, New York T.V.  
 1904 Tie between Anton Heida, Phila. T.V. and George Eysler, Concordia T.V.  
 1905 Not held  
 1906 Not held  
 1907 L. Spann, Newark T.V.  
 1908 Joseph Gregor, Bohemian Gym. Ass'n.  
 1909 William Heisler, Bohemian Gym. Sokol  
 1910 William Heisler, Bohemian Gym. Sokol  
 1911 Joseph Gregor, Bohemian Gym. Ass'n.  
 1912 P. Krimmel, New York T.V.  
 1913 P. Krimmel, New York T.V.  
 1914 F. Kanis, Newark T.V.  
 1915 P. Hol, Norwegian Turn and A.C.  
 1916 P. Hol, Norwegian Turn and A.C.  
 1917 B. Winsjansen, Norwegian T. and A.C.
- 1918 F. J. Kriz, Bohemian Gym. Ass'n.  
 1919 Paul Krempel, Los Angeles School of Physical Training  
 1920 V. Winsjansen, Norwegian T. and A.C.  
 1921 Curtis Rottman, New York T.V.  
 1922 F. J. Kriz, Bohemian Gym. Ass'n.  
 1923 Curtis Rottman, New York T.V.  
 1924 Max Wandrer, Philadelphia Turngemeinde  
 1925 Fred Berg, Norwegian T.S.  
 1926 Adolph Zink, New York T.V.  
 1927 Fred Berg, Norwegian T.V.  
 1928 R. Hradecky, Bohemian Gym.  
 1929 Adolph Zink, New York T.V.  
 1930 Alfred Jochim, Swiss T.V.  
 1931 Alfred Jochim, Swiss T.V.  
 1932 Alfred Jochim, Swiss T.V.  
 1933 Alfred Jochim, Swiss T.V.  
 1934 Alfred Jochim, Swiss T.V.  
 1935 Frederick H. Meyer, New York T.V.  
 1936 Rudolf Hradecky, Bohemian Gym. Ass'n. Sokol  
 1937 George Wheeler, First U.P. Com. House, Pittsburgh  
 1938 George Wheeler, First U.P. Com. House, Pittsburgh  
 1939 George Wheeler, First U.P. Com. House, Pittsburgh  
 1940 George Wheeler, First U.P. Com. House, Pittsburgh  
 1941 George Wheeler, First U.P. Com. House, Pittsburgh  
 1942 Arthur E. Pitt, Swiss Gymnastic Society  
 1943 Lt. Newt. Loken, U.S.N. Pilot Flight School, Iowa City  
 1944 Rudolf Hradecky, Bohemian Gym. Assn. Sokol  
 1945 Frank Cumiskey, Swiss Gym Soc.  
 1946 Rudolf Hradecky, Bohemian Gym. Ass'n. Sokol  
 1947 Tie between Lt. Col. Robert C. Sears, Swiss Gym Soc. and Rudolph Hradecky, Bohemian Gym Ass'n Sokol  
 1948 J. Kotys, Cleveland Swiss T.V.
- FLYING RINGS**
- 1885 R. Stoll, A.A.C.  
 1886 R. Stoll, A.A.C.  
 1887 R. Stoll, A.A.C.  
 1888 R. Stoll, A.A.C.  
 1889 R. Stoll, S.I.A.C.  
 1890 R. Stoll, New York A.C.  
 1891 R. Stoll, New York A.C.  
 1892 R. Stoll, New York A.C.  
 1893 R. Stoll, New York A.C.  
 1894 R. Stoll, New York A.C.  
 1895 Not held  
 1896 Not held  
 1897 C. Berndt, Anchor A.C.  
 1898 C. Berndt, Anchor A.C.  
 1899 C. Berndt, Anchor A.C.  
 1900 C. Berndt, Anchor A.C.  
 1901 P. M. Kempf, Newark YMCA  
 1902 E. F. Kunath, Anchor A.C.
- Paul M. Kemp, Univ. of Penna.  
 Herman T. Glass, YMCA Richmond, Va.  
 Not held  
 Not held  
 B. F. Kunath, Anchor A.C.  
 J. D. Gleason, West Side YMCA  
 J. D. Gleason, West Side YMCA  
 J. D. Gleason, West Side YMCA  
 J. D. Gleason, West Side YMCA  
 J. D. Gleason, West Side YMCA  
 J. D. Gleason, West Side YMCA  
 J. D. Gleason, West Side YMCA  
 J. D. Gleason, West Side YMCA  
 J. D. Gleason, West Side YMCA  
 O. A. Poll, National T.V.  
 O. A. Poll, National T.V.  
 O. A. Poll, National T.V.  
 O. A. Poll, National T.V.  
 J. D. Gleason, Los Angeles A.C.  
 J. D. Gleason, Los Angeles A.C.  
 John Kristufek, Sokol Gym. Chicago  
 J. D. Gleason, New York A.C.  
 Aug. Pfeiffer, National Turners B. Kremla, Bronx Union YMCA  
 Paul W. Krempel, Los Angeles A.C.  
 Paul W. Krempel, Los Angeles A.C.  
 Paul W. Krempel, Los Angeles A.C.  
 George J. Gulack, New York T.V.  
 Alfred Jochim, Swiss T.V.  
 Paul W. Krempel, Los Angeles A.C.  
 Arthur Gilmore, 23rd St. YMCA, N. Y.  
 W. Denton, U.S. Naval Academy  
 Arthur Gilmore, 23rd St. YMCA, N. Y.  
 Arthur Gilmore, 23rd St. YMCA, N. Y.  
 George J. Gulack, 23rd St. YMCA, N. Y.  
 N. Y.  
 Joe Goldenburg, D.A.T.U., N. Y.  
 Arthur Gilmore, 23rd St. YMCA, N. Y.  
 Arthur Pitt, Swiss Turn-Verein  
 Joseph Goldenburg, Normal College A.G.U.  
 Joseph Goldenburg, Unattached, Ind.  
 Joseph Goldenburg, Unattached, Bloomington, Ind.  
 Louis R. Fina, Unattached, Cleveland, Ohio  
 Wm. Buffa, West Side YMCA, N.Y.  
 Frank Cumiskey, Swiss Gym. Society  
 Waldimir Baskovich, Chicago Sokol.  
 William Bonsall, Penn State  
 Waldimir Baskovich, Univ. of Chicago Acrotheatre  
 Wm. J. Buffa, West Side Y, N.Y.
- PARALLEL BARS**
- A. H. Beck, N.R.C.  
 H. S. Pettit, B.Y.M.C.A.
- 1887 O. Fuchs, V.B.C.  
 1888 B. Klein, New York T.V.  
 1889 G. Ahl, Newark T.V.  
 1890 G. Ahl, Newark T.V.  
 1891 B. Klein, N.J.A.C.  
 1892 C. Bayer, N.Y.T.V. and P.A.C.  
 1893 G. Ahl, Newark T.V.  
 1894 E. Buehler, Newark T.V.  
 1895 Not held  
 1896 Not held  
 1897 O. Steffen, New York T.V.  
 1898 O. Steffen, New York T.V.  
 1899 O. Steffen, New York T.V.  
 1900 O. Steffen, New York T.V.  
 1901 E. C. Brendlin, G. T. V.  
 1902 J. Buner, New York T.V.  
 1903 E. C. Brendlin, Central T.V.  
 1904 George Eysler, Concordia T.V.  
 1905 Not held  
 1906 Not held  
 1907 A. Schnall, New York Univ.  
 1908 George Ketcham, Newark YMCA  
 1909 Frank Jirasek, Bohemian Gym. Sokol  
 1910 Frank Jirasek, Gym. Ass'n. Tyrns, Cedar Rapids, Iowa  
 1911 W. Dittman, West Side YMCA  
 1912 W. Dittman, West Side YMCA  
 1913 P. Krimmel, New York T.V.  
 1914 F. Kanis, Newark T.V.  
 1915 F. Kanis, Newark T.V.  
 1916 P. Hol, Norwegian T. and A.C.  
 1917 B. Jorgensen, Norwegian T. and A.C.  
 1918 B. Jorgensen, Norwegian T. and A.C.  
 1919 P. Hol, Norwegian A.C.  
 1920 J. Oszy, New York A.C.  
 1921 Curtis Rottman, New York T.V.  
 1922 F. J. Kriz, Bohemian Gym.  
 1923 Walter Meyer, New York T.V.  
 1924 Walter Meyer, New York T.V.  
 1925 Walter Meyer, New York T.V.  
 1926 Alfred Jochim, Swiss T.V.  
 1927 Michael Schuler, Union Hill T.V.  
 1928 Alfred Jochim, Swiss T. V.  
 1929 Alfred Jochim, Swiss T.V.  
 1930 Tie between Paul Krempel, Los Angeles A.C. and Herman Witzig, Swiss T.V.  
 1931 Alfred Jochim, Swiss T.V.  
 1932 Frank Haubold, Swiss T.V.  
 1933 Alfred Jochim, Swiss T.V.  
 1934 Alfred Jochim, Swiss T.V.  
 1935 Frederick H. Meyer, New York T.V.  
 1936 Arthur Pitt, Swiss T.V.  
 1937 George Wheeler, First U.P. Com. House, Pittsburgh  
 1938 George Wheeler, First U.P. Com. House, Pittsburgh  
 1939 George Wheeler, First U.P. Com. House, Pittsburgh  
 1940 George Wheeler, First U.P. Com. House, Pittsburgh  
 1941 George Wheeler, First U.P. Com. House, Pittsburgh



- 1942 Arthur E. Pitt, Swiss T. V.; Harold Zimmerman, Penn State College  
 1943 Solomon P. Small, Penn State College  
 1944 Frank Cumiskey, Swiss Gym. Soc.  
 1945 Frank Cumiskey, Swiss Gym Soc.  
 1946 Edward Scrobe, D.A. T. V.  
 1947 Lt. Col. Robert C. Sears, Swiss Gym Soc.  
 1948 J. Kotys, Cleveland Swiss T.V.

#### HORIZONTAL BAR

- 1885 R. Molineux, B.C.T.V.  
 1886 F. J. Hosp, Newark T.V.  
 1887 F. J. Hosp, Newark T.V.  
 1888 R. Molineux, A.B.C.  
 1889 R. Molineux, New York A.C.  
 1890 G. Ahl, N.T.V.  
 1891 C. Bayer, C.T.V.  
 1892 C. Bayer, New York T.V. and P.A.C.  
 1893 H. Zettler, P.A.C.  
 1894 C. Bayer, New York T.V.  
 1895 Not held  
 1896 Not held  
 1897 C. Berndt, Anchor A.C.  
 1898 C. Berndt, Anchor A.C.  
 1899 C. Berndt, Anchor A.C.  
 1900 C. Berndt, Anchor A.C.  
 1901 John Bissinger, New York T.V.  
 1902 E. C. Brendlin, Central T.V.  
 1903 Anton Jahoda, Bohemian Gym. Sokol  
 1904 Tie between Anton Heida, Phila. T.V. and E. A. Hennig, Cleveland T.V.  
 1905 Not held  
 1906 Not held  
 1907 A. Schnall, New York Univ.  
 1908 Fred Steffens, National A.C.  
 1909 Not held  
 1910 P. M. Krimmel, New York T.V.  
 1911 E. A. Hennig, Germania T.V. Cleveland  
 1912 P. Krimmel, New York T.V.  
 1913 F. Kanis, Newark T.V.  
 1914 F. Kanis, Newark T.V.  
 1915 F. Kanis, Newark T.V.  
 1916 B. Jorgensen, Norwegian T. and A.C.  
 1917 F. Hell, Socialer T.V. Chicago  
 1918 C. Rottman, Phila. Turngemeinde  
 1919 Peter Hol, Norwegian A.C.  
 1920 Curtis Rottman, New York T.V.  
 1921 Curtis Rottman, New York T.V.  
 1922 Curtis Rottman, New York T.V.  
 1923 Curtis Rottman, New York T.V.  
 1924 Frank Kriz, Bohemian Gym. Ass'n. Sokol  
 1925 Curtis Rottman, New York T.V.  
 1926 Alfred Jochim, Swiss T.V.  
 1927 Harold G. Newhart, U.S. Naval Academy  
 1928 Alfred Jochim, Swiss T.V.  
 1929 Alfred Jochim, Swiss T.V.  
 1930 Alfred Jochim, Swiss T.V.

- 1931 Gustav Schmelcher, Phila Turngemeinde  
 1932 Michael Schuler, Union Hill T.V.  
 1933 Jack Holst, Unattached, Los Angeles  
 1934 Frank Cumiskey, Swiss T.V.  
 1935 Frank Cumiskey, Swiss T.V.  
 1936 Frank Cumiskey, Swiss T.V.  
 1937 Chester Phillips, Temple Univ.  
 1938 George Wheeler, First U.P. Com House, Pittsburgh  
 1939 C. M. Phillips, Phila. Turngemeinde  
 1940 Arthur Pitt, Swiss T.V.  
 1941 George Wheeler, First U.P. Com House, Pittsburgh  
 1942 Arthur E. Pitt, Swiss Gymnasium Society  
 1943 Arthur E. Pitt, Swiss Gym. Soc.  
 1944 Frank Cumiskey, Swiss Gym. Soc.  
 1945 Frank Cumiskey, Swiss Gym. Soc.  
 1946 Frank Cumiskey, Swiss Gym. Soc.  
 1947 Edward Scrobe, New York T.V.  
 1948 Frank Cumiskey, Swiss Gym. Soc.

#### TUMBLING

- 1885 Not held  
 1886 W. Haas, P.A.C.  
 1887 Not held  
 1888 Not held  
 1889 Not held  
 1890 Not held  
 1891 Not held  
 1892 Not held  
 1893 P. Steier, Pastime A.C.  
 1894 W. Haas, Pastime A.C.  
 1895 Not held  
 1896 Not held  
 1897 W. Haas, Pastime A.C.  
 1898 W. Haas, Pastime A.C.  
 1899 George Steier, Pastime A.C.  
 1900 George Steier, K.A.C.  
 1901 Frank Hamilton, German YMCA  
 1902 Paul E. Steier, K.A.C.  
 1903 Paul E. Steier, St. George's A.C.  
 1904 Not held  
 1905 Not held  
 1906 Not held  
 1907 A. Schnall, New York Univ.  
 1908 A. Schnall, West Side YMCA  
 1909 Henry Jacknal, National T.V.  
 1910 Henry Jacknal, National T.V.  
 1911 M. J. Bedford, National T.V.  
 1912 M. J. Bedford, National T.V.  
 1913 M. J. Bedford, National T.V.  
 1914 M. J. Bedford, National T.V.  
 1915 Joseph F. Dunn, New York A.C.  
 1916 Arthur W. Nugent, National T.V.  
 1917 Arthur W. Nugent, National T.V.  
 1918 Arthur W. Nugent, National T.V.  
 1919 Arthur W. Nugent, National T.V.  
 1920 Arthur W. Nugent, National T.V.  
 1921 Arthur W. Nugent, National T.V.  
 1922 Joseph F. Dunn, New York A.C.  
 1923 Joseph F. Dunn, New York A.C.  
 1924 Joseph F. Dunn, New York A.C.  
 1925 Joseph F. Dunn, New York A.C.  
 1925 David H. Sharpe, Los Angeles

- A.C.  
 David H. Sharpe, Los Angeles  
 A.C.  
 W. V. Klinker, Los Angeles A.C.  
 William Hermann, Philadelphia, Pa.  
 William Hermann, Overbrook H.S., Phila., Pa.  
 Leo Vandendaele, Los Angeles A.C.  
 William J. Hermann, Penn A.C. Philadelphia  
 Rowland Wolfe, Dallas A.C. Texas  
 Edwin Gross, Unattached, Alhambra, Cal.  
 Kenneth Carter, Germania T.V. Vorwaerts, Cleveland  
 Charles J. Keeney, Univ. of California  
 Frank Wells, Unattached, N. J.  
 Frank Wells, Panzer College, N.J.  
 Joe Giallombardo, Univ. of Illinois  
 Joe Giallombardo, Univ. of Illinois  
 George Szygula, Temple Univ.  
 George Szygula, Temple Univ.  
 George Szygula, Temple Univ.  
 Harold Frey, Penn State College  
 Irvin E. Bedard, Chicago Boys' Club.  
 Andrew Pasinski, Jersey City Dept. of Recreation  
 Charles W. Thomson, Unatt., Berkeley, Calif  
 Irvin E. Bedard, U. of Illinois

#### ROPE CLIMB

- R. Stoll, Am. A.C.  
 P. A. Lang, P.A.C.  
 J. Hoffman, New York T.V.  
 B. Sanford, N.J.A.C.  
 B. Sanford, N.J.A.C.  
 B. Sanford, N.J.A.C.  
 B. Sanford, N.J.A.C.  
 Not held  
 Not held  
 B. Sanford, N.J.A.C.  
 B. Sanford, N.J.A.C.  
 B. Kunath, Anchor A.C.  
 B. Kunath, Underwood A.C.  
 B. Kunath, Anchor A.C.  
 B. Kunath, Anchor A.C.  
 B. Kunath, Anchor A.C.  
 George Eysler, Concordia T.V.  
 Not held  
 Not held  
 Edward Kunath, Anchor A.C.  
 Joseph T. Smith, Cambridgeport Gymnastic Ass'n.  
 Edward Kunath, Anchor A.C.  
 T. Anastas, Washington Heights YMCA  
 G. F. Septhon, St. George A.C.  
 T. Anastas, Pittsburgh A.A.  
 B. Lindenbaum, YMHA, N. Y.  
 B. Lindenbaum, YMHA, N. Y.  
 R. Illig, Olympic Club,

- San Francisco  
 F. Siebert, Grace Club  
 F. Siebert, Grace Club  
 L. Weissman, YMHA, N. Y.  
 K. Fintzelberg, Concordia T.V., San Diego, Cal.  
 L. Weissman, YMHA, N. Y.  
 George Taylor, Greensburg YMCA, Pa.  
 L. Weissman, YMHA, N. Y.  
 L. Weissman, YMHA, N. Y.  
 J. T. Andreasen, Norwegian T.S.  
 Manfred Kraemer, Univ. of Pa.  
 Manfred Kraemer, Newark A.C., N. J.  
 Manfred Kraemer, Newark A.C., N. J.  
 John R. Waterman, United States Navy  
 Manfred Kraemer, Newark A.C.  
 Leonard Stern, Los Angeles A.C.  
 Gustav Baack, Philadelphia Turngemeinde  
 Randall Bryden, Los Angeles A.C.  
 Randall Bryden, Los Angeles A.C.  
 Herman Dock, Dartmouth College  
 Roman Pieo, Bristol H.S., Pa.  
 Harrison Houston, Princeton Univ.  
 Roman Pieo, Bristol H.S., Pa.  
 Stanley Ellison, U.S. Naval Academy  
 Stanley Ellison, U.S. Naval Academy  
 Roman N. Pieo, Penn State College  
 Roman N. Pieo, Penn State College  
 Charles Senft, Penn State College  
 Charles Lebow, Penn State College  
 Stephen Greene, Penn State Col.  
 Stephen Greene, Penn State Col.  
 Stephen Greene, Penn State Col.  
 Garvin E. Smith, Los Angeles City College  
 Don Perry, Venice Com. Club

#### INDIAN CLUBS

- 1885 J. D. Harris, P.A.C.  
 1886 J. D. Harris, C.C.  
 1887 J. D. Harris, S.H.  
 1888 F. Schroeder, N.J.A.C.  
 1889 Not held  
 1890 Not held  
 1891 C. E. Smith, M.A.C.  
 1892 J. H. Dougherty, YMCLU, Orange, N. J.  
 1893 J. D. Harris, P.A.C.  
 1894 J. D. Harris, P.A.C.  
 1895 T. Mert, N.T.U.  
 1896 Not held  
 1897 Not held  
 1898 J. D. Harris, Pastime A.C.  
 1899 F. Metz, Jr. Newark YMCA  
 1900 F. Metz, Jr. Newark YMCA  
 1901 F. Metz, Jr. Newark YMCA  
 1902 F. Metz, Jr. Newark YMCA



- 1903 F. Metz, National T.V.  
 1904 E. A. Hennig, T.V. Vorwaerts, Cleveland  
 1905 Not held  
 1906 Not held  
 1907 R. C. Wilson, Unattached  
 1908 George A. Lynn, Unattached  
 1909 Joseph D. Harris, Pastime A.C.  
 1910 Joseph D. Harris, Pastime A.C.  
 1911 Tie between E. A. Hennig, Germania T.V. Vorwaerts, Cleveland, and Joseph Savage, YMCA, N. Y.  
 1912 Ray W. Dutcher, New York A.C.  
 1913 Ray W. Dutcher, New York A.C.  
 1914 Ray W. Dutcher, New York A.C.  
 1915 J. L. McCloud, New York A.C.  
 1916 J. L. McCloud, New York A.C.  
 1917 Ray W. Dutcher, New York A.C.  
 1918 Ray W. Dutcher, New York A.C.  
 1919 J. L. McCloud, New York A.C.  
 1920 Ray W. Dutcher, New York A.C.  
 1921 J. L. McCloud, New York A.C.  
 1922 Ray W. Dutcher, New York A.C.  
 1923 Ray W. Dutcher, New York A.C.  
 1924 Ray W. Dutcher, New York A.C.  
 1925 Ray W. Dutcher, New York A.C.  
 1926 Ray W. Dutcher, New York A.C.  
 1927 Ray W. Dutcher, New York A.C.  
 1928 Ray W. Dutcher, New York A.C.

#### NATIONAL A.A.U. GYMNASSTIC TEAM CHAMPIONS

- 1914 Newark (N.J.) Turn Verein  
 1915 Newark (N.J.) Turn Verein  
 1916 Norwegian Turn & Athletic Club  
 1917 Norwegian Turn & Athletic Club  
 1918 National Turners, Newark, N. J.  
 1919 Los Angeles School of Physical Training  
 1920 New York Athletic Club  
 1921 New York Turn Verein  
 1922 New York Athletic Club  
 1923 New York Turn Verein  
 1924 New York Turn Verein  
 1925 Los Angeles Athletic Club  
 1926 Swiss Turn Verein of Hudson County, N. J.  
 1927 New York Turn Verein  
 1928 Swiss Turn Verein of Hudson County, N. J.  
 1929 Swiss Turn Verein of Hudson County, N. J.  
 1930 Swiss Turn Verein of Hudson County, N. J.  
 1931 Swiss Turn Verein of Hudson County, N. J.  
 1932 Swiss Turn Verein of Hudson County, N. J.  
 1933 Swiss Turn Verein of Hudson County, N. J.

- 1929 Robert Job, Hudson Co., T.V.  
 1930 Robert Job, Hudson Co., T.V.  
 1931 James Nicoll, Unattached, N. J.  
 1932 Phil Ehrenberg, Los Angeles A.C.  
 1933 Edward Hennig, Germania T.V. Vorwaerts, Cleveland  
 1934 James Nicoll, Unattached, N. J.  
 1935 Mose J. Firestone, Univ. of Cal.  
 1936 Edward A. Hennig, Germania T.V.  
 1937 Edward A. Hennig, Germania T.V.  
 1938 Victor Krygowski, National Turners, Newark, N. J.  
 1939 E. A. Hennig, Germania T.V.  
 1940 E. A. Hennig, Germania T.V.  
 1941 Vernon S. Gilmore, Ohio State Univ.  
 1942 Edward Hennig, Cleveland Eastern Side Turners  
 1943 Vernon S. Gilmore, Cincinnati YMCA  
 1944 William Wintersteen, Penn State College  
 1945 Edward Hennig, Cleveland Eastern Side Turners  
 1946 Edward Hennig, Cleveland Eastern Side Turners  
 1947 Edward Hennig, Cleveland Eastern Side Turners  
 1948 George Hearn, Springfield College

## GYM SKETCH OF EDWARD SCROBE, 1948 NATIONAL ALL-AROUND CHAMPION

by GEORGE J. GULACK, Manager of U. S. Olympic Gymnastic Team

Born in New York City on January 26, 1923, Edward Scrobe received early training under the excellent guidance of Mr. Bernhard Grosser, gymnastic instructor of the German American Turn Verein, Bronx, N.Y. He is also indebted to Adolph Zink and Fred Meyer, former Olympians for their interest and help in his training. He entered his first novice meet at the age of 15 in 1938. Before entering the Armed Forces in 1942, he had won the New York District All-Around championship, the Eastern District championship of the American Turners and the Metropolitan A.A.U. Junior All-Around championship. Eddie served three years with the 10th Mountain Infantry Ski Troops in Italy, where he saw lots of action. When he came home, he continued his gymnastic career winning a number of individual championships in 1946 and 1947. He placed second in the National All-Around in 1947 and was top All-Around man in 1948, and thus became a prominent member of the U.S. Olympic Gymnastic Team.

Edward Scrobe is truly a great artist. Although he practices diligently and systematically, he does not believe in burning himself out during his training periods. He does not have to, possessing a natural ability and a great capacity to observe and judge the selection of his material. He has a clear and thorough understanding of "good form" and is a firm believer in international rules and All-Around work, which means that a gymnast must strive to perfect himself in all events comprising the All-Around program.

He is sympathetic with young gymnasts who possess desirable qualities and great ambitions in the sport, yet never seem to make much progress. He attributes this difficulty to faulty and improper coaching, which is the cause of bad habits and the result of much confusion. With his observations and knowledge, gained at the London Olympics, Eddie will not only improve his own all-around work but will also be of great assistance to other aspiring gymnasts in all-around competition.

When asked about other hobbies besides gymnastics, he replied "drawing - a salary from The Bank of the Manhattan Co., New York City", where he is employed as documentary clerk. He enjoys skiing, ping-pong and both ice and roller skating and has appreciation for good music. Eddie has a good sense of humor, is very popular and is respected by all.



# A.A.U. Gymnastic Rules

## I. JURISDICTION

The Amateur Athletic Union of the U. S. is the governing body for the sport of gymnastics in the United States, holding membership in the International Amateur Gymnastic Federation, which body controls international gymnastic contests, including the Olympic Games. This jurisdiction is exercised through the National Gymnastic Committee, which in the main consists of the chairmen of the gymnastic committees in each of the more than forty district associations. The National Gymnastic Committee, subject to the approval of the Board of Governors, draws up the rules of competition; decides when and where the national championships shall be held, and over which it has jurisdiction, passing on the qualification of contestants to compete therein and approving of the officials to serve thereat. In general, the National Gymnastic Committee, which meets at least twice a year, is entrusted with the development, promotion, and general welfare of the sport.

All national championships, all district championships, and all open gymnastic competitions held in the United States are conducted under the following rules. These rules are made to conform as closely as possible to the international rules under which Olympic Games competitions are conducted.

## II. ELIGIBILITY

No competitor shall be permitted to participate in an open gymnastic competition, unless he is an amateur and registered in the district in which he resides. The minimum age limit for male competitors shall be 16 years.

All gymnastic meets must be sanctioned by the Amateur Athletic Union. Any competitor who participates in an unsanctioned meet automatically disqualifies himself.

### Novice

1. For the purpose of defining a novice in Gymnastics, the winning of a prize on one apparatus shall not affect an athlete's standing as a novice on any other apparatus.

### Junior

2. In Junior meets the winning of one apparatus shall not eliminate the gymnast from winning on another apparatus. He shall be classified as a Junior until he has won on each apparatus or until he has placed first in the Junior all-around competition.

### EXPLANATORY NOTE:

- (a) A gymnast who has won a first place in a senior championship shall be ineligible for competition in that particular event in the junior meet.
- (b) A gymnast who has won a previous junior championship is thereafter barred from competition in that particular event in any succeeding junior championship; he may, however, compete in other events in which he has not placed first.
- (c) A gymnast who has won a first place in the Junior All-Around Competition is thereafter barred from further competition in Junior events.
- (d) A gymnast who has won a first place in any of the events comprising the Junior All-Around is eligible for the All-Around. In such case the points made in the event in which he previously won first place shall be counted only toward his All-Around score, and shall be ignored in determining the place winners in the event in question, just as if he had not competed.

### Senior

3. The National A.A.U. Senior Championships shall be open to all registered amateur athletes in the world.

## III. EVENTS

The list of championship events and the order in which they shall be conducted follows:

1. Free Calisthenics
2. Long Horse
3. Side Horse
4. Horizontal Bar
5. Parallel Bar
6. Flying Rings
7. All-Around
8. Indian Club Swinging
9. Rope Climb
10. Tumbling

## IV. ALL-AROUND CHAMPIONSHIP

The All-Around championship includes competition in Free Calisthenics, on Long Horse, Side Horse, Horizontal Bar, Parallel Bars and Flying Rings. The winner of the All-Around Championship shall be the competitor who obtains the highest aggregate number of points; next highest, second, and so on.

## V. THE COMPETITION

The competitions shall be conducted by a Referee and a Jury, which in championship competitions shall be composed of five judges, whose decisions shall be final and without appeal.

The competitors shall perform in rotation in the order selected by the Committee. No competitor shall be required to perform first in more than one event. The first competitor on each apparatus who first performs, or "sets" the prescribed exercise shall have the option of repeating the prescribed exercise after the rest of the competitors on that apparatus have performed the prescribed exercise, and in such case, only the second mark shall be credited to his score. Preference in selection of a competitor to "set" the exercise, shall be given to the all-around contestants. In case of an accident to the apparatus, a second trial shall be permitted the competitor. With these two exceptions no second trials shall be allowed.

In all events whenever compulsory exercises are prescribed, the contestant's optional exercises shall be different from the compulsory exercises. The compulsory exercise shall always be performed first.

Each competitor's combination on the Side Horse, Flying Rings, Parallel Bars and Horizontal Bar shall be judged from the time he begins his combination until he again wholly or in part places his weight upon the mat, except that on Flying Rings (swinging exercise) the contestant shall be allowed to touch the mat once if necessary for his finish. Any accidental brushing or scraping the feet or heels on the mat or apparatus base shall not terminate the exercise but shall be considered as bad form and shall be so marked by the Judges.

A contestant shall be allowed to have a guard stand for a dangerous dismount or hazardous part of his exercise and so long as the guard does not touch, aid or assist the contestant in the performance of his exercise, it shall not detract from the value of the performance.

The winner of a competition in each event shall be the one having obtained the highest aggregate number of points; next highest second, up to sixth place.

The Committee reserves the right to cancel any individual event for which one or more entries have not been received on the date entries are listed to close.

## VI. COSTUME

Complete gymnastic costume must be worn by all competitors. Costume to consist of gym shirt, pants, knee or full length, or full tights, and gym shoes or slippers. In tumbling and rope climbing events, tights or shirt and trunks or shorts may be worn.



## VII. DUTIES OF OFFICIALS

### Referee

The Referee shall assume general direction of the meet and decide all matters not covered by the rules. The Referee shall determine the suitability of all apparatus used.

### Judges

The Judges must place themselves apart from each other, and so far as practicable, on opposite sides of the competitors, in order to observe the general form of the competitors. Each judge, without consultation shall mark each performance on a slip of paper on a one-tenth basis, i.e., 8.8, 9.6, etc., on a basis of 10.0 points for a perfect exercise. Such marking shall be done by the Judges immediately after the performance of each exercise. These slips shall be collected by a clerk at the conclusion of each exercise and brought by him to the scorers.

The Judges should carefully analyze a performance by comparing same with previous ones and the grade for the first competitor should be of such a degree as to allow for such comparison. The Judge should not place overvaluation or undervaluation upon the physical build or personal body characteristics of the competitor.

In the event of an unfinished exercise due to a mishap, slip, or other reason where it is evident that the performance was not completed, the Judge shall be careful to give due credit for all work done up to that point.

Difficulty of exercise and composition of combination shall be graded at 5.0 points maximum, and execution and general form of competitor at 5.0 points maximum, making a total of 10.0 points. Approach and retreat should be considered as a part of the exercise. In meets other than championships, it shall be permissible to use only three judges on each apparatus, all of whose marks shall be used on the same basis of a maximum possible score of 30.0 for each exercise.

### OPTIONAL EXERCISES

Explanatory note: In rating all optional exercises, the judge should give consideration to:

- (A) **difficulty**—Originality, risk, strength, grip changes, balances, and mastery requiring intensive practice.  
**combination**—Variety, changes from one position to another without unnecessary intermediate swings, turns or swings both left and right, and shifting of position.
- (B) **execution and form**—The exercise should be performed in a smooth, rhythmic manner without unnecessary pauses, knees straight, legs together, toes pointed, head erect, and arms straight, as the exercise may require. There shall be no excess motion or effort displayed.

### COMPULSORY EXERCISES

The following Olympic table will be helpful:

- 0 points for nonexecution
- 2 points for unsatisfactory execution
- 4 points for mediocre execution
- 6 points for satisfactory execution
- 8 points for good execution
- 10 points for perfect execution

### Scorers

The scorers shall note on regularly ruled and official score sheets the marks of each judge, and then shall eliminate the highest and the lowest marks, using the three intermediate marks for the valuation of the exercise, i.e., if the marks of the five judges on one exercise are 9.6, 8.9, 8.7, 8.6, 7.4, the highest mark (9.6) and the lowest mark (7.4) shall be discarded, and the three intermediate marks (8.9, 8.7, 8.6) shall be used, making the valuation of the exercise 26.2. In the event that there are two or more identical highest marks, only one shall be discarded

and the same applied to the lowest marks. On this basis, the maximum possible score for each exercise shall be 30.0 points. A scorer and the necessary number of assistants shall be provided, one of whom shall be designated to keep the spectators informed by posting each competitor's score.

### Announcer

The announcer shall announce the final results as soon as they have been tabulated by the Chief Scorer.

### Clerks

The clerks, in addition to collecting the scores from the judges, shall also look the contestants in each event, notifying them of the order in which they are to perform. To avoid delay he shall have two gymnasts next in line ready to perform.

### Starter

The starter shall serve in the Rope Climb event. He will judge the fairness of the start.

### Timers

There shall be three timers who shall serve for the Rope Climb, Tumbling, Indian Clubs, and Free Calisthenic events.

## VIII. AWARDS

Regulation championships die medals shall be awarded to first, second, and third place winners. When two or more competitors tie for any place, the medals for the place tied and the medal or medals for the place or places next in order, up to the number of competitors tying, shall be split into equal parts and joined together as new medals, and each competitor so tying shall be awarded one thereof. If there is more than one winner of third place, each such winner shall receive a third place medal.

Awards shall be made to the three organizations placing for the Team Championship. Points shall be scored 7 points for first, 5 for second, 4 for third, 3 for fourth, 2 for fifth and 1 for sixth place. There must be at least two contestants scoring points for a team. In the event of a tie for any place, the points earned for team trophy shall be divided.

## IX. ENTRY FEE

Each competitor (including those entered in the All-Around event), must pay a separate entry fee (Juniors, \$1.00; Seniors, \$2.00) for each event in which he desires to compete for individual honors.

## X. MISCELLANEOUS

One compulsory exercise for one apparatus shall be composed by each of the five districts which have, according to the records, shown the greatest amount of interest in gymnastics during the past year. Each year each chosen district will make up an exercise on a different apparatus in rotation.



## Horizontal Bar

One compulsory and one optional exercise shall be required. The bar shall be a steel bar  $1\frac{1}{8}$  inches in diameter, width 7 feet, height 7 feet 9 inches, 4 inches from top of bar to top of mat.

## Parallel Bars

One compulsory and one optional exercise shall be required. The bars shall be one standard set, adjustable height and width, not more than 5 feet 4 inches or less than 5 feet 1 inch high. Distance between hand rails, 18 inches. Length of hand rails, 10 feet, oval shape.

## Side Horse

One compulsory and one optional exercise shall be required. The horse shall be standard, straight body, without raised neck. Height shall be 42 inches from top of mat to top of body at saddle. Pommels shall be open pattern and not less than 4 inches above the body of horse, with a distance of not more than 10 inches nor less than 16 inches between hand pommels, which shall be of polished wood or leather covered.

## Long Horse

One compulsory and one optional vault shall be required, of which the compulsory vault shall alternate annually between jumps made by placing the hands on the croup, and jumps made by placing the hands on the neck. The optional exercise shall accordingly alternate each year by jumps made on the opposite end of the horse, or in the saddle. The horse shall be standard, with or without raised neck, and without pommels. Height shall be not less than 48 inches from the top of the horse in the saddle. A standard beat board, not more than 18 inches high which can be shifted to any distance from the horse to suit the competitor's desire shall be provided. The competitor must actually touch the horse with his hands for a momentary support or push-off during his vault. Two attempts without vaulting or touching the horse shall constitute one trial. Points will be awarded on the following factors:

1—Point of support for the hands on the horse: Each competitor, before each vault, shall apply a sufficient quantity of white chalk on the palms of both hands, from the extreme tips of the fingers to the extreme edges of the heels of the hand, to produce a clearly visible mark of the support of both hands on the horse, which mark shall be the basis of determining penalties, as follows: At 10 inches from the outer extremities or ends of the horse, lines will be drawn (preferably by paint or  $\frac{1}{4}$  inch wide white tape) which limit the point of application to neck and croup. From these boundary lines, beginning from the neck and from the croup toward the saddle, two parallel lines, each 8 inches apart will be drawn. The use of any portion of these penalty zones shall lower the rating by  $\frac{1}{2}$  point for each zone. Therefore, for the highest rating, application in the 10 inch area is required. (Note: The tips of the fingers at the croup end of the horse, and the heel of the hand at the neck end of the horse shall constitute the determining factor as to the placing of the hands. If the chalk impression indicates any portion of the fingers, or of the heel of the hand, as the case may be, protruding beyond the 10 inch area, the full penalty shall apply as noted above. If a clear impression is not made on the horse at the extremities of the hands in question, the judges shall be guided by whatever markings are visible, taking into consideration, however, that it is the responsibility of the competitor to chalk his hands.

2—The optional vaults are classified according to difficulty as shown on the following table. The points given below are the maximum number of points that may be determined with perfect execution.

### A. With Hands on Neck:

1. Straddle .....	7.0 Points
2. Squat .....	7.5 "
3. Sheep .....	8.0 "

4. Straddle with $\frac{1}{4}$ turn.....	8.5 "
5. Straddle backwards (scissors) (arms sideward).....	9.0 "
6. Stoop (Buecke) .....	9.5 "
7. Handspring .....	10.0 "
8. Hecht (straight body and legs).....	10.0 "

### B. With Hands on Saddle:

1. Rear Vault .....	7.0 "
2. Handspring with $\frac{1}{4}$ pivoted turn.....	9.0 "
3. Giant Cartwheel .....	10.0 "

### C. With Hands on Croup:

1. Straddle .....	8.5 "
2. Squat .....	8.5 "
3. Straddle with $\frac{1}{2}$ turn.....	9.0 "
4. Straddle backwards (scissors) (arms sideward).....	9.5 "
5. Sheep .....	10.0 "
6. Stoop (Buecke) .....	10.0 "
7. Scissors with $1/1$ turn to stand rearways beyond the horse .....	10.0 "

All vaults with hands on Neck may be performed with a "Double Tap," that is, by first touching off with the hands at the croup end of the horse, and then at the neck end of the horse, for which the rating of difficulty will be one point less than the rating designed above for jumps with Hands on Neck.

Before the competition on this apparatus starts, the competitors shall notify the clerk and scorers of the event, which optional vault they will perform. The judges shall base their marks on form only for a maximum of ten points (the same as for the other apparatus) but the scorers shall deduct from the judges' marks the difference between the valuation of the vault performed and the maximum of 10.0 points, i.e. if the competitor is performing the stoop vault from the neck, for which the rate of difficulty is 9.5, the scorers shall deduct from a point from each judge's mark, therefore if the mark of one judge for the vault be 9.4 the scorers shall deduct .5 of a point, making the net mark of this judge for this vault 8.9. This method of valuation shall apply only to the "optional" vaults, and the regular 10.0 basis, without any deduction or consideration for difficulty, shall apply to the "Prescribed Vaults."

3—Perfection of style and control: Exactitude, control and perfect style are the prime requisites. A well controlled landing will receive special merit. Quality of performance will be subject to rating from the first step of the run-up onwards. Hence, for example, points will be lost for a change of step during the run-up.

## Flying Rings

One still and one brisk swinging exercise shall be required to be performed in that order, of which the compulsory exercise shall alternate annually between still and brisk swinging. The distance from floor to point of suspension shall be not less than 18 feet nor more than 22 feet. The rings shall be suspended from canvas webbing straps  $1\frac{1}{4}$  inches wide from at least 3 feet above the point where the webbing passes through the rings and be free from all buckles, links or metal fittings below said point of 3 feet above rings. Leather covered steel rings or wooden rings must be used. Rings shall be 8 inches inside diameter. For the still exercise the height of rings shall be 7 feet 8 inches clearance from mat to lowest part of rings. For the swinging exercise the height of rings shall be at least more than two agreed lesser heights. A contestant may receive assistance if unable to reach rings for the still exercise.

## Rope Climbing

Three trials, best time to count. The rope shall be not less than  $1\frac{1}{2}$  inches nor more than  $1\frac{3}{4}$  inches in diameter of 3 or 4-strand manila rope, free from any knots, balls or assisting devices, and shall pass through a metal disc or tambourine not less than 16 inches in diameter and covered with lamp black. The contestant in each trial shall show clean hands before the start, and at the finish show evidence of striking the tambourine. The distance from floor to disc



or tambourine shall be exactly 20 feet. The start shall be by pistol shot and the time taken when the competitor strikes disc or tambourine. Each competitor must sit flat on the floor (buttocks, calves and heels touching floor), must place hands on rope at convenient height to starting, and no part of body is permitted to touch floor after pistol shot is given. Before and after any recumbent climb the distance must be measured from base of disc or tambourine to floor with steel tape and aid of level for currency.

## Tumbling

One optional routine shall be required. The judging is to be based on the amount of tumbling performed, consistent with its difficulty. The number of lengths tumbled or the length of time of tumbling is not to be considered with the exception that the entire routine is not to consume more than 1½ minutes. In the event any part of the contestant while performing a routine touches the floor on either side of the mat it shall be considered poor form and graded accordingly. A competitor shall be permitted without penalty to leave the mat at the ends for the purpose of getting a running start or for the continuance of his combinations. An exercise shall be considered as concluded when the competitor obviously assumes the position of attention on his retreat. The mat shall be 50 feet in length, not less than 5 feet in width and not less than 2 inches nor more than 4 inches in thickness. The mat shall be in as few sections as possible, uniform in width and thickness, and where not in one piece the sections shall be securely fastened together.

## Indian Club Swinging

Each competitor shall be allowed one trial of four minutes. Clubs weighing one pound each shall be used. The dropping of a club shall end an exercise and a contestant performing at least three minutes shall lose proportionately on a basis of 2½ points per minute.

## Free Calisthenics

One compulsory and optional exercise shall be required. Work shall include rhythmic movements combined with balance, strength and tumbling routines. The exercise shall be performed without hand apparatus of not more than 2 minutes less than 1½ minutes duration. A clear floor space of 20 x 20 feet shall be provided.

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## 1948 OLYMPIC COMPULSORY APPARATUS EXERCISES WHICH WILL APPLY FOR 1949 NATIONAL CHAMPIONSHIPS.

### HORIZONTAL BAR

Bar of polished steel. Height of bar 2-40 metres. Diameter of Bar 28-30 millimetres.

From side stand behind bar, jump to bent arm hang with reversed grasp, swing forward, swing backward, swing fore upward and circle backward to straight arm handstand, long circle forward, half L turn on L arm to cross grasp with R. hand under L, (both hands in ordinary grasp cross grip), long circle backward with half L turn on L arm taking reversed grasp with R hand (both hands in reversed grasp), long circle forward, long circle forward, bustling legs between hands to momentary free L support, seat circle forward, step out forward spreading the grip, dislocate, swing backward, backuprise, hanging hands to ordinary grasp, free circle backward to straight arm handstand, long circle backward, cross R hand over L in ordinary grasp, long circle backward with half R turn on R arm taking reversed grasp with L hand (both hands in reversed grasp), two long circles forward, and at the end of the second long circle forward straddle forward over bar to ground. Alight with knees bent and arms raised sideways to stand rearways. Assume position of attention.

NOTE: The exercise is to be executed without pause and it may be reversed wholly or in part.

"Long Circle" — Giant Swing.

### PARALLEL BARS

Height of Bars 1-60 Metres; Length 3-30 to 3-50 metres; Width between bars 42-46 centimetres, oval shape bars.

1. From cross stand between bars with inside or outside grasp as preferred, jump and circle backward (basket) to straight arm cross rest with legs in half lever.

2. With bent body and straight arms, press to straight arm handstand. Lower legs and swing forward half L turn (releasing grasp and regrasping) to straight arm cross rest, drop backward below bars to bent inverted hang, underswing (cast) to upper arm hang, swing backward, backuprise and straddle legs forward above bars under hands to a one-half bent support, swing backward to straight arm handstand.

3. Quarter L turn on L arm to straight handstand on L bar, (hands in ordinary grasp) quarter L turn to straight arm handstand across bars (forward pirouette).

4. Backward somersault above bars, releasing grasp and regrasping in upper arm support, swing forward to kip position in upper arm support, kip to straight arm support, swing backward and through a quarter L turn on L arm (replacing right hand), to straight arm handstand on L bar, quarter L turn on R arm and without replacing L hand, cartwheel out on R arm to cross stand outside bars. Alight with knees bent and arms raised sideways, recover to position of attention.

NOTE: Positions in bold type to be held. The exercise may be reversed wholly or in part.

### SIDE HORSE

Length of Horse: 1-80 meters; height: 1-10 meters; breadth: 35-37 centimetres. Height of pommels from back of horse 12 centimetres. Distance between pommels 40-42 centimetres. Pommels are of polished wood. The upper horizontal part has a length of about 8-9 centimetres.

Side stand with hands on pommels, half R circle of both legs (clockwise), half R circle of both legs placing R hand on neck pommel in front of L hand, half R circle of both legs placing L hand on neck (back rest on neck) (Tromlet), half R circle of both legs, R circle of both legs with half R turn on R arm (rear vault swing) to back rest in saddle, half R circle of L leg (undercut), front shears L, half L circle of R leg, L circle of both legs, half L circle of L leg, back shears R, back shears L, half R circle of R leg, R circle of both legs,



R circle of both legs with half R turn on R arm (rear vault swing) to back rest on neck with L hand on neck, R circle of both legs, half R turn on R arm (rear vault swing into saddle and to L support) push off forward to stand rear ways. Alight with knees bent, arms raised sideways, recover to position of attention. NOTE: The exercise may be reversed wholly but not in part and is executed without a stop. "RIGHT" Circles are clockwise "LEFT" Circles are counterclockwise.

### RINGS

Height of the highest point of suspensions, 5-50 metres. Height of rings from floor 2-50 metres. Wooden rings with an inner diameter of 18 centimetres thickness of rings 28 millimetres. The ropes may end in two belts or movable straps to which the rings are attached, Rings made of polished wood.

1. Jump to straight arm hang without engaging wrists, slowly raise straight arm forward and with straight arms to straight inverted hang.
2. Flex hips and quickly stretch the body obliquely to the rear and dismount backward to straight arm hang, swing forward and shoot up backward to **straight arm handstand** (with arms clear of ropes).
3. Lower to **horizontal straight arm free support lever**.
4. Lower backward to one-half inverted hang, kip to bent arm support, swing and one-half turn forward (bent body rolls) to straight inverted hang, dismount backward to one-half inverted hang, lay out forward, swing backward to backuprise (whip) to **straight arm support with legs in half lever**.
5. Lower legs and lay out backward to straight arm hang, swing forward to straddle dismount backward to ground. Alight with knees bent and arms raised sideways, recover to position of attention.

NOTE: Positions in bold type to be held.

RINGS—Optional to be executed on still rings. (No swinging)

### LONG HORSE

Horse placed lengthways, length of horse 1-80 metres. Height of horse at neck and croup—1-30 metres; Beat board 10 cm. high. Position of beat board optional.

**Position of hands.** At each end of the horse a zone of 30 cm. will be marked by transverse lines. In addition, three zones of 15 cm. each will be marked in the same manner on neck and croup. The use of these zones as rests for the hands will diminish the value of the vault, one point per zone. Style of execution are the supreme requirements for a perfect performance. A well balanced finish counts as a special advantage. Judging commences from the beginning of the first step of the run. A change of step during the run counts as a fault. Competitors may if they wish perform both the set and the voluntary vaults twice, each attempt will be marked but the best only will count.

#### COMPULSORY VAULT.

Run and jump with straight body to horizontal or oblique support on neck and without stop, bend hips, pass straight legs between hands and dismount stand rearways, arms raised sideways—(Stoop vault from neck)

#### VOLUNTARY VAULT.

Marks will be awarded for: (a) the point of support of the hands; (b) the difficulty of the vault as per Tariff; (c) Style and execution.

### TARIFF OF VAULTS

Vaults with hands on neck	points
1. Straddle .....	7-00
2. Squat with legs bent .....	7-50
3. Sheep vault .....	8-00
4. Scissor with quarter turn .....	8-50
5. Back Straddle .....	9-00
6. Stoop with straight legs .....	9-50
(This is the set vault. It may not be repeated as a voluntary)	
7. Handspring with straight arms .....	10-00
8. Swan (Hecht) .....	10-00
Vaults with hands on saddle	points
1. Rear Vault .....	7-00
2. Handstand and quarter turn cartwheel off .....	9-00
3. Giant Cartwheel .....	10-00

### Vaults with hands on croup

	points
1. Straddle .....	8-00
2. Squat (with bent knees) .....	8-50
3. Scissors with 1/4 turn .....	9-00
4. Back straddle .....	9-50
5. Sheep vault .....	10-00
6. Stoop with straight legs .....	10-00
7. Back straddle with half turn .....	10-00

### FREE CALISTHENICS—COMPULSORY EXERCISE

To be performed individually and not as a team. From the stand with arms held straight obliquely downward and backward—jump upward raising the arms forward and upward and turn backward, passing through handstand (back flip) to stand—bend forward at the waist and fall backward with straight legs in sitting position with legs stretched forward—roll backward onto shoulders with hands on either side of head—body extended, bend hips and kip up—(shoulder spring) to stand with knees slightly bent and arms stretched upward with palms forward—place left foot forward on ground, bend forward at the waist while raising right leg backward to **horizontal balance with arms in line with the body, palms downward**.

Raise body and arms upward, lower right leg and at same time lower arms sideways and place right foot forward—spring on right leg raising arms forward and swing left leg forward, place left foot on ground and handspring to stand—relax by dropping arms forward bending knees slightly and bending head forward on chest—slightly bend and stretch the knees and full knees bend, straddle jump upward on the spot with hollow back and arms raised sideways and obliquely upward, alight with feet together—jump on the spot, throw legs backward and drop to front leaning support, bend arms to deaden fall and quickly stretch—half left circle of both legs to back leaning support with support with straight body, with a spring, half left turn of body to **front leaning support**.

Bend at waist, draw legs up to hands and at the same time bend arms and place head on ground - head spring to stand with knees apart and half bent, arms forward - carry right leg backward placing foot on ground and at same time place hands on ground one on either side of left foot - two left circles of right leg passing under the right hand, left hand and left foot - lift to **handstand with legs apart, close legs**

Lower legs (stretched) placing feet on ground, roll backward (placing hands on either side of head) to momentary handstand - lower right leg to ground and raise trunk to **horizontal side lever with left arm laid along trunk and right arm extended in line with body, palms inward**.

Recover by quarter left turn with left leg raised forward and arms upward, hop on right foot, place left leg forward on ground and cartwheel on left arm to handstand - hop on hands, quickly lower closed legs to ground, bent back somersault (tuck) alight in crouch sitting with arms forward and slightly above the horizontal, knees bent - Resume fundamental position.

NOTE: Positions to be held are in bold type.

### FREE CALISTHENICS — Optional Exercise

To be performed individually and not as a team. A space of 8 x 8 metres will be available for the free exercises The length of exercises shall be from 1 1/2 to 2 minutes.



## PRESCRIBED 1949 JUNIOR GRADE EXERCISES

### LONG HORSE

Straddle backward (scissors) with hand on neck, landing arms sideways (hands not to re-grasp the horse). Optional vault must be done from the croup or saddle.

### SIDE HORSE

With left hand on neck, right hand on left pommel, double rear vault mount right over neck and saddle to support rearways in saddle (1½ turn right about right arm-double leg Kehre in); swing right leg backward; swing left leg backward; swing right leg forward, swing left leg forward (to rear support); right double leg circles clockwise to front support; left leg forward; front scissors right leg forward (rear support); right leg back; back scissors to left; right leg back (front support); one double circle clockwise; travel to croup by shifting right hand to right pommel and left hand to croup (tromlet); one double leg circle clockwise on croup; and rear vault dismount.

### PARALLEL BARS

Cross stand at end of bars facing in, grasp bars, jump and straddle forward with both legs over bars, swing legs backward, shoulder stand (hold momentarily); double up, lower legs to kip position above bars; kip and immediately swing to handstand with straight arms; lower legs; bend arms and dip swing forward with ½ turn left or right to support; swing legs forward and drop back to kip position above the bars; swing legs backward and back uprise to straight arm support; swing forward, backward to hand stand-hold-lean on right arm, release left hand and pivot off sideways (cartwheel) to cross stand dismount, arms extended sideways.

### HORIZONTAL BAR

Jump to double over grip hang; take high underswing and back uprise, bringing right leg over bar to support over bar with right knee hooked over bar outside of right hand; one back knee circle; drop back to kip position, disengage right knee; swing out, backward, forward and kip to straight arm support; front hip roll; throw body backward to straight arm hang and continue with 1½ giant swings to momentary front support; drop kip to straight arm support and immediately straddle stand on bar with straight legs outside of hands; ¾ circle backward in straddle stand position, releasing grasp and pushing off with legs to stand rearways.

### RINGS

1. From stand under rings, jump to hang using ordinary grasp;
2. Swing legs forward, backward to arched position and swing arched body forward and upward to arched inverted hang;
3. Bend hips momentarily and immediately kip to support;
4. Swing legs backward and forward to "L" - hold;
5. Press to shoulder stand with bent hips;
6. Level out thru bent arm support lever continuing backward roll with straight body to hanging back lever - hold momentarily.
7. Dislocate backward thru hang;
8. Swing legs forward and upward to straddle cut-away backward to stand under rings.

The above moves may be done either to left or to right, in whole or in part, but the continuity of the exercise must be maintained. The moves should be performed in continuous combination.

## PRESCRIBED 1949 NOVICE GRADE EXERCISES

### LONG HORSE

Double Tap Squat Jmpup (first tapping off with the hands at the croup end of the horse and then at the neck end of the horse). Optional Jump may be performed from the croup, saddle, or neck.

### SIDE HORSE

Left hand on neck, right hand on left pommel. Jump and swing left leg forward under left hand, over neck, and right leg forward over right pommel to split support on left pommel. Swing left leg backward, shifting left hand to left pommel, and right leg backward to front support in saddle (shifting right hand to right pommel). Swing right leg under left hand and under right hand to front support (right leg under circle) and one double leg circle to front support in saddle. Swing left leg forward, front scissors to right. Swing left leg forward and right leg backward. Back scissors left. Swing right leg backward to front support in saddle. Swing left leg forward, swing right leg forward to split support on right pommel. Swing left leg backward, quarter turn left, shifting left hand to right pommel. (Both hands now on right pommel). Continue swinging left leg backward over croup, dismounting with another ¼ turn left.

### PARALLEL BARS

Cross stand at end of bars, facing in; grasp bars, jump and straddle left leg forward over left bar, swing legs backward, straddle right leg forward over right bar; swing legs backward, shoulder stand - hold momentarily - forward roll to back uprise, swing forward, backward, at end of swing dip to bent arm position and jump forward to upper arm hang; swing backward, forward to kip position; kip to shoulder stand - hold - dismount by pivoting off sideways (cartwheel from shoulder stand) to cross stand dismount, arms extended sideways. Beat board may be used for start of exercise.

### HORIZONTAL BAR

With double over-grip, take swing and on forward swing hook right knee between hands and swing up to crotch support (knee uprise); knee circle backward to crotch support; drop below bar, disengage right knee, swing out in full hang, backward and forward, and kip to support; forward hip circle; underswing dismount forward with half turn right or left.

### RINGS

1. From stand under rings, jump to hang, using ordinary grasp.
2. Swing legs forward, backward to arched position and swing arched body forward and upward to arched inverted hang, hold momentarily.
3. Swing arched body downward and backward and inlocate (front dislocate) to bent inverted hang, hold momentarily.
4. Kip to support (straight arm) swing legs backward, then forward to "L" position, hold.
5. Drop back to bent inverted hang.
6. Dislocate backward and swing legs forward and upward to bent inverted hang;
7. Straddle cut-away dismount forward to stand under rings.

The above moves may be done either to left or to right, in whole or in part, but the continuity of the exercise must be maintained. The moves should be performed in continuous combination.



**SAMPLE MASTER SCORE SHEET FOR USE IN GYMNAS TIC MEETS.**

Nature of Meet.....  
Where Held.....  
Date .....

Judges  
No. 1.....  
No. 2.....  
No. 3.....  
No. 4.....  
No. 5.....

(Parallel Bars)

Event.....

Competitor	Affiliation	Comp. Opt.	Judges					Total	Grand Total
			No. 1	No. 2	No. 3	No. 4	No. 5		
Joe Doe	Unattached	Comp.	8.9	<del>9.0</del>	<del>8.1</del>	9.2	8.1	26.2	53.4
			9.4	8.1	<del>9.5</del>	9.0	8.8	27.2	
.....	.....	.....							
.....	.....	.....							
.....	.....	.....							
.....	.....	.....							
.....	.....	.....							
.....	.....	.....							

Five judges should be used, the highest and lowest scores are discarded and the three other scores are then added

## THE AMATEUR ATHLETE

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# National A.A.U. Gymnastic Champions

## WOMEN

### ALL AROUND

1931	Roberta C. Ranck, Phila. Turn-gemeinde	1935	Mary Conlin, Phila. Turn-gemeinde
1932	Not held	1936	Mary Colin, Phila. Turn-gemeinde
1933	Consetta Caruccio, Germania T.V., Baltimore	1937	Jennie Caputo, National Turners, Newark
1934	Consetta Caruccio, Germania T.V., Baltimore	1938	Consetta Carruccio, Germania Turners, Baltimore
1935	Thera Steppich, Unattached, L. I., N. Y.	1939	Andrea J. Barbustiak, Swiss Lincoln T.V.
1936	Jennie Caputo, National Turners, N. J.	1941	Pearl Perkins Nightingale, Phila. Turners
1937	Pearl Perkins, Phila. Turn-gemeinde	1943	Pearl Perkins Nightingale, Phila. Turners
1938	Helm McKee, Phila. Turners	1944	Clara Schroth, Phila. Turners
1939	Margaret Weissmann, New York T.V.	1945	Tie between Clara Schroth, Phil. Turners, and Marian Twining, Loyal Order of Moose.
1940	Pearl Perkins Nightingale, Phila. Turners	1946	Helen Schifano, Elizabeth T.V.
1941	Pearl Perkins Nightingale, Phila. Turners	1947	Helen Schifano, Elizabeth T. V.
1942	Helm McKee, Phila. Loyal Order of Moose	1948	Clara Schroth, Phila. Turners
1943	Clara Schroth, Phila. Turners		
1944	Clara Schroth, Phila. Turners		
1945	Helen Schifano, Elizabeth T.V.		
1946	Helen Schifano, Elizabeth T.V.		

### FLYING RINGS

### CALISTHENICS

1931	Dorothy M. Rossenbach, Buffalo T.V.	1937	Mary Conlin, Phila. Turn-gemeinde
1932	Not held	1938	Margaret Weissmann, New York T.V.
1933	Consetta Caruccio, Germania T.V. Baltimore	1939	Andrea J. Barbustiak, Swiss Lincoln T.V.
1934	Thera Steppich, New York T.V.	1941	Margaret Weissman, N. Y. Turn Verein
1935	Tie between Consetta Carruccio, Germania T.V., Baltimore, and Adelaide Meyer, Unattached, N. Y.	1943	Pearl Perkins Nightingale, Phila. Turners
1936	Jennie Caputo, National Turners, Newark	1944	Helm McKee, Phila. Loyal Order of Moose
1937	Consetta Caruccio, Unattached, Baltimore	1945	Helm McKee, Loyal Order of Moose.
1938	Margaret Weissmann, New York T.V.	1946	Clara Schroth, Phila. Turners
1939	Andrea J. Barbustiak, Swiss Lincoln T.V.	1947	Helen Schifano, Elizabeth T. V.
1940	Clara Schroth, Phila. Turners	1948	Clara Schroth, Phila. Turners
1941	Clara Schroth, Phila. Turners		
1942	Clara Schroth, Phila. Turners		
1943	Helen Schifano, Elizabeth T. V.		
1944	Clara Schroth, Phila. Turners		

### PARALLEL BARS

### SIDE HORSE

1931	Roberta C. Ranck, Phila. Turn-gemeinde	1935	Thera Steppich, New York T.V.
1932	Not held	1936	Jennie Caputo, National Turners, N. J.
1933	Thera Steppich, New York T.V.	1937	Pearl Perkins, Phila. Turn-gemeinde
1934	Consetta Caruccio, Germania T.V., Baltimore	1938	Andrea Barbustiak, Monongahela Turners, Pa.
1935	Thera Steppich, New York T.V.		
1936	Jennie Caputo, National Turners, N. J.		
1937	Pearl Perkins, Phila. Turn-gemeinde		
1938	Andrea Barbustiak, Monongahela Turners, Pa.		



- 1939 Helen Schifano, National Turners  
 1941 Pearl Perkins Nightingale, Phila. Turners  
 1943 Pearl Perkins Nightingale, Phila. Turners  
 1944 Helm McKee, Phila. Loyal Order of Moose  
 1945 Marian Twining, Loyal Order of Moose  
 1946 Clara Schroth, Phila. Turners  
 1947 Meta Neumann, Univ. of Chicago  
 1948 Helen Schifano, Elizabeth T.V.

**TUMBLING**

- 1938 Helen Matkowsky, Hermann's Physical Training Inst., Phila.  
 1939 Vera Tipowitz, Hermann's Physical Training Inst., Phila.  
 1940 Vera Tipowitz, Hermann's Physical Training Inst., Phila.  
 1941 Vera Tipowitz, Hermann's Physical Training Institute, Phila.  
 1942 Vera Tipowitz, Hermann's Physical Training Institute, Phila.  
 1943 Bernice Nebelong, Hermann's Phy. Tr. Inst., Phila.  
 1944 Bernice Nebelong, Hermann's Phy. Tr. Inst., Phila.  
 1945 Leonora Owens, Herrmann's Phy. Tr. Inst., Phila.  
 1946 Leonora Owens, Hermann's Phy. Tr. Inst., Phila.  
 1947 Jo Ann Matthews, Dallas A.C.  
 1948 Jo Ann Matthews, Dallas A.C.

**BALANCE BEAM**

- 1941 Clara Schroth, Phila. Turners  
 1943 Clara Schroth, Phila. Turners  
 1944 Clara Schroth, Phila. Turners  
 1945 Clara Schroth, Phila. Turners  
 1946 Clara Schroth, Phila. Turners

- 1947 Clara Schroth, Phila. Turners  
 1948 Clara Schroth, Phila. Turners

**INDIAN CLUBS**

- 1941 Roberta Ranck Bonniwell, Loyal Order of Moose  
 1943 Elsie Carlile, Phila. Turners  
 1944 Elsie Carlile, Phila. Turners  
 1945 Margaret Dutcher, Ridgew'd, N.Y.  
 1946 Margaret Dutcher, Ridgew'd, N.Y.  
 1947 Margaret Dutcher, Ridgew'd, N.Y.  
 1948 Margaret Dutcher, Ridgew'd, N.Y.

**TEAM DRILL**

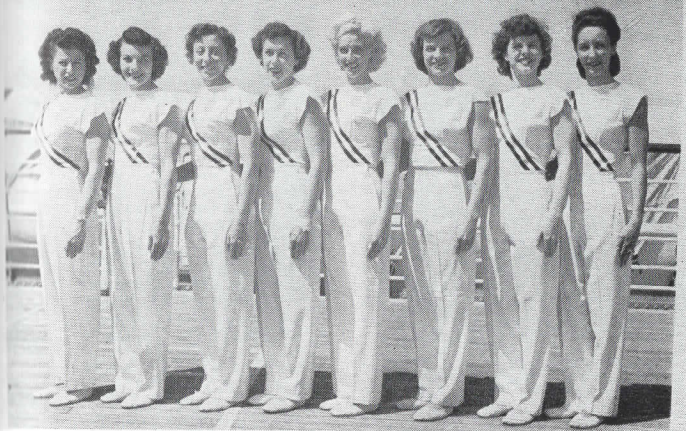
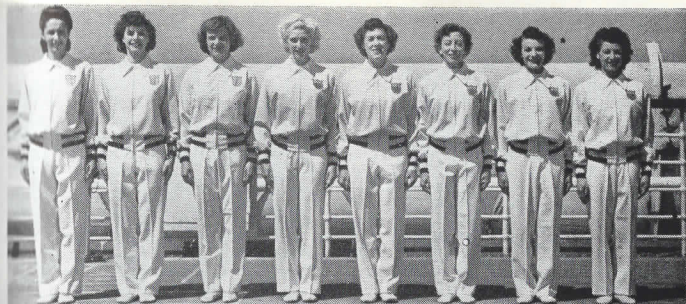
- 1941 Panzer College of Physical Education  
 1943 Brooklyn, N.Y. Central Gym Team  
 1944 Panzer College of Physical Education and Hygiene  
 1945 Elizabeth Y.W.H.A.  
 1946 Panzer College of Physical Education and Hygiene  
 1947 Elizabeth Y. M. & Y. W. H. A.  
 1948 Philadelphia Turners

**TEAM CHAMPIONSHIP**

- 1941 Philadelphia Turners  
 1943 Philadelphia Turners  
 1944 Philadelphia Loyal Order of Moose  
 1945 Philadelphia Loyal Order of Moose  
 1946 Philadelphia Turners  
 1947 Philadelphia Turners  
 1948 Philadelphia Turners

**OLYMPIC GAMES**

- 1936 Team Championship—Germany  
 1948 Team Championship—Czechoslovakia



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UNIFORMS WORN BY WOMEN OLYMPIANS



## NATIONAL AAU WOMEN GYMNASTIC CHAMPIONSHIPS

The National AAU Women's Gymnastic Championships and combined Olympic Tryouts, held under the auspices of the Philadelphia Inquirer Charities at Temple University on May 8, 1948 attracted a record entry. The meet was marked by brilliant performances on the part of two 26-year-old stenographers. Miss Clara Schroth of the Philadelphia Turners scored 4 first places and 1 second, winning the Side Horse Vault, Balance Beam, Rings, Calisthenics and placing second in the All-Around championship. These stellar performances placed her first in the Olympic standings with a total of 225.6 points. Miss Helen Schifano of the Elizabeth Turners finished ahead of Miss. Schroth in the AAU All-Around competition and also won the Parallel Bars championship to finish second in the Olympic standings with 222.3 points. Mrs. Marion Barone of Philadelphia Turners scored three third places to finish third in the Olympic standing with 217.7 points.

Miss Margaret Dutcher, unattached, Ridgewood, N. J., successfully defended her Indian Clubs championship for the fourth straight time, as did Miss Joann Matthews of the Dallas A.C. in the Tumbling championship.

The Team Drill attracted five teams and was won by the Philadelphia Turners, second place going to the Elizabeth (N. J.) YWHA, the defending champions.

### NATIONAL A.A.U. GYMNASTIC CHAMPIONSHIPS—WOMEN

Held at Temple University, Philadelphia, Pa., May 8, 1948

CALISTHENICS	points
1. Clara Schroth, Phila. Turners	27.8
2. Meta Elste, Acro, Chicago	27.3
3. Helen Schifano, Elizabeth TV	27.3
4. Marion Barone, Phila. Turners	26.6
5. Erna Wachtel, Lincoln Turners	24.0
6. Helen McKee, Phila. Turners	23.7

FLYING RINGS	points
1. Clara Schroth, Phila. Turners	56.3
2. Helen Schifano, Elizabeth TV	56.1
3. Marion Barone, Phila. Turners	55.8
4. Meta Nelate, Acro, Chicago	55.6
5. Helen McKee, Phila. Turners	52.6
6. Marie Hoesly, Madison Turners	50.8

BALANCE BEAM	points
1. Clara Schroth, Phila. Turners	71.6
2. Helen Schifano, Elizabeth TV	69.6
3. Meta Elste, Acro, Chicago	68.8
4. Anita Simonis, N. Y. Turners	68.7
5. Marion Barone, Phila. Turners	67.3
6. Laddie Bakanic, TJ Sokol, NY	66.4

SIDE HORSE	points
1. Clara Schroth, Phila. Turners	70.5
2. Helen Schifano, Elizabeth TV	70.4
3. Marion Barone, Phila. Turners	69.6
4. Anita Simonis, N.Y. Turners	68.3
5. Laddie Bakanic, TJ Sokol, NY	68.2
6. Dot Dalton, Swiss Gym Soc	68.0

PARALLEL BARS	points
1. Helen Schifano, Elizabeth TV	56.0
2. Marion Barone, Phila. Turners	53.1
3. Helen McKee, Phila. Turners	52.3
4. Clara Schroth, Phila. Turners	51.7
5. Mrs. Hoesly, Madison Turners	51.2

TUMBLING	points
1. Joann Matthews, Dallas AC	98
2. Fay Van Winkle, Hermann Gym	96
3. Dollie Burnett, unattached	93
4. Viola Krass, N. Y. Turners	91

INDIAN CLUBS	points
1. Margaret Dutcher, unattached	97
2. R. Bonniwell, Phila. Turners	96
3. Helen McKee, Phila Turners	94
4. K. Geary, Phila. Turners	93

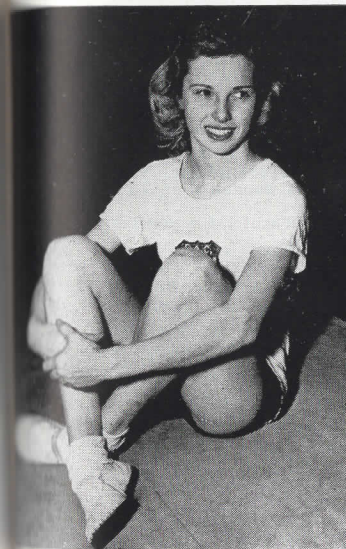
TEAM DRILLS	points
1. Phila. Turners (McKee, Schroth, Meloney, Auwarter, Bonniwell, Barone)	186.4
2. Elizabeth (N.J.) YM & YMHA	184
3. New York Turn Verein	178
4. Brooklyn Central Y, Team A	168
5. Brooklyn Central Y, Team B	160

ALL-AROUND	points
1. Miss Schifano, Elizabeth TV	279.4
2. Miss Schroth, Phila. Turners	277.4
3. Mrs. Barone, Phila. Turners	271.4
4. Miss McKee, Phila. Turners	268.4
5. Mrs. Hoesly, Madison Turners	244.4
6. Mrs. Elste, Acro, Chicago	218.4

OLYMPIC STANDING	points
1. Miss Schroth, Phila. Turners	225.6
2. Miss Schifano, Elizabeth TV	222.3
3. Mrs. Barone, Phila. Turners	217.7
4. Miss Simonis, N. Y. Turners	214.4
5. Mrs. Elste, Acro, Chicago	213.4
6. Miss Bakanic, TJ Sokol, N.Y.	212.4
7. Mrs. Dalton, Swiss Gym Soc	208.4
8. Consetta Lenz, Baltimore TV	206.4
9. Miss Hoog, N. Y. Turners	201.4
10. R. Sonnenleiter, Lincoln TV	198.4
11. Miss McKee, Phila. Turners	198.4
12. Mrs. Hoesly, Madison Turners	198.4



CLARA SCROTH  
Philadelphia Turners, Balance Beam,  
Calisthenics, Rings and Side Horse  
Champion



JO ANN MATTHEWS  
Dallas A.C. Tumbling Champion



MARGARET DUTCHER  
Ridgewood, N. J., Club Swinging  
Champion



HELEN SCHIFANO  
Elizabeth (N. J.) Turners, Parallel  
Bars and All Around Champion



## ALLEGHENY MOUNTAIN ASS'N A.A.U. GYMNASTIC CHAMPIONSHIPS

Held at Allegheny High School, Pittsburgh, Pa., April 17, 1948

### SENIOR WOMEN

PARALLEL BARS		FREE EXERCISE	
points		points	
1. Wilma Fletcher, Charleroi TV	27.9	1. Wilma Fletcher, Charleroi TV	27.3
2. Martha Hanulik, Slovak Sokol	26.9	2. Martha Hanulik, Slovak Sokol	26.0
3. Ethel Hranica, Slovak Sokol	25.1	3. Ethel Hranica, Slovak Sokol	25.0
SIDE HORSE		ALL-AROUND	
points		points	
1. Martha Hanulik, Slovak Sokol	26.7	1. Wilma Fletcher, Charleroi TV	26.5
2. Ethel Hranica, Slovak Sokol	25.8	2. Martha Hanulik, Slovak Sokol	26.0
3. M. Napierkowski, Slovak Sokol	25.8	3. Ethel Hranica, Slovak Sokol	26.0
SIDE BUCK		TEAM CHAMPIONSHIP	
points		points	
1. Wilma Fletcher, Charleroi TV	24.8	1. Slovak Gymnastic Union Sokol	24.0
2. Martha Hanulik, Slovak Sokol	20.0	2. Charleroi Turners	19.0
3. Ethel Hranica, Slovak Sokol	19.9		

### JUNIOR WOMEN

PARALLEL BARS		FREE EXERCISE	
points		points	
1. Phyllis Burger, Beaver Falls T	27.8	1. Phyllis Burger, Beaver Falls T	26.0
2. Joetta Butchers, Ambridge TV	25.0	2. Beryl Momeyer, Charleroi TV	24.0
3. Marjorie Miller, Ambridge TV	24.2	3. Rose Monack, Charleroi TV	23.0
SIDE HORSE		ALL-AROUND	
points		points	
1. Phyllis Burger, Beaver Falls T	26.8	1. Phyllis Burger, Beaver Falls T	26.0
2. Joetta Butchers, Ambridge TV	23.1	2. Beryl Momeyer, Charleroi TV	25.0
2. Marjorie Miller, Ambridge TV	23.1	3. Marjorie Miller, Ambridge TV	24.0
SIDE BUCK		TEAM CHAMPIONSHIP	
points		points	
1. Phyllis Burger, Beaver Falls T	24.9	1. Beaver Falls Turners	20.0
2. Beryl Momeyer, Charleroi TV	21.3	2. Ambridge Turners	19.0
3. Marjorie Miller, Ambridge TV	20.2	3. Charleroi Turners	18.0

### WOMEN'S CHAMPIONSHIP DIVISION

Held at the University of Chicago Bartlett Gymnasium, April 23, 1948

ALL-AROUND		BALANCE BEAM	
points		points	
1. Meta Neuman Elste, Acro	216.9	1. Meta Neuman Elste, Acro	72.1
2. Regina Sonnenleiter, Lincoln Turners	202.6	2. Regina Sonnenleiter, Lincoln Turners	66.0
3. Erna Wachtel, Lincoln Turners	177.4	3. Erna Wachtel, Lincoln Turners	63.0
RINGS		SIDE HORSE	
points		points	
1. Meta Neuman Elste, Acro	71.6	1. Meta Neuman Elste, Acro	72.0
2. Regina Sonnenleiter, Lincoln Turners	66.3	2. Regina Sonnenleiter, Lincoln Turners	70.1
3. Erna Wachtel, Lincoln Turners	60.2	3. Erna Wachtel, Lincoln Turners	63.0

### WOMEN'S FIRST DIVISION

Held at LaFollette Park Field House, April 19, 1948

ALL-AROUND		RINGS	
points		points	
1. Beverly Loizzi, DePaul U.	51.50	1. Eleanor Spevak, Sokol Tabor	17.00
2. Eleanor Spevak, Sokol Tabor	50.50	2. Beverly Loizzi, DePaul U.	16.00
3. Dorothy Cox, Sokol Tabor	47.80	3. Marylin Bell, Sokol Tabor	15.00
		3. Kay Osborne, DePaul U.	15.00
SIDE HORSE		TUMBLING	
points		points	
1. Persis Burns, Acro	17.30	1. Bollie B. Burnett, Unattached	7.00
2. Beverly Loizzi, DePaul U.	16.75	2. Edna Stream, Sokol Tabor	4.00
3. Janet Benson, Acro	16.55		
PARALLEL BARS		TRAMPOLINE	
points		points	
1. Beverly Loizzi, DePaul U.	18.50	1. Lois Cederberg, New Trier HS	7.00
2. Eleanor Spevak, Sokol Tabor	17.75	2. June Fox, Acro	5.00
2. Jeanne DeLapp, Board of Ed.	17.75	3. Mary Davidson, New Trier HS	4.00

## METROPOLITAN ASS'N A.A.U. WOMEN'S JUNIOR GYMNASTIC CHAMPIONSHIPS

At New York Turn Verein, April 3, 1948

CALISTHENICS		RINGS	
points		points	
1. B. Schoen, D.A. Sokol	27.0	1. J. Adrian, New York Turners	55.4
2. D. Dalton, Swiss Gym Soc.	26.7	2. B. Schoen, D.A. Sokol	54.3
3. D. Eichele, New York Turners	26.5	3. D. Dalton, Swiss Gym Soc.	52.2
BALANCE BEAM		ALL-AROUND	
points		points	
1. B. Schoen, D.A. Sokol	53.4	1. B. Schoen, D.A. Sokol	243.5
2. D. Dalton, Swiss Gym Soc.	52.7	2. J. Adrian, New York Turners	241.9
3. J. Adrian, New York Turners	52.3	3. D. Eichele, New York Turners	240.4
SIDE HORSE		TEAM CHAMPIONSHIP	
points		points	
1. B. Schoen, D.A. Sokol	53.5	1. New York Turn Verein	53
2. J. Adrian, New York Turners	52.6	2. Bohemian Gym Ass'n Sokol	5
3. D. Eichele, New York Turners	52.6		
PARALLEL BARS			
points			
1. D. Dalton, Swiss Gym Soc.	57.3		
2. B. Schoen, D.A. Sokol	55.3		
3. D. Eichele, New York Turners	54.8		

## MIDDLE ATLANTIC A.A.U. WOMEN'S GYMNASTIC CHAMPIONSHIPS

Held at Philadelphia Turners, on April 3, 1948

ALL-AROUND		PARALLEL BARS	
points		points	
1. Clara Schroth	2233	1. Clara Schroth	569
2. Helm McKee	2053	2. Marian Barone	556
3. Marian Barone	2016	3. Helm McKee	535
4. Kathleen Meloney	1329	4. Kathleen Meloney	384
FLYING RINGS		INDIAN CLUB	
points		points	
1. Marian Barone	559	1. Roberta Bonniwell	282
2. Helm McKee	538	2. Helm McKee	275
3. Clara Schroth	531	3. Kay Geary	274
4. Kathleen Meloney	454		

Held at Germantown YMCA, on April 14, 1948

SIDE HORSE VAULTING	
points	
1. Clara Schroth	548
2. Marian Barone	530
3. Kathleen Meloney	443
4. Helm McKee	443

Held at Philadelphia Turners, on April 16, 1948

BALANCE BEAM	
points	
1. Marion Barone	528
2. Clara Schroth	520
3. Helm McKee	487
4. Kathleen Meloney	435



## NORTHEASTERN OHIO ASS'N A.A.U. GYMNASTIC CHAMPIONSHIPS

Held at East High School, Cleveland, Ohio, April 8, 1948

### SENIOR WOMEN

PARALLEL BAR	points
1. Jane Splete, C.E.S.T.	57.7
2. Jean Wagner, C.E.S.T.	56.6
3. Eleanor Jerabek, Sokol	56.5

RINGS	points
1. Dorothy Vogelsang, Swiss	56.4
2. Jean Wagner, C.E.S.T.	55.2
3. Regina Buser, Girard	54.4

BALANCE BEAM	points
1. Dorothy Vogelsang, Swiss	56.6
2. A. Macyauskas, C.E.S.T.	56.2
3. Jane Splete, C.E.S.T.	55.3

### NOVICE WOMEN

PARALLEL BARS	points
1. Delores Horvath, Swiss	57.1
2. Kathleen McGinty, Swiss	57.0
3. Ruth Lienhard, Swiss	56.2

RINGS	points
1. Esther Tromp, C.E.S.T.	56.3
2. Hilda Wagner, C.E.S.T.	56.2
3. Kathleen McGinty, Swiss	55.5

BALANCE BEAM	points
1. Ruth Lienhard, Swiss	58.1
2. Joyce Blankenship, C.E.S.T.	56.7
3. Mildred Tokich, C.E.S.T.	55.5

## SOUTHWESTERN ASS'N A.A.U. GYMNASTIC CHAMPIONSHIPS

Held at Dallas Athletic Club, May, 1948

### SENIOR WOMEN

TUMBLING	points
1. JoAnn Matthews, D.A.C.	29.3
2. JoAnn Slocum, D.A.C.	24.3
3. Barbara Galleher, D.A.C.	22.3

TRAMPOLINE	points
1. JoAnne Slocum, D.A.C.	29.1
2. Barbara Galleher, D.A.C.	24.1
3. Jacqueline Johannes, D.A.C.	22.1

TEAM CHAMPIONSHIP	points
1. Dallas Athletic Club	22.1

### JUNIOR WOMEN

TUMBLING	points
1. Barbara Galleher, D.A.C.	27.5
2. Kitty Malone, Ft. Worth	22.7
3. Beverly Galleher, D.A.C.	21.0

TRAMPOLINE	points
1. Barbara Galleher, D.A.C.	24.1
2. Jacqueline Johannes, D.A.C.	22.1
3. Beverly Galleher, D.A.C.	21.0

TEAM CHAMPIONSHIP	points
1. Dallas Athletic Club	22.1
2. Fort Worth Recreation Dept.	21.0

## SLOVAK CATHOLIC SOKOL GYMNASTIC CHAMPIONSHIPS

Held at Canton Ohio, July 2, 3, and 4, 1948

### WOMEN'S GYMNASTIC DIVISION— CHAMPIONSHIP GRADE

BALANCE BEAM	points	CALISTHENICS	points
1. Catherine Chonka, Detroit	16.7	1. Margaret Petrus, Detroit	8.25
2. Margaret Petrus, Detroit	15.5	2. Catherine Chonka, Detroit	8.0

PARALLEL BARS	points	50 YARD DASH	points
1. Catherine Chonka, Detroit	17.0	1. Catherine Chonka, Detroit	10.0
2. Margaret Petrus, Detroit	14.7	2. Margaret Petrus, Detroit	8.5

SIDE HORSE	points	ALL-AROUND	points
1. Margaret Petrus, Detroit	15.0	1. Catherine Chonka, Detroit	65.45
2. Catherine Chonka, Detroit	13.75	2. Margaret Petrus, Detroit	53.50

### WOMEN'S GYMNASTIC DIVISION—UPPER GRADE

BALANCE BEAM	points	50 YARD DASH	points
1. Norma Novak, Canton, O.	16.5	1. Dolly Sinay, Canto, O.	9.5
2. Ann Filo, Milwaukee	15.5	2. Agnes Likavec, Detroit	9.0
3. Barbara Hudacko, Canton, O.	15.25	3. Eleanor Simon, Detroit	8.0

PARALLEL BARS	points	HI JUMP	points
1. Ann Filo, Milwaukee	16.7	1. Ann Filo, Milwaukee	10.0
2. Mollie Burican, Milwaukee	15.25	2. Mollie Burican, Milwaukee	9.0
3. Mary Fojtik, Milwaukee	14.0	3. Mary Fojtik, Milwaukee	8.5

SIDE HORSE	points	ALL-AROUND	points
1. Mollie Burican, Milwaukee	15.0	1. Ann Filo, Milwaukee	72.40
2. Ann Filo, Milwaukee	13.7	2. Mollie Burican, Milwaukee	69.55
3. Agnes Likavec, Detroit	13.5	3. Agnes Likavec, Detroit	67.80

CALISTHENICS	points
1. Mollie Burican, Milwaukee	8.8
2. Helen Polacek, Canton, O.	8.8
3. Mary Fojtik, Milwaukee	8.55



CLARA SCHROTH  
who placed first in final tryouts.



# Compulsory Apparatus Exercises for Women

These exercises except for the Parallel Bars event, are those imposed for the 1948 Olympic Games at London as well as for the 1948 National Championships.

## BALANCE BEAM

- From side stand facing the extreme left of the beam (without spring board)
1. 1-2 With a run jump to crouch position between the arms on the beam.
  - 3-4 Straighten the body, raising the arms sideways, palms upwards.
  2. 1-2 Stand, at the same time raising the right knee that was bent forward and raising the arms sideways obliquely upward.
  - 3-4 1/4 turn to the right, placing the right foot on the beam about 48 cms. in front of the left foot. Turning the trunk lower the arms to the side by the left arm going forward and the right arm backward, and lower the left knee to the beam.
  3. 1-2 Continue the circling of the arms (right arm forward, left arm backward) to the upward position, arms parted obliquely upward, palms facing, lift the chest. (backward bend).
  - 3-4 Stand, left leg bent and raised forward, trunk leaning forward, lowering the arms obliquely backwards, palms facing.
  4. 1-2 Chasse steps forward, starting with the left foot (step with left foot, bring the right foot behind the left, advancing with the left foot, raising the right leg backwards) with at the same time 1 1/2 forward circles of the arms to reach the oblique upward position.
  - 3-4 Chasse steps backward, starting with the right foot (placing the right foot a step backward, draw back the left foot close to the right, step backward with the right foot) raising the left leg bent in front at the same time 1 1/2 forward circles of the arms to reach the position of starting (left knee raised, body inclined forward, arms obliquely downward and backward.)
  5. 1-2-3-4 Raise the arms sideways, taking 3 small running steps forward, left, right, left, fling the right leg forward and arms upward in making a 1/2 turn to the left on the left foot, to fall into the crouch position on the left foot. Two hands on the beam, right foot stretched backward on the beam.
  6. 1 Fling both legs backward a little above the beam.
  - 2 Drop to straddle seat across the beam behind the hands.
  - 3-4 Place the hands on beam behind body, arms straight, raise both legs straight and together obliquely upward (balance sitting)
  7. 1 Lie backwards along the beam grasping the beam with both hands behind the head.
  - 2-3-4 Raise both legs and stretch the toes to touch the beam as far backwards as possible behind the head.
  8. 1 Return to straddle position behind the hands. (as in 6-2)
  - 2-3-4 Swings legs forward, backward, place the toes at the same time on the beam, left foot in front, body bent forward. Stand erect lifting the chest and raising the arms sideways and upwards to circle above the head. (ring standing)
  9. 1-2-3 Four running steps forward, left, right, left, right. Spring on to the left foot, raise the right leg forward bent and at the same time circle bent arms sideways to front of chest, tips of fingers touching, palms upward, right arm above right knee.
  - 4 Then in placing the right foot on the beam, spring to stretch the left leg backward and at the same time raise the right arm forward, lower the left arm parallel along the left thigh and throwing the head backward.
  10. 1 1/4 right turn on right foot to side horizontal position.
  - 2-3-4 Arms sideways, left leg and toes stretched in straight horizontal position.

11. 1 Lower the left leg, left foot close to the right foot, stand erect, chest raised, arms sideways, palms upward.
- 2-3-4 Take three waltz steps advancing on the toes, that is - three half successive rotations to the right - a turn and a half turn - remain on the toes.
12. 1 Step left sideward and do wide straddle stand, palms downward.
- 2 Bend trunk forward
- 3 Lower arms and grasp beam between feet with overhand grip
- 4 Bend arms and do neck spring dismount to stand rearways

## FLYING RINGS, at hand height

Take hold of the rings and develop sufficient swing. At end of backward swing, raise legs over head (1/2 inverted hang, arms straight, at right angles to the body), swing forward and lay-out. Swing backward, swing forward and at end of swing 1/2 inverted hang, swing backward and dislocate and again come to inverted hang. Swing forward and dislocate and again 1/2 inverted hang. Swing backward and at end of backward swing cut right leg over right hand and dismount with 1/4 turn right (entire move to be executed without any tap-off from floor).

## SIDE HORSE VAULT

(Beat board not more than 4" high. Height of Horse 3' 7 3/8" to top of pommels)  
With a run jump to momentary hand stand, release left hand and dismount with 1/4 turn to right, to side stand.

## PARALLEL BARS

From an outer cross stand, run and jump to upper arm hang, and immediately back shoulder roll, with straight body, to kip position above the bars; kip to shoulder stand (upper arm stand) - hold - roll forward (heels leading) and immediately back uprise to straight arm support; swing forward and flank vault left or right to side stand rearways (back to bars).

The foregoing moves may be done either to left or to right, in whole or in part but the continuity of the exercise must be maintained. The moves should be performed in continuous combination.

# Women's Gymnastics

1. The policy of the National A.A.U. Gymnastic Committee is that women's gymnastics shall be based on scientific principles and competition conducted in accordance with accepted international procedure. In accordance with this policy:

1. Gymnastics for women should include elements of skill, grace and rhythm rather than strength.
2. The physique of women should determine the nature of the movements.
3. Health shall be protected.

## General Regulations for Competitions:

1. No competitor shall be permitted to participate in an open gymnastic competition unless she is an amateur and registered in the district in which she resides. The minimum age limit for female competitors shall be 15 years.
2. The first competitor who demonstrates the exercise shall have the option of repeating the exercise after all the rest of the competitors on that apparatus have performed the prescribed exercises. In such case, only the second mark shall be credited to her score (except in the Side Horse Vault, where the better of the two vaults shall count.)
3. The competitors shall perform in rotation in the order selected by the Committee. No competitor shall be required to perform first in more than one event.



4. The Committee reserves the right to cancel any individual event for which five or more entries have not been received on the date entries are listed to close.
5. Proper gym attire, including shoes or pumps shall be worn at all times.

**III—The list of approved events in which national and district championships shall be held annually, and for which prizes may be awarded follows:**

**A—INDIVIDUAL EVENTS**

- |                         |                     |
|-------------------------|---------------------|
| 1. Calisthenics         | 4. Flying Rings     |
| 2. Parallel Bars (Even) | 5. Side Horse Vault |
| 3. Balance Beam         | 6. Indian Clubs     |
|                         | 7. Tumbling         |

**B—ALL AROUND EVENT**

**C—TEAM CALISTHENIC EVENT**

**IV—Requirements and Specific Regulations for Each Event:**

**1. CALISTHENICS:**

Two optional exercises will be required.

A—One optional free standing exercise without hand apparatus of 1½ to 3 minutes duration.

B—One optional exercise with an optional hand apparatus, of 1½ to 3 minutes duration. The following are some examples of hand apparatus that may be used: wands, Indian Clubs, hoops, dumbbells, fencing foils, balls of any size and nature, tennis racquets, scarves, etc. Selection of a hand apparatus, however, is not limited to the foregoing. If there is any question as to the eligibility of a hand apparatus, the Technical Committee of the National AAU Gymnastic Committee should be consulted.

Composition of both exercises shall include rhythmic and balance movements, dance steps, and tumbling routines.

Both exercises shall be performed to music of the competitor's own selection. For competitive purposes the competitor must furnish her own record recording. The music may be the same for each exercise, or different music may be used for each of the two exercises.

**2. PARALLEL BARS (Even)**

One compulsory exercise and one optional exercise required. The bars shall be one standard set, adjustable height and width, not more than 5 feet 4 inches nor less than 5 feet 1 inch, high. Distance between hand rails, 10 inches. Length of hand rails, 10 feet, oval shape.

**3. BALANCE BEAM**

One compulsory exercise and one optional exercise required. The duration of the optional exercise shall be from 2 to 2½ minutes. Measurements of Balance Beam: 5 meters (16 feet 4¾ inches) long; 1.90 meters (3 feet 11¼ inches) high; 10 cm (3-15/16") wide.

**4. FLYING RINGS**

One compulsory exercise and one optional exercise required. Rings at the height of the raised hands. Interior diameter of rings 18 cm. (7 inches) thickness of rings 28 mm. (1¼ inches). Rings of polished wood or leather covered.

**5. SIDE HORSE VAULT (With Pommels)**

One compulsory vault and one optional vault selected from the following list of rated vaults required. Two trials will be permitted for each vault and the better score for each vault is to count. Height of Horse to top of pommels 3 feet 7¾ inches. Maximum height of beatboard (jumping board) 4 inches.

**Rating of Difficulty for Side Horse Vault with Pommels:**

- |   |             |
|---|-------------|
| 1. Squat Vault .....  | 3.4 points  |
| 2. Straddle Vault .....   | 5.0 points  |
| 3. Flank Vault .....  | 5.4 points  |
| 4. Front Vault .....  | 6.0 points  |
| 5. Straddle Vault with ½ turn .....   | 8.0 points  |
| 6. Handspring with bent arms .....  | 8.0 points  |
| 7. Handspring with straight arms .....  | 10.0 points |
| 8. Handspring with ¼ Turn .....   | 10.0 points |
| 9. Stoop Vault .....  | 10.0 points |
| 10. Window Vault (Run, jump from one foot over horse without touching hands—legs closed and straight forward) .....   | 10.0 points |
| 11. Hand Stand, with ¼ turn left (or right), place right (or left) hand on left (or right) pommel, loosen grasp of left (or right) hand and wheel outward ..... | 10.0 points |

**6. INDIAN CLUBS (Special Event)**

One optional exercise, rhythmic composition of two minutes duration, moving within an area 12 ft. x 12 ft. Each club to weigh not less than 9 ounces.

**7. TUMBLING (Special Event)**

One optional routine of not more than 1½ minutes duration (including rests between lengths tumbled). Strictly tumbling routines are to be performed. Contortional or dance movements are not considered to be tumbling routines.

**8. ALL-AROUND EVENT**

To consist of the total points scored in the following events: Calisthenics (both exercises, with and without hand apparatus), the compulsory and optional exercises on the Parallel Bars, Balance Beam and Flying Rings, and the compulsory and optional vaults on the Side Horse Vault (better marks on each vault).

**9. CALISTHENIC TEAM EVENTS**

Composition of rhythmical swinging exercises, with or without hand apparatus (see Calisthenic individual event), for teams of six to eight gymnasts. Sequence and duration are optional. Selection and composition of exercises are optional. Execution with music or song is optional. The exercise should last from four to five minutes. Costume for team exercises shall be optional, but no credit is allowed for the costume in judging. Lighting effects are not permitted.

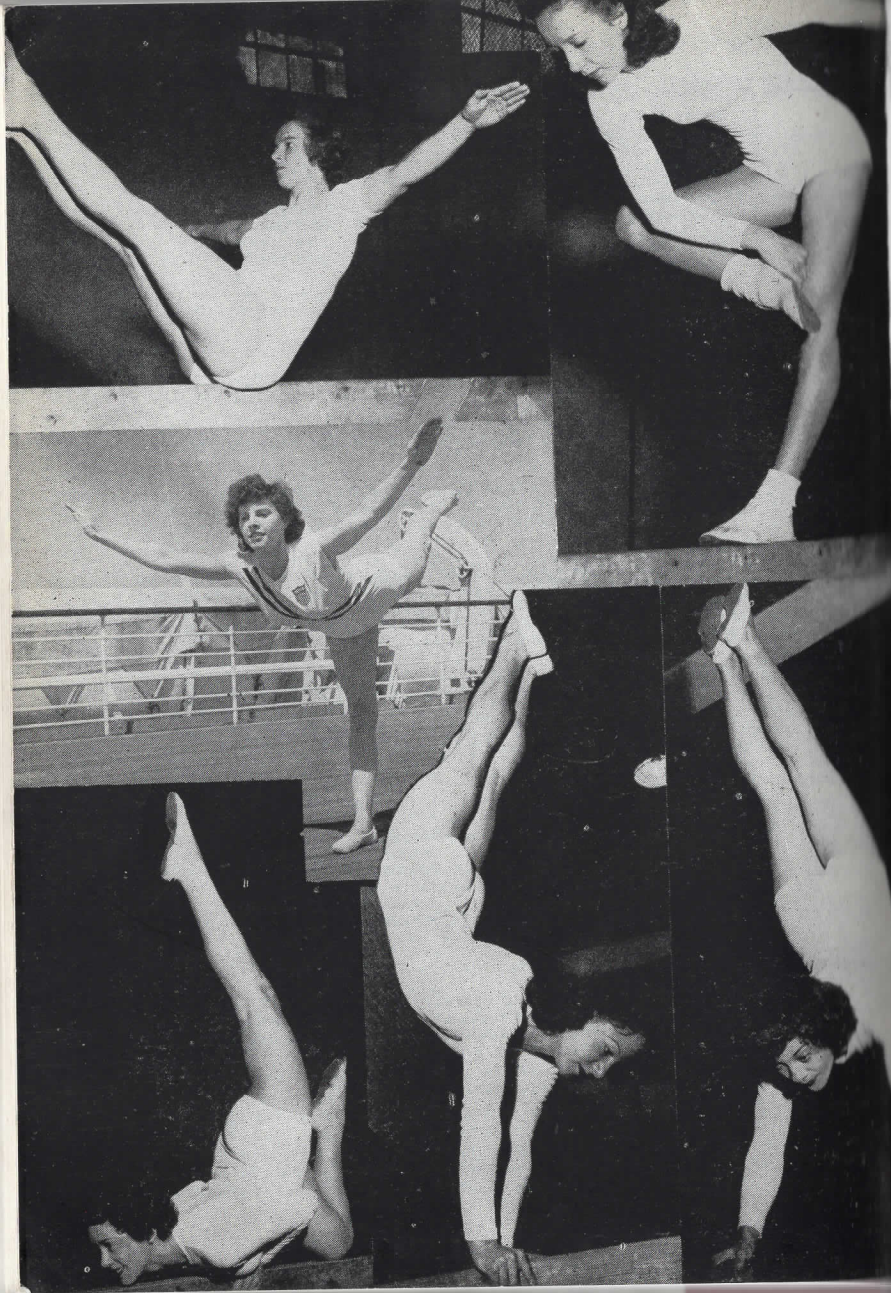
**Scoring of Team Calisthenic Event:**

Difficulty of the exercise and its physiological value .....	maximum 15 points
Beauty and composition of exercises, maximum .....	15 points
Correctness of execution and performance as a whole .....	maximum 40 points
Total .....	maximum 70 points

**V—General**

1. The method of judging and scoring (except where otherwise specifically noted) and any matters not specifically covered in this section will be governed by applicable rules and regulations currently prevailing for the men's gymnastic competition.
2. All officials, judges, scorers, etc. will be only those selected from a list approved by the National A.A.U. Gymnastic Committee.
3. The order of events shall be at the discretion of the National Gymnastic Committee.
4. The National A.A.U. Gymnastic Committee shall rule on any points not specifically covered in these rules and regulations and shall decide the suitability of apparatus and equipment used in championship competitions.





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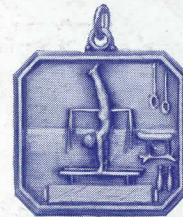
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